



Fabric Star Ornament

Step by Step Sewing Tutorial

Beautiful • Easy • A Perfect Gift!

Finished Size



The finished star measures 20 cm (approx. 8 in) from point to point.

Materials

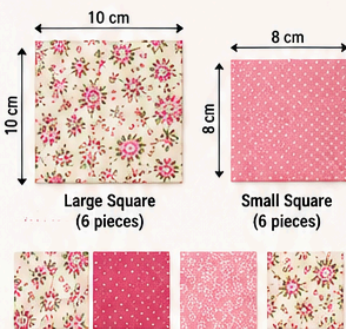
- ♥ 100% cotton quilting fabric (U.S. brands like Moda, Riley Blake, Robert Kaufman, etc.)
- ♥ Coordinating fabrics (3–4 prints)
- ♥ Polyester fiberfill or soft stuffing
- ♥ Decorative button, pearl or bead
- ♥ Hand sewing needle and thread
- ♥ Sewing clips or pins
- ♥ Scissors
- ♥ Quilting ruler
- ♥ Fabric marker or chalk

Main Sewing Methods

- Straight stitch
- Backstitch (hand sewing)
- 1/4" seam allowance (0.6 cm)
- Press with iron
- Match points
- Turn right side out
- Ladder stitch (for closing)

1 Cutting the Pieces

You will need 12 squares in two sizes and fabrics of your choice.

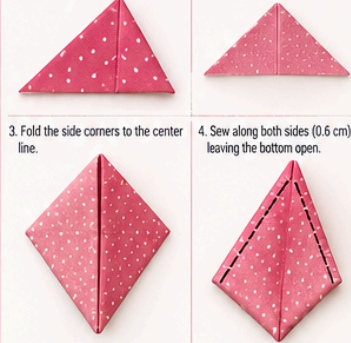


Large Square
(6 pieces)

Small Square
(6 pieces)

2 Make the Units

1. Take one square. Fold it diagonally to make a triangle.
2. Fold again to find the center. Open it.



3 Turn and Press

1. Turn right side out.
2. Use a turning tool or chopstick to push the points.
3. Press well with an iron.

4 Make All Units

Make 12 units:



5 Assemble the Star



6 Shape and Stuff

1. Gently stuff each point with fiberfill.
2. Shape the points, keeping them firm but not overstuffed.



7 Close the Center

1. Gather the center with a needle and strong thread.
2. Pull tightly and secure.



8 Add a Button

Sew a decorative button, pearl or bead in the center to cover the stitching.



9 Finished!



Helpful Tips

- ♥ Use high-quality quilting cotton for best results.
- ♥ Keep your seam allowance at 0.6 cm (1/4").
- ♥ Press each step for crisp points.
- ♥ Use coordinating fabrics for a beautiful effect.
- ♥ You can make larger or smaller stars by adjusting the square size.
- ♥ This star can be used as home décor, a holiday ornament, or a special gift!

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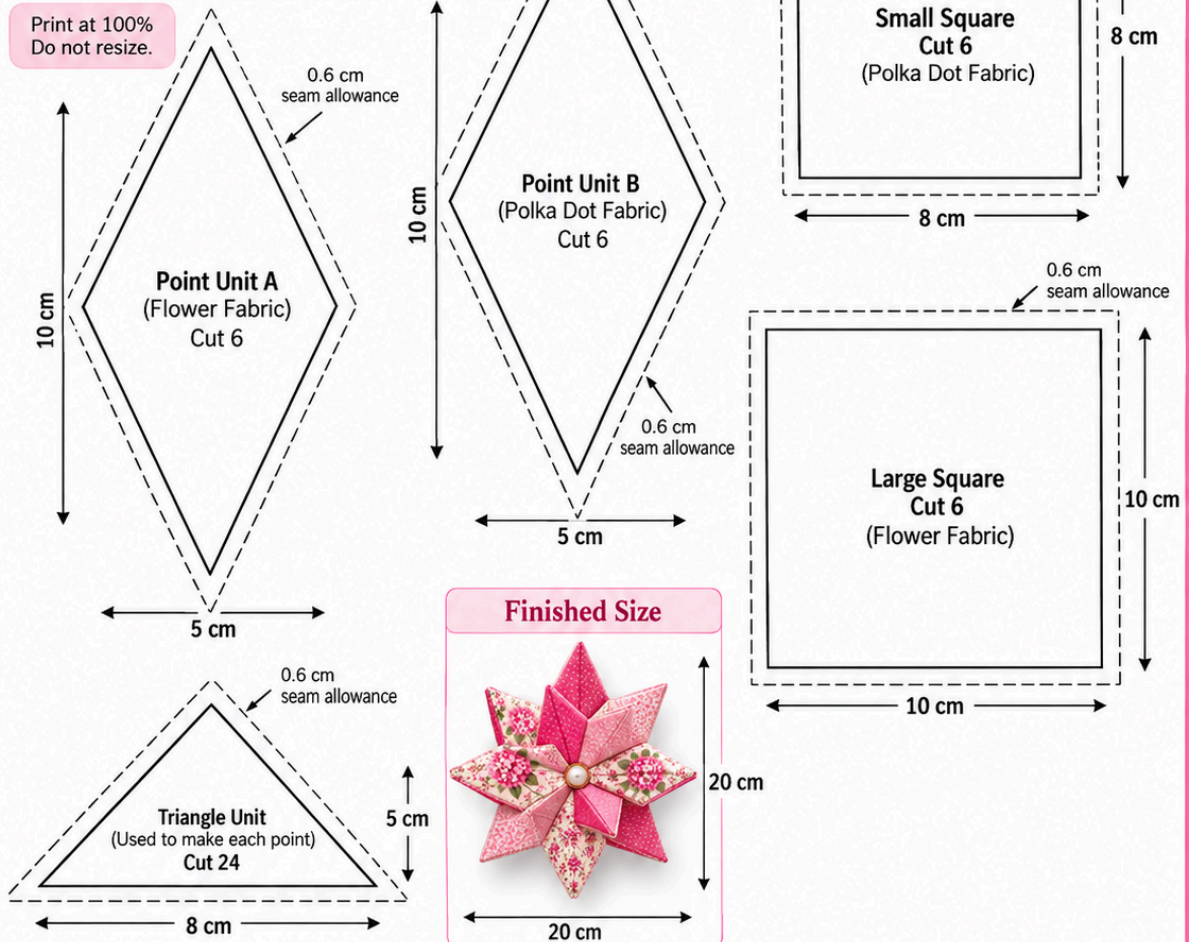
Size Chart (Finished Star)

Star Size	Large Square	Small Square	Finished Size
Small	8 cm	6 cm	16 cm
Medium	10 cm	8 cm	20 cm
Large	12 cm	10 cm	24 cm

Happy Sewing! ♥

Fabric Star Ornament Pattern Template

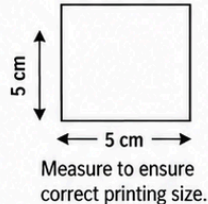
Print at 100%
Do not resize.



Important Notes:

- ♥ All pieces include 0.6 cm (1/4") seam allowance.
- ♥ Use 100% cotton quilting fabric.
- ♥ Print in actual size (100%).
- ♥ Check the 5 cm test square below.
- ♥ This pattern is for personal use only.

Test Square



*Happy
Sewing!*

Fabric Star Ornament – Complete Step-by-Step Sewing Tutorial

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This Fabric Star Ornament is a beautiful dimensional sewing project made from coordinating quilting cottons. The finished piece has layered, pointed fabric units arranged in a circle, lightly stuffed for dimension, and finished with a decorative pearl, bead, or button in the center. Based on the tutorial chart, the medium version measures approximately 20 cm (about 8 inches) from point to point.

The project is especially attractive when you combine several coordinating prints. Floral fabric can be alternated with polka dots, tiny prints, or tone-on-tone fabrics to emphasize the three-dimensional star shape. For a result similar to the example, choose pink and cream fabrics, but the same construction method works with Christmas prints, patriotic fabrics, farmhouse colors, pastels, or scraps from previous quilting projects.

This tutorial uses centimeters throughout to remain consistent with the chart. The key techniques are basic straight stitching, backstitching, turning fabric pieces right side out, pressing, joining dimensional units, gathering the center, and using a ladder stitch for discreet hand finishing.

Step 1 – Gather the Materials and Cut the Fabric

For the medium star shown in the tutorial, prepare 12 fabric squares in two sizes. You will make six large dimensional units and six smaller units.

You will need:

- 6 large fabric squares – 10 × 10 cm
- 6 small fabric squares – 8 × 8 cm
- 100% cotton quilting fabric
- Coordinating fabrics in approximately 3–4 prints
- Polyester fiberfill or other soft stuffing

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- Decorative button, pearl, or bead for the center
- Coordinating sewing thread
- Hand-sewing needle
- Sewing machine
- Sewing clips or pins
- Sharp fabric scissors or rotary cutter
- Quilting ruler
- Fabric marker or tailor's chalk
- Iron and ironing surface
- Turning tool or a smooth chopstick

For the closest result to the chart, use the 10 cm squares for the floral units and the 8 cm squares for the coordinating polka-dot or small-print units. You can distribute several prints among the squares as long as you maintain six pieces in each size.

100% cotton quilting fabric is an excellent choice because it folds accurately, presses well, and has enough structure to hold the star points. Fabrics commonly sold for quilting in the United States work perfectly for this project.

Before cutting, press your fabric to eliminate wrinkles. Accurate squares are important because small cutting differences can become much more noticeable when all 12 units meet in the center.

Use a quilting ruler and rotary cutter when possible. Cut each square with straight edges and true 90-degree corners.

The tutorial uses a 0.6 cm (1/4-inch) seam allowance during sewing. This is a standard quilting seam allowance in the U.S., so a quarter-inch presser foot can be very helpful.

For reference, the chart also provides three possible finished sizes:

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Small Star: 8 cm large squares + 6 cm small squares = approximately 16 cm finished star

Medium Star: 10 cm large squares + 8 cm small squares = approximately 20 cm finished star

Large Star: 12 cm large squares + 10 cm small squares = approximately 24 cm finished star

The instructions below follow the medium 20 cm version.

Step 2 – Fold and Sew the Dimensional Star Units ★

Begin with one 10 × 10 cm square. Place it on your work surface and fold it diagonally so opposite corners meet, forming a triangle.

Finger-press the fold lightly. You can also give it a quick press with the iron if that helps you establish an accurate center.

Open the fabric again. The diagonal fold provides a useful reference for keeping the next folds symmetrical.

Bring the side corners toward the center line. Carefully align the edges so that the folded piece begins forming the elongated diamond shape shown in the tutorial.

Check the upper point carefully. Both folded sides should meet evenly so the finished star point will be sharp and symmetrical.

Pin or clip the layers to prevent them from shifting.

Sew along the required sides using a 0.6 cm (1/4-inch) seam allowance. Leave the bottom area open because you will need this opening to turn the piece and later introduce a small amount of stuffing.

Use a standard straight stitch with a stitch length of approximately 2.0–2.5 mm.

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Backstitch for a few stitches at the beginning and end of the seam. This reinforces the stitching and helps prevent it from opening while the piece is turned and stuffed.

Before turning, carefully trim unnecessary bulk around the pointed area. Do not cut through the stitching. Leaving a small amount of fabric beyond the seam helps maintain seam strength.

Repeat this procedure with the remaining large squares.

Then follow the same construction method for all six 8 × 8 cm squares.

When finished, you should have:

6 large dimensional units made from 10 cm squares

and

6 small dimensional units made from 8 cm squares

This gives you the 12 individual units required for the star.

Step 3 – Turn, Shape, Press, and Prepare All 12 Points



Turn each sewn unit right side out through the opening you left during sewing.

Work slowly around the pointed end. Insert a turning tool, blunt chopstick, or similar smooth tool inside the piece and gently push the point outward.

Do not force a sharp object into the corner. Scissors, knitting needles, and other sharp tools can easily puncture quilting cotton.

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Once the point has been turned completely, use your fingers to smooth the side seams.

Place the unit on your ironing surface and press it carefully.

Pressing is particularly important in this project because the final star depends on crisp folds. Instead of sliding the iron aggressively over the fabric, lower and lift the iron to preserve the shape.

Check that the point is centered and that both sides appear balanced.

Repeat the process for every unit.

When all 12 pieces have been turned and pressed, place them together on the table and compare their shapes. Correct any uneven corners before assembly.

You should now have six larger diamond-shaped points and six smaller diamond-shaped points.

For the most attractive arrangement, alternate the fabrics and sizes before sewing anything together. This is your opportunity to decide where every print will appear in the finished ornament.

Step 4 – Arrange and Sew the Star Together

Lay the 12 completed units on a flat surface in a circular arrangement.

Alternate them:

Large unit → Small unit → Large unit → Small unit

Continue this sequence around the entire circle.

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The pointed ends should face outward, while the lower ends meet toward the center.

Before sewing, experiment with the placement of the printed fabrics. Avoid placing identical prints directly beside each other unless you intentionally want a repeating pattern.

Once you are satisfied with the arrangement, take the first two neighboring units and align the edges that need to be joined.

Use sewing clips or pins to hold them securely.

Sew the units together using the same 0.6 cm (1/4-inch) seam allowance.

Add the third unit, then the fourth, continuing around the circle.

Do not rush this stage. Consistent alignment determines whether the star will form an attractive circular shape rather than twisting to one side.

After attaching several units, periodically lay the project flat and check the arrangement.

Continue until all 12 points are connected.

Finally, bring the first and last units together and sew that seam to close the circle.

At this stage, the project should clearly resemble the dimensional star shown in the chart, although the center may still look open or unfinished.

Step 5 – Add Light Stuffing and Shape the Star

The next step gives the Fabric Star Ornament its characteristic padded appearance.

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Use small amounts of polyester fiberfill rather than trying to insert one large piece.

Begin with one star point.

Take a small tuft of fiberfill and gently push it toward the outer point with your turning tool.

Add another small amount if necessary.

The objective is to create a firm but softly padded point. Do not overstuff it.

Too much fiberfill can distort the seams, make the points bulky, and prevent the star from lying correctly.

Massage the stuffing with your fingers so it fills the dimensional section evenly.

Pay particular attention to the outer point. A small amount of fiberfill placed correctly at the tip gives it a much cleaner shape.

Repeat with the remaining points.

Try to use approximately the same density of stuffing throughout the star. Although the large units naturally have more internal space than the small units, the overall firmness should look consistent.

As you work, place the star on a flat surface occasionally and adjust the points.

The points should radiate evenly from the center rather than leaning strongly in one direction.

Step 6 – Gather and Secure the Center 

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Once the star is shaped, the open center must be gathered and secured.

Thread a hand-sewing needle with strong coordinating thread. A doubled thread can provide extra strength.

Work around the inner edges using small gathering stitches.

Keep the stitches reasonably even.

After stitching around the entire center, begin pulling the thread gradually.

As the thread tightens, the center opening will become smaller and the dimensional points will move toward one another.

Do not pull everything closed in one sudden motion.

Instead, tighten a little, reposition the points, tighten again, and continue adjusting.

Look at the star from directly above. The large and small points should form an even radial pattern.

Once you are satisfied with the arrangement, pull the gathering thread firmly enough to secure the center.

Make several strong knots on the back or within the center area.

For any small openings that still need closing, use a ladder stitch, also called an invisible stitch.

To make a ladder stitch, take a small horizontal stitch along one folded edge, then take a corresponding stitch directly opposite it. Continue alternating between the two edges.

When the thread is pulled gently, the stitches disappear between the folds.

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This gives the project a neat handmade finish without a visible line of large stitches.

Step 7 – Add the Decorative Center Button or Pearl ✨

The center embellishment is both decorative and practical because it hides the gathering stitches.

The tutorial shows a pearl-style button with a gold-colored rim, but you can use any decorative button, bead, covered button, or embellishment appropriate for your fabric.

Thread a sturdy hand-sewing needle.

Position the button exactly in the center of the star.

Pass the needle securely through the gathered center and the button several times.

Pull the thread firmly enough to hold the button against the star without crushing the padded fabric.

Check the front after the first few stitches. The button should remain centered rather than drifting toward one particular point.

Continue sewing until it feels secure.

Finish with several strong knots on the back.

Hide the thread tail by inserting the needle into the fabric close to the knot and bringing it out a short distance away. Pull gently and trim the thread. The cut end should disappear inside the ornament.

For an especially polished appearance, you can add a matching decorative button to the back as well. This is optional but useful when the star will be displayed where both sides are visible.

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Step 8 – Final Shaping and Finishing Touches

Place the completed Fabric Star Ornament on a clean, flat surface.

Starting with the large points, gently shape each one with your fingers.

Then adjust the six smaller points.

Check the spacing around the entire ornament. Each point should have enough room to remain visually distinct.

If one area appears flatter than the others, gently redistribute the fiberfill with your fingertips.

Avoid heavily ironing the completed stuffed star. Direct pressure from an iron can flatten the dimensional construction.

If a fabric section needs minor pressing, protect it with a pressing cloth and use very light pressure.

The finished medium star should measure approximately 20 cm (about 8 inches) from point to point, although slight variations are normal with handmade construction.

You now have a dimensional fabric star that can be displayed as home décor, a holiday ornament, a table decoration, a handmade gift, or a special sewing-room accent.

For Christmas, try red, green, cream, and gold quilting cotton. For spring, use floral pastels. Patriotic red, white, and blue fabrics can create a Fourth of July version, while farmhouse prints can give the same pattern an entirely different character.

The most important techniques to remember are accurate cutting, a consistent 0.6 cm (1/4-inch) seam allowance, careful

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pressing, precise point turning, light stuffing, balanced assembly, secure gathering, and neat ladder stitching.

Once you understand how the individual units are made, this project becomes easy to customize. You can change the size, fabric combination, center button, or amount of stuffing while following exactly the same basic construction method.

Your Fabric Star Ornament is now complete. ★ 🧵 💕

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