



♥ Materials (U.S. fabrics and supplies)

- 100% cotton fabric (quilting weight)
- Assorted prints for cats and border
- Background fabric (cream/beige)
- Backing fabric
- Batting (cotton or polyester)
- Fusible web (e.g., HeatnBond Lite)
- Thread to match fabrics
- Rotary cutter, ruler, cutting mat
- Sewing machine
- Iron and ironing board
- Basic sewing supplies (scissors, pins, clips)

Finished Measurements



Main Cutting Chart (measurements in CM)



Center background
20 x 63 cm
(1 piece)



Border squares
5 x 5 cm
(36 pieces)
various prints



Inner border strips
2.5 x 63 cm
(2 pieces)

2.5 x 24 cm
(2 pieces)



Backing fabric
45 x 80 cm
(1 piece)



Batting
45 x 80 cm
(1 piece)

♥ Cat Appliqué Templates (actual size for reference)



Cat Body
(Use 6 times)



Ear
(12x)



Eye
(12x)



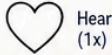
Nose
(6x)



Mouth
(6x)



Fish
(2x)



Heart
(1x)

Add 0.5 cm seam allowance around each template when cutting.

Sample Fabric Placement for the Cats



1 Cut the fabrics



Cut all pieces according to the measurements above.

2 Prepare the appliqué pieces



Trace the templates on the wrong side of the fabric, cut out and fuse with fusible web. Then cut the pieces.

3 Assemble and applique the cats



Arrange the pieces on the center panel (20 x 63 cm). Fuse and sew using a zigzag stitch or blanket stitch. Repeat for all 6 cats.

4 Add inner borders



Sew the 2.5 x 63 cm strips to the sides. Then sew the 2.5 x 24 cm strips to the top and bottom.

5 Add patchwork border



Sew 5 x 5 cm squares together in strips. Attach to the sides, then the top and bottom.

6 Layer and quilt



Place backing (right side down), batting, and quilt top (right side up). Pin or baste. Quilt lines around the inner panel and cats.

7 Trim and bind



Trim excess batting and backing. Bind with your favorite method (e.g., double fold binding). Machine or hand stitch.

8 Finished!



Enjoy your beautiful quilted runner!

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Main Sewing Methods Used

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Straight stitch (for piecing)	Zigzag stitch (for appliqué)	Blanket stitch (optional)	Quilting (stitch in the ditch or straight lines)	Binding (double fold)

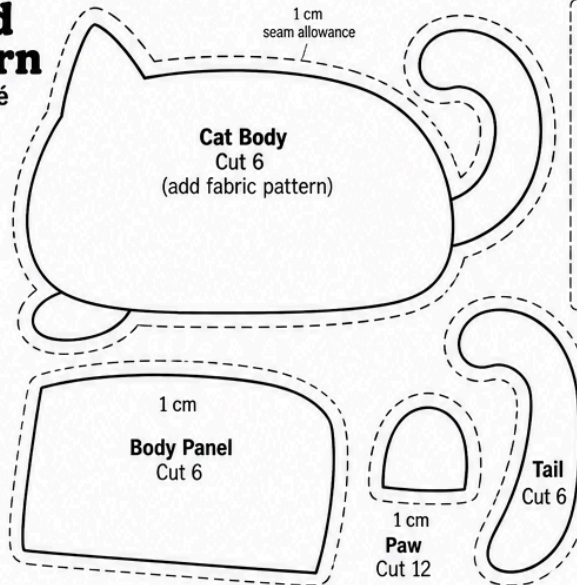
♥ Tips for Success

- ✓ Use 100% cotton quilting fabric (widely available in the U.S.).
- ✓ Press seams as you go.
- ✓ Fusible web makes appliqué easier and more accurate.
- ✓ Use coordinating threads.
- ✓ Adjust colors and accessories to create your own unique cats!
- ✓ This pattern can also be used for a wall hanging or table centerpiece.

Sew Create Be Happy!

Cats Quilted Runner Pattern

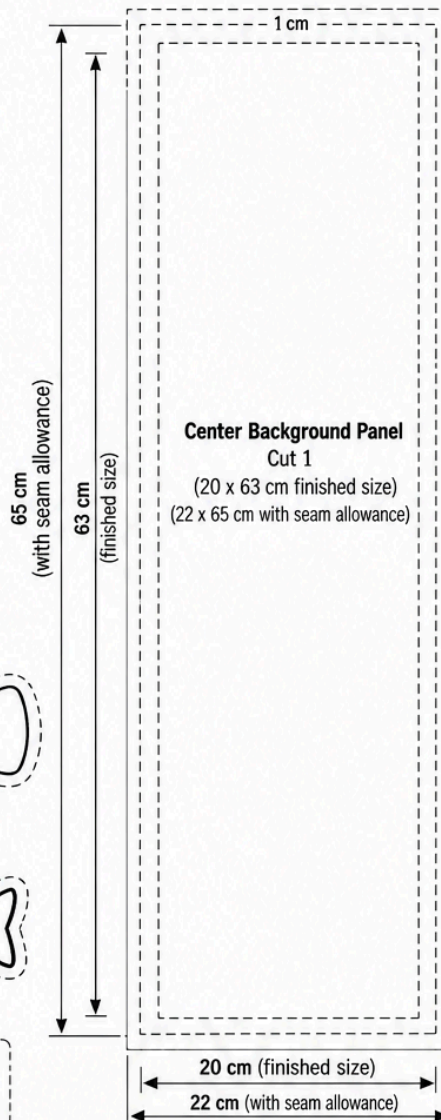
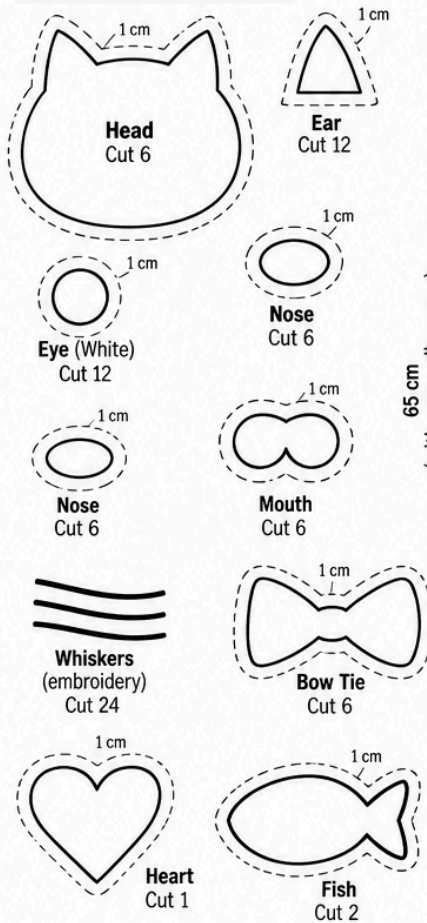
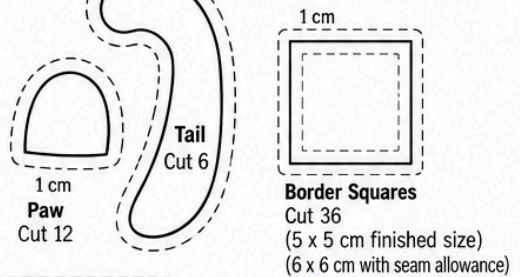
Templates for Appliqué
Print at 100% (Actual Size)



Sewing Instructions:

1. Print the templates at 100%.
2. Cut the pieces on the solid line.
3. Add 1 cm seam allowance (already indicated).
4. Use fusible web to apply the pieces to the background fabric.
5. Sew around the edges (blanket stitch, zigzag stitch or your favorite method).
6. Assemble the runner following your design.

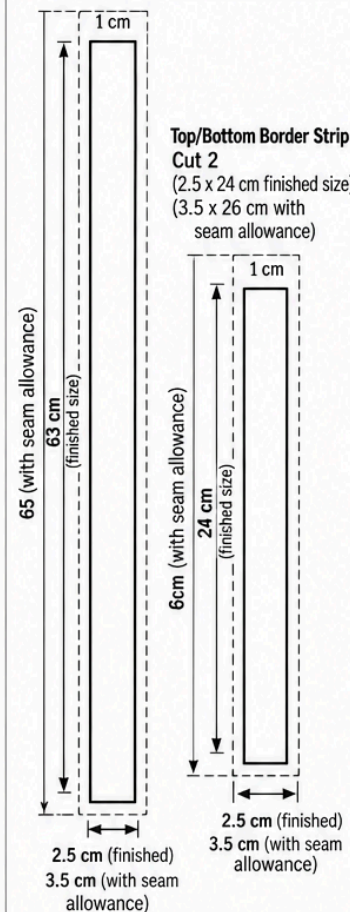
Happy Sewing! ♥



Side Border Strip

Cut 2
(2.5 x 63 cm finished size)
(3.5 x 65 cm with seam allowance)

Top/Bottom Border Strip
Cut 2
(2.5 x 24 cm finished size)
(3.5 x 26 cm with seam allowance)



♥ **Tip:** You can use different fabrics for each cat, just like the model. The seam allowance of 1 cm is already included around each piece.

Cats Quilted Runner – Complete Sewing Tutorial

The Cats Quilted Runner is a cheerful appliqué and patchwork project featuring six playful cats, each with its own fabric combination and personality. Based closely on the tutorial chart, the finished runner measures approximately 75 cm long × 40 cm wide (29.5 × 15.7 inches). It works beautifully as a table runner, wall hanging, dresser topper, or decorative quilted panel.

This project combines several familiar American quilting techniques: straight-stitch piecing, fusible-web appliqué, zigzag or blanket-stitch appliqué, basic machine quilting, and double-fold binding. The colorful patchwork border is made from small squares, while the center uses a neutral quilting cotton so the cats remain the focal point.

The instructions below follow the measurements and construction sequence shown in the chart. Measurements are kept in centimeters for consistency with the pattern, with approximate inch equivalents added where useful for U.S. sewists.

1. Gather the Fabrics, Supplies, and Sewing Tools

For the best result, use 100% cotton quilting-weight fabric, the standard fabric commonly used for patchwork and quilting in the United States. Prewash the fabrics if you normally prewash quilting cotton, then press everything flat before cutting.

For the center background, choose a cream, beige, ivory, or lightly printed neutral fabric. According to the chart, the main center panel is 20 × 63 cm (about 7⁷/₈ × 24³/₄ inches).

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For the colorful outer patchwork border, gather several coordinating cotton prints. The sample uses red, green, mustard yellow, turquoise, navy, and blue fabrics with polka dots, gingham checks, stripes, and small prints. Scraps are perfect for this portion.

You will also need assorted fabrics for the six cats. Try orange, gray, black, brown, cream, and golden yellow for their heads, paws, tails, and exposed body areas. Their decorative body panels can be made from striped, floral, polka-dot, or other contrasting prints.

For the quilt sandwich, prepare approximately 45 × 80 cm (17¾ × 31½ inches) of backing fabric and the same amount of cotton or polyester batting. Cutting these pieces larger than the quilt top makes quilting and final trimming easier.

Additional supplies include fusible web such as HeatnBond Lite or a similar lightweight appliqué product, coordinating sewing thread, quilting thread if desired, a sewing machine, rotary cutter, acrylic ruler, cutting mat, fabric scissors, pins or quilting clips, an iron, ironing board, and basic marking tools.

2. Cut the Main Background and Patchwork Border

Begin with the 20 × 63 cm center background panel. Cut it carefully with a rotary cutter and quilting ruler so the edges remain straight and square. Press the piece before beginning the appliqué.

Next, prepare the small squares for the colorful patchwork border. Following the tutorial chart, cut 36 squares measuring 5 × 5 cm each. Use several different prints rather than repeating one fabric throughout the border.

Mixing polka dots, gingham, stripes, and small-scale prints creates the playful appearance seen in the original runner.

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Spread the squares on your work surface before sewing so identical fabrics do not become unnecessarily clustered together.

The chart also specifies inner-border strips measuring 2.5×63 cm, with 2 strips for the long sides. Prepare another 2 strips measuring 2.5×24 cm for the shorter top and bottom sections.

Keep all of the cut pieces organized. A useful method is to place the center panel, border strips, patchwork squares, and cat fabrics in separate labeled groups. This prevents small appliqué components from getting mixed with border scraps later.

Before proceeding, compare the pieces with the cutting chart. Accurate cutting at this stage is particularly important because the border must fit evenly around the appliquéd center.

3. Prepare the Six Cat Appliqué Templates

The runner contains six cats, and the same basic cat construction can be repeated while changing fabrics, markings, and accessories.

The main template includes the cat body, while smaller pieces form the head, ears, eyes, nose, mouth area, paws, and tail. Decorative elements include bow ties, a heart, and small fish appliqués.

According to the chart, prepare enough components for all six cats. The basic design requires 6 cat bodies, 12 ears, 12 eyes, 6 noses, 6 mouth sections, and the necessary paws and tails. The accessories can be varied rather than made identical for every cat.

Trace each appliqué shape onto the paper side of the fusible web. When a piece has a directional shape, remember that

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traditional fusible-web tracing produces a reversed image after fusing, so reverse the template beforehand if orientation matters.

Rough-cut around the traced shapes, leaving a small amount of fusible web outside each outline. Fuse each shape to the wrong side of the appropriate fabric, following the fusible-web manufacturer's temperature and pressing instructions.

After the pieces have cooled, cut accurately along the traced outlines. Remove the paper backing only when you are ready to arrange the pieces.

The chart mentions a 0.5 cm allowance around the templates. Follow that allowance when using the templates as indicated by the pattern. For raw-edge fusible appliqué, however, remember that the visible appliqué edge itself is normally cut to the intended finished outline rather than turned under.

4. Design Each Cat with Different U.S. Quilting Cottons



One of the most attractive features of this runner is that the six cats are related without being identical. Use the same basic construction but vary the colors and printed fabrics.

For example, make one cat primarily orange with darker stripes and give it a blue polka-dot bow tie. A second can be gray with a red-and-white striped body panel and a small blue fish.

The third cat can combine black-and-white facial markings with a green polka-dot body panel and red heart. The fourth can combine orange, cream, and gray fabrics with a mustard floral body.

For the fifth cat, try brown or taupe quilting cotton with a blue-and-white striped body panel and red bow tie. The final

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cat can use golden-orange fabric with a turquoise polka-dot panel and a small fish.

Lay out all six cats before fusing anything permanently. Place the center background panel vertically and arrange the cats in a stacked formation similar to the reference design.

Maintain reasonably even spacing between them. Make sure ears, tails, and paws do not extend into the area where the inner border will eventually be sewn.

Once satisfied, photograph the arrangement with your phone if helpful. Then work on one cat at a time so the small pieces do not shift.

5. Fuse and Stitch the Cat Appliqués

Begin with pieces that visually sit behind other pieces. Usually this means tails, rear paws, and portions of the body. Place them onto the background according to your planned arrangement.

Add the main body and patterned body panel, followed by the head, ears, front paws, facial features, and accessories. Think of appliqué as assembling an illustration in fabric layers.

When everything is positioned correctly, fuse the pieces according to the fusible-web manufacturer's directions. Use an up-and-down pressing motion rather than sliding the iron, since sliding can shift the appliqué pieces.

Allow the fabric to cool completely before sewing. Check every edge and repress any area that has not adhered properly.

Machine-stitch around the appliqué edges using a small zigzag stitch or blanket stitch, as shown in the tutorial chart. A blanket stitch gives the project a traditional appliqué

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appearance, while a narrow zigzag can provide extra edge coverage.

Use coordinating thread when you want the stitching to blend into each fabric. Darker contrasting thread can be used around certain details to reproduce the illustrated appearance of the sample.

Small facial details such as whiskers and mouths can be machine stitched or embroidered. Sew slowly around eyes, noses, ears, paws, and tight curves. Reducing the machine speed gives considerably more control on these tiny shapes.

Repeat the entire process until all six cats are appliquéd securely to the 20 × 63 cm center panel.

6. Add the Inner Borders and Colorful Patchwork Border

Once the appliqué is finished, press the panel carefully from the back. Avoid placing a very hot iron directly over dimensional embellishments or synthetic materials.

Following the chart, sew the 2.5 × 63 cm inner-border strips to the two long sides of the center panel. Use an accurate, consistent seam allowance and press the seams after stitching.

Add the 2.5 × 24 cm strips across the top and bottom as indicated by the tutorial design. Check that the center remains square rather than becoming distorted.

Now arrange the 5 × 5 cm patchwork squares into border strips. Alternate colors and prints to produce a lively scrap-quilt appearance. Avoid placing too many identical colors directly beside each other.

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Sew the squares together with a straight stitch, maintaining a consistent seam allowance. Press adjoining seams in alternating directions where useful so intersections nest neatly.

Attach the completed patchwork strips to the long sides first. Press them outward, then prepare and attach the sections across the top and bottom.

Check the corners carefully. The border should surround the runner evenly, reproducing the colorful framed appearance shown in the tutorial chart.

7. Make the Quilt Sandwich and Quilt the Runner

Cut the backing and batting to approximately 45 × 80 cm each. These pieces intentionally extend beyond the quilt top on every side.

Place the backing on a clean surface with its right side facing down. Smooth it completely.

Position the batting over the backing. Finally, place the finished appliqué quilt top over the batting with its right side facing upward.

Smooth all three layers from the center outward. Pin-baste with curved safety pins, use temporary basting spray according to its instructions, or hand-baste the layers together.

For a result similar to the sample, quilt around the cats and through the open background areas. Stitch-in-the-ditch quilting can also be used beside border seams.

Straight-line quilting is an excellent choice for beginners. Keep the quilting relatively simple because the appliqué cats already provide substantial visual detail.

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Do not quilt directly across delicate facial details unless that is an intentional design choice. Instead, outline-quilt around the cats to make them stand slightly forward from the background.

Quilt the inner border and patchwork border as desired.
Continue checking the back periodically for puckers or folds.

8. Trim the Runner and Add Double-Fold Binding

After quilting is complete, place the runner on the cutting mat and carefully trim away the excess batting and backing.

Use a long quilting ruler to square the project. The sides should be straight, the corners should be approximately 90 degrees, and the runner should finish at roughly the 75 × 40 cm size indicated in the chart.

Prepare double-fold quilt binding from a coordinating cotton fabric. The reference design uses a colorful border, so red, blue, green, mustard, or another fabric already present in the runner can work particularly well.

Join binding strips diagonally to reduce bulk. Press the long strip in half lengthwise with the wrong sides together.

Machine-sew the binding to the front edge of the runner, leaving enough unsewn binding at the beginning to make the final join. At each corner, create a neat mitered corner.

Join the binding ends, finish attaching the remaining section, and press the binding away from the quilt.

Wrap the folded edge around to the back. Secure it with clips and either hand-stitch it invisibly for a traditional quilt finish or machine-stitch it in place for a faster, durable finish.

9. Final Pressing and Finishing Details ✨

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Inspect every appliqué piece before declaring the runner finished. Make sure the ears, tails, paws, eyes, bows, fish, and heart are securely stitched.

Trim loose thread tails carefully. Check the back of the runner as well, especially around the beginning and ending points of quilting lines.

Give the runner a gentle final pressing according to the requirements of your fabrics, batting, and fusible web. A pressing cloth can protect the appliqué surface.

The expected finished measurement is approximately 75 cm long × 40 cm wide, although small differences are normal depending on seam allowances, quilting density, and final trimming.

For a table runner, place it lengthwise down the center of a dining table or console. The same project can also be fitted with a hanging sleeve on the back and displayed as a quilted wall hanging.

Most importantly, do not feel obligated to duplicate every fabric exactly. The tutorial specifically encourages using coordinating fabrics and accessories to give every cat its own appearance.

10. Main Sewing Methods Used in This Project

The first essential technique is straight stitching, used to piece the patchwork squares, attach border strips, and construct the binding.

The second is zigzag appliqué stitching. A narrow zigzag catches both the appliqué edge and background fabric, helping secure raw edges while adding a decorative outline.

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A blanket stitch is another excellent appliqué option. Many computerized sewing machines sold in the U.S. include a blanket-style stitch among their decorative settings. Test the stitch on scraps before using it on the finished panel.

The fourth technique is machine quilting. You can quilt in the ditch along seams, outline the appliqués, or add evenly spaced straight quilting lines through open areas.

Finally, the project uses double-fold binding to enclose the raw outer edges of the quilt sandwich. Careful pressing and neatly mitered corners make a major difference in the professional appearance of the finished runner.

Throughout every stage, press seams as you work, use good-quality thread, maintain consistent seam allowances, and test unfamiliar machine settings on scrap fabric first.

11. Quick Construction Order for Reference

The complete workflow is: cut the fabrics → prepare fusible-web appliqués → arrange the six cats → fuse the pieces → appliqué-stitch the edges → add the inner borders → piece and attach the 5 × 5 cm patchwork border → layer the backing, batting, and quilt top → baste → quilt → trim and square → bind → final press.

Keep the original tutorial graphic beside your sewing area while working. It is especially helpful when checking the placement and general proportions of the six cats.

For beginners, complete one stage across the entire runner before moving to the next. For example, prepare all templates first, then cut all appliqué fabrics, then arrange all cats, and only afterward begin permanent fusing.

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If you are unsure about a stitch setting, make a small test sandwich using scraps of the same cotton, fusible web, batting, and thread. Testing allows you to adjust tension, stitch width, and stitch length without risking the finished runner.

Because this project is intentionally colorful, small variations usually enhance rather than harm the finished design. The important elements to preserve are the six-cat arrangement, neutral central background, colorful patchwork frame, appliqué construction, and quilted finish.

Once the binding is complete, your Cats Quilted Runner is ready to use. The combination of playful appliqué, scrap-friendly patchwork, and straightforward quilting makes it an excellent project for turning a collection of U.S. quilting cottons into a distinctive handmade piece.

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