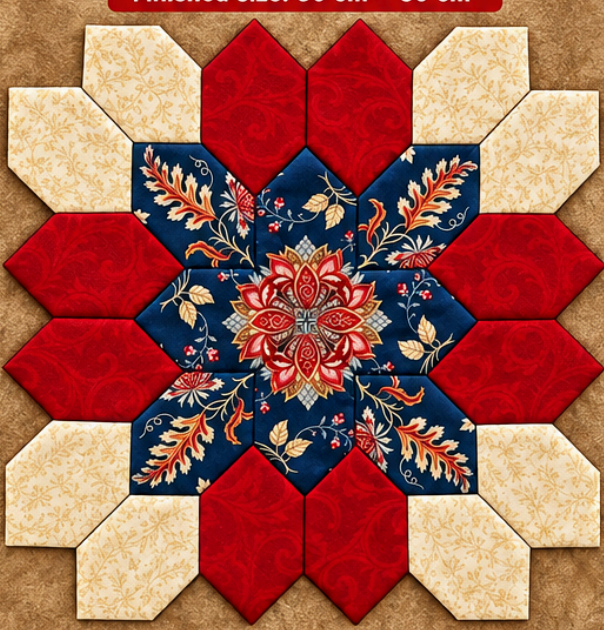
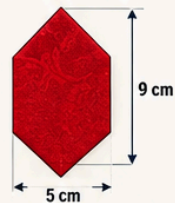
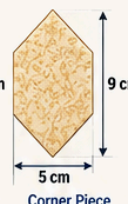


PATCHWORK QUILT BLOCK TUTORIAL

Finished size: 30 cm × 30 cm



FABRIC AND CUTTING LIST

	Red fabric 12 pieces 5 cm × 9 cm	PIECE MEASUREMENTS AND SHAPES  9 cm 5 cm Pointed Petal Piece (Cut 12 - Red)  9 cm 5 cm Pointed Petal Piece (Cut 8 - Navy)  9 cm 5 cm Corner Piece (Cut 8 - Cream)
	Cream fabric 8 pieces 5 cm × 9 cm	
	Navy floral fabric 8 pieces 5 cm × 9 cm	
	Background fabric (optional for display) 32 cm × 32 cm	

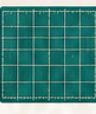
TOOLS AND MATERIALS



100% cotton fabric
(quilting fabric)



Rotary cutter



Cutting mat



Patchwork ruler



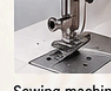
Matching thread



Pins



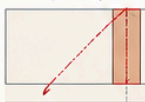
Iron



Sewing machine

MAIN SEWING TECHNIQUES (U.S. TERMS)

1/4" seam allowance
(0.6 cm)



Match points carefully



Chain piecing
(sew pieces continuously)



Use a consistent
slant 1/4" seam



Press seams open
or to one side



Trim dog ears
for a neat finish



1 CUT ALL PIECES



Cut the pieces according to the list above. You will have:

- 12 red pieces
- 8 navy pieces
- 8 cream pieces

2 MAKE THE CENTER



Arrange 8 navy pieces to form the center star. Sew them together in pairs, then join the four pairs. Press seams open.

3 ADD THE RED PETALS



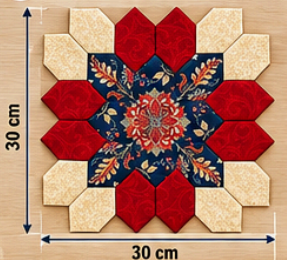
Sew the 12 red pieces to the center, one between each navy piece. Press the seams toward the red pieces.

4 ADD THE CREAM CORNERS



Sew the 8 cream pieces to the outer edge, matching the points. Press carefully.

5 CHECK THE SIZE



30 cm
30 cm

Your quilt block should measure 30 cm × 30 cm (including seam allowances).

6 TRIM AND SQUARE



Trim the block to 30 cm × 30 cm, ensuring all sides are straight.

7 PRESS AND FINISH

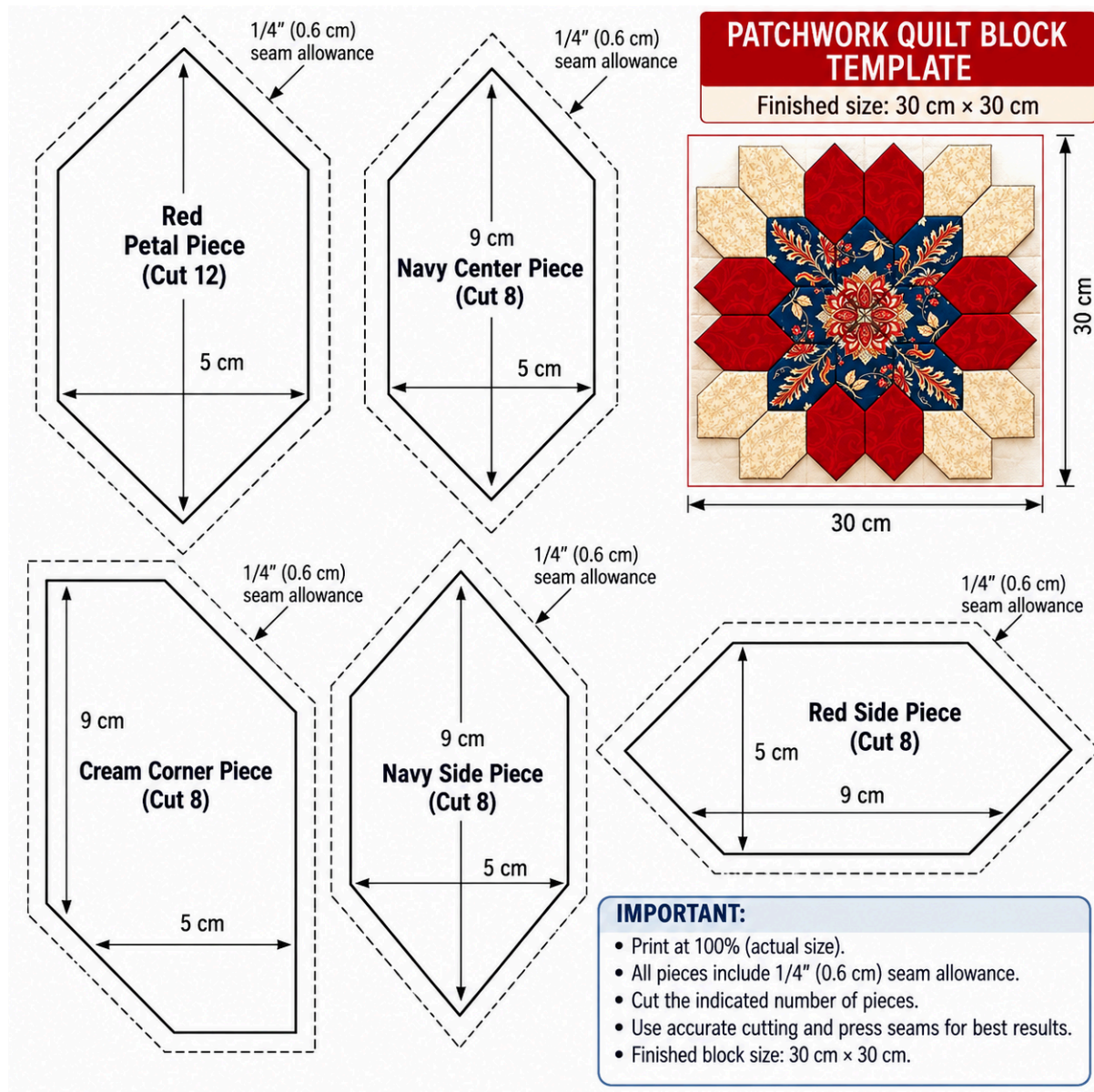


Give the block a final press. The points should be crisp and the seams flat.

8 QUILTING OPTIONS



Quilt as desired. You can use straight-line quilting, echo quilting or free-motion quilting.



Patchwork Quilt Block Tutorial – Finished Size: 30 cm × 30 cm

This Patchwork Quilt Block Tutorial creates a striking floral-inspired block using red, navy floral, and cream quilting cotton. The design is built outward from a navy floral center, followed by bold red petals and cream corner pieces. According to the tutorial graphic, the completed block should measure approximately 30 cm × 30 cm.

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This project uses familiar U.S. quilting methods, including a 1/4" (0.6 cm) seam allowance, chain piecing, careful point matching, pressing, trimming dog ears, and final squaring. Accuracy matters because many angled seams meet around the center of the design.

For best results, use 100% quilting cotton, a rotary cutter, cutting mat, quilting ruler, pins or clips, coordinating thread, an iron, and a sewing machine. Before sewing the entire block, test your machine with scrap fabric to confirm that your scant 1/4" seam produces accurate units.

Step 1: Prepare the Fabric and Cut All Pieces

Begin by pressing all three fabrics. Removing wrinkles before cutting is important because even a small distortion can affect the points when the pieces are joined.

For the block shown in the graphic, prepare the following pieces:

- 12 red pieces — approximately 5 cm × 9 cm
- 8 navy floral pieces — approximately 5 cm × 9 cm
- 8 cream pieces — approximately 5 cm × 9 cm
- Optional coordinating background or finishing fabric as needed for your final project

The pieces are not simple rectangles. They have angled or pointed ends, so use the printable template rather than relying only on the 5 × 9 cm dimensions. The measurements describe the approximate overall size of each piece, while the template establishes the correct angles.

If using the printable pattern, print it at 100% or Actual Size. Do not select "Fit to Page," because automatic scaling can change the dimensions and prevent the pieces from matching correctly.

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Transfer each template shape to the appropriate fabric and cut carefully with a rotary cutter. Keep the ruler firmly against the template line and avoid shifting the fabric.

Organize the pieces into three groups: red, navy floral, and cream. If your navy fabric has a directional floral print, decide which motifs you want to feature before cutting. Thoughtful fussy cutting can make the center appear more symmetrical.

Step 2: Make the Navy Floral Center

Lay the 8 navy floral pieces on your work surface before sewing. Arrange them around the center until they create the eight-point floral/star formation illustrated in the tutorial.

This dry layout is particularly useful with a large floral print. Rotate individual pieces until the motifs flow naturally toward or away from the center. Take a quick reference photo before moving the pieces to your sewing machine.

Start joining neighboring navy units in pairs. Place two pieces right sides together, carefully aligning the raw edges and the points where the angled seams meet.

Sew using a consistent scant 1/4" seam allowance, approximately 0.6 cm. In American quilting, a scant 1/4" seam is just slightly narrower than a full quarter inch and helps compensate for the tiny amount of fabric taken up when the seam is pressed.

Continue until you have joined the navy sections into the center star. Work gradually rather than trying to force all eight pieces together at once. Accurate intersections are much easier to achieve when smaller units are assembled first.

Press after each stage. Depending on how the seams intersect, you can press seams open or to one side. The tutorial allows

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either approach; the main objective is to keep the block flat and reduce excessive bulk where several seams meet.

Step 3: Add the Red Petal Pieces

Once the navy center is assembled, arrange the 12 red pieces around it exactly as shown in the graphic. These pieces create the strong secondary petal formation around the floral center.

Work with one section at a time. Position a red piece against its corresponding navy edge with right sides together. Align the raw edges and, most importantly, match the seam intersection points.

Pin or clip the unit before sewing if necessary. Because these pieces have angled edges, they can shift more easily than ordinary square patchwork pieces.

Sew the seam using the same scant 1/4" (0.6 cm) seam allowance. Maintaining the same seam width throughout the project is one of the most important techniques for producing crisp quilt points.

Continue attaching the red pieces around the navy center. Chain piecing can be used when several identical seams are ready at the same time. Sew one unit, leave a short thread bridge, feed the next unit under the presser foot, and continue without cutting the thread after every seam.

Press the seams carefully after completing each group. The block should remain flat rather than developing waves or puckers. If necessary, use steam sparingly and press with an up-and-down motion instead of sliding the iron aggressively across the patchwork.

Step 4: Add the Cream Outer Corner Pieces

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Arrange the 8 cream pieces around the outside of the red-and-navy assembly. In the finished layout, the cream fabric creates the light outer sections and provides visual contrast against the red petals.

Before sewing, compare your layout with the tutorial image. Make sure every angled edge points in the correct direction. An incorrectly rotated cream piece may not become obvious until several additional seams have already been sewn.

Place the first cream piece right sides together with its neighboring unit. Match the corners and seam intersections carefully, then pin or clip the layers.

Sew with the established scant 1/4" seam. Repeat with the remaining cream pieces, building the outer section systematically rather than jumping randomly from one side of the block to another.

Where angled seams extend beyond an intersection, you may see small triangular fabric tips commonly called dog ears. Trim these after the seam has been sewn and checked. Removing dog ears reduces bulk and makes subsequent alignment easier.

Give the entire block another careful press. The cream sections should sit smoothly around the red and navy center, and the major points should appear balanced on all four sides.

Step 5: Check the Block Size and Alignment

Lay the completed patchwork unit on a flat cutting mat. According to the tutorial graphic, the target size is approximately 30 cm × 30 cm.

Before trimming anything, check the center. The navy floral sections should radiate evenly from the middle, while the red

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pieces should create a balanced secondary pattern around them.

Next, inspect the intersections. Small variations are normal in handmade patchwork, but significant misalignment should be corrected before squaring the block. Unpick and resew a seam if necessary rather than trying to solve a major alignment problem by trimming.

Place a large quilting ruler over the block and locate the center. Measure from the center toward each side to make sure the design remains visually centered.

Check the width and height in several locations. Do not automatically trim a slightly undersized block to 30 cm; trimming can only make a block smaller. Instead, first determine whether seam allowances or pressing caused the discrepancy.

Once you are satisfied with the construction, prepare the block for final squaring.

Step 6: Trim and Square the Block

Place the block right side up on your cutting mat and position a large square quilting ruler over it.

Use the ruler markings to establish straight horizontal and vertical edges while keeping the central floral design aligned. The goal is a 30 cm × 30 cm finished tutorial unit, as shown in the graphic.

Trim only the minimum amount necessary. Avoid cutting deeply into the outer cream or red pieces simply to reach an arbitrary measurement.

Rotate the block and repeat the process on the remaining edges. Continually verify that opposite sides remain parallel.

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After trimming, measure the block from left to right and from top to bottom. Also check both diagonals. Matching diagonal measurements are a useful indication that the unit is square.

Remove any remaining loose threads and dog ears. You should now have a clean, symmetrical patchwork block ready for final pressing and quilting.

Step 7: Press for a Crisp Professional Finish

Place the block on the ironing surface with the wrong side facing upward. First set the seams gently from the back.

Turn the block right side up and give it a final press. Avoid stretching the outer edges, particularly where fabric has been cut at an angle.

Use an up-and-down pressing motion rather than moving the iron back and forth like you would when ironing clothing. Sliding can distort patchwork units and pull accurately sewn points out of alignment.

Pay special attention to the center, where numerous seams converge. If the center feels bulky, carefully distribute the seam allowances so that the area lies as flat as possible.

Check the points after pressing. The red and navy pieces should retain their sharp geometric appearance, while the cream pieces should frame the block evenly.

Allow the block to cool completely while lying flat. Cotton can retain the shape created while it is warm, so moving or stretching a hot block may introduce distortion.

Step 8: Quilt and Finish the Project

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The completed block can now become part of a larger quilt, or it can be turned into a mini quilt, wall hanging, table topper, cushion front, or decorative panel.

If you want to quilt it as an individual project, make a quilt sandwich using the patchwork top, batting, and backing fabric. Smooth all three layers carefully and baste them with your preferred method.

For straight-line quilting, stitch along selected seam lines or create parallel lines that emphasize the geometry. A walking foot can help feed all layers evenly.

Echo quilting is another attractive option. Quilt lines that follow the shapes of the navy, red, and cream pieces, repeating their geometry at consistent distances.

Experienced quilters may prefer free-motion quilting, especially in the larger red and cream areas. Swirls, leaves, feathers, or other motifs can complement the floral center without overwhelming it.

After quilting, trim the quilt sandwich, add binding if your project requires it, and give the piece one final gentle press.

Key U.S. Quilting Techniques Used in This Pattern

The most important technique is the scant 1/4" seam allowance (approximately 0.6 cm). Keeping this measurement consistent helps every angled piece fit into the overall design.

Chain piecing speeds up construction when several identical units need to be sewn. Rather than stopping after every seam, continue feeding prepared units through the machine with small thread gaps between them.

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Point matching is essential in this pattern. Use pins where seam intersections must meet, and sew slowly as the needle approaches these areas.

Pressing seams open or to one side can both work. Choose the direction that minimizes bulk and allows adjoining seams to lie flat.

Finally, trimming dog ears and squaring the block creates clean outer edges and prepares the patchwork for joining to additional blocks or finishing as an individual project.

The result is a bold 30 cm × 30 cm Patchwork Quilt Block with a floral navy center, rich red petals, and soft cream outer sections—a traditional quilting approach with a dramatic decorative finish.