

Pumpkin Flower Table Mat

Step-by-Step Sewing Tutorial

A beautiful fall project to decorate your home!

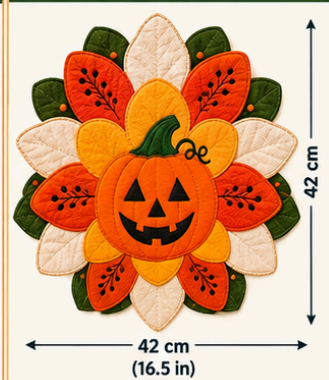


♥ **Finished Size:**
Approx. 42 cm
(16.5 in) diameter

MATERIALS (U.S. FABRICS)

- 100% Cotton Quilting Fabric
 - Orange – 30 x 50 cm
 - Dark Orange – 30 x 50 cm
 - Yellow – 30 x 50 cm
 - Cream – 30 x 50 cm
 - Green – 30 x 50 cm
 - Black – small piece (face)
- Fusible Web (e.g., HeatnBond)
- Quilting Batting – 45 x 45 cm
- Backing Fabric – 45 x 45 cm
- Embroidery thread (black/brown)
- Matching sewing thread
- Scissors, pins, sewing machine
- Iron, fabric marker

FINISHED MEASUREMENTS

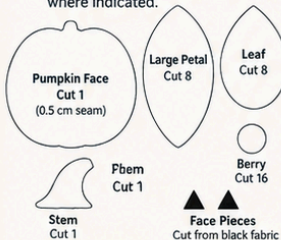


SEWING METHODS USED



1 PRINT TEMPLATES

Print the templates and cut out. Add 0.5 cm seam allowance where indicated.



Templates are actual size proportion.

2 CUT THE FABRIC PIECES



3 APPLIQUÉ THE PUMPKIN FACE



- Fuse black pieces to the pumpkin piece.
- Sew around the edges with a straight stitch or blanket stitch.
- Add quilted vertical lines on the pumpkin with matching thread.

4 EMBROIDER THE DETAILS



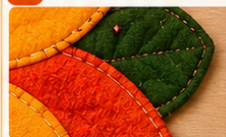
- Use backstitch to embroider the berry branches on the orange petals.
- Add a small French knot or straight stitch for the berries.
- Sew or glue a small circle (berry) on green leaves.

5 ASSEMBLE THE PETALS



- Arrange the petals and leaves around the pumpkin.
- Follow the color order: yellow, dark orange, cream, with green leaves in between.
- Pin in place before sewing.

6 JOIN ALL PIECES



- Appliqué each piece using fusible web or pin and sew with a small straight stitch.
- Make sure all pieces are securely attached.
- Trim any excess fabric.

7 ADD BATTING AND BACKING



- Place backing fabric (right side down), quilt batting, and the appliqué top.
- Pin or baste the layers together.
- Quilt around the pumpkin and petals following the design lines.

8 TRIM AND FINISH



- Trim the edges neatly.
- Optional: add a fabric binding or blanket stitch around the entire edge.
- Press with iron.

9 YOUR PUMPKIN FLOWER TABLE MAT IS READY!



Enjoy your handmade fall decor! ♥



TIPS:

- Use 100% cotton quilting fabric for best results.
- Fusible web (e.g., HeatnBond) makes appliqué easier.
- A walking foot helps when quilting multiple layers.
- You can make a larger or smaller mat by resizing the templates.

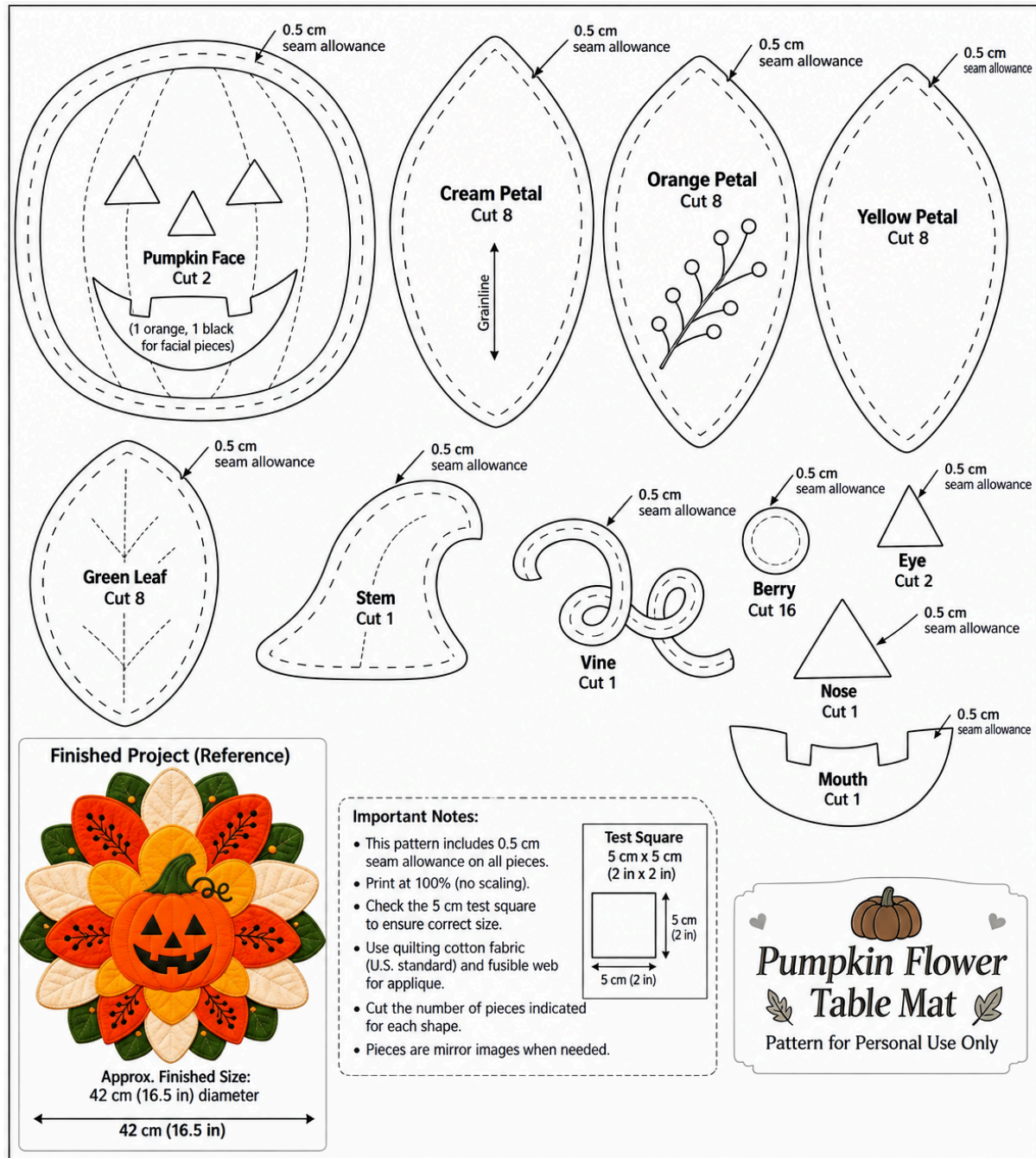


CARE INSTRUCTIONS:

- Hand wash or delicate cycle.
- Use mild detergent.
- Air dry flat.
- Iron on low heat if needed.

♥ *Stitch a little happiness into your home!*





Pumpkin Flower Table Mat – Step-by-Step Sewing Tutorial 🎃 🧵

The Pumpkin Flower Table Mat is a cheerful fall sewing project that combines quilting, appliqué, embroidery, layering, and decorative stitching in one eye-catching design. The finished

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piece features a smiling jack-o'-lantern pumpkin surrounded by overlapping petals in orange, golden yellow, cream, and dark green, creating a flower-like arrangement that works beautifully as seasonal table décor.

This tutorial follows the construction shown in the graphic. The finished mat is approximately 42 cm (16.5 in) in diameter. Although the measurements are given primarily in centimeters to stay consistent with the pattern, inch equivalents are included where especially helpful for U.S. sewists.

The project is suitable for a confident beginner who already knows how to operate a sewing machine, but the instructions below explain every major stage from preparing the templates to completing the quilting. Take your time with the placement of the petals—the layered arrangement is what gives this project its distinctive dimensional appearance.

Step 1 – Gather the Fabrics, Batting, and Sewing Supplies

For the best result, choose 100% cotton quilting fabric, the standard woven cotton commonly sold in U.S. quilt shops and fabric stores. Medium-weight quilting cotton is particularly suitable because it presses cleanly, works well with fusible web, and remains stable during appliqué and quilting.

Prepare approximately 30 × 50 cm (11.8 × 19.7 in) of each main fabric color: bright orange, dark orange, golden yellow, cream, and dark green. You will also need a small piece of black cotton fabric for the pumpkin's eyes, nose, and mouth.

For the quilted construction, prepare a piece of low-loft quilting batting measuring approximately 45 × 45 cm (17.7 × 17.7 in) and a backing fabric of the same size. A slightly larger

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backing and batting are useful because they give you extra room for trimming after quilting.

You will also need fusible web suitable for fabric appliqué. A lightweight paper-backed fusible web is convenient because the pumpkin facial features and other appliqué pieces can be traced directly onto its paper side before cutting.

Gather black or dark brown embroidery thread for the branches and berries, plus regular sewing thread that coordinates with the orange, cream, yellow, and green fabrics. Matching thread keeps the petal stitching subtle, while contrasting decorative thread can be used if you prefer a more handcrafted appearance.

Finally, have a sewing machine, sharp fabric scissors, pins or fabric clips, an iron and ironing surface, a removable fabric marker, hand-sewing needle, ruler, and your printed templates ready. A walking foot is helpful when quilting through multiple layers, although it is not essential.

Step 2 – Print and Prepare the Templates

Print the pattern templates at 100% or Actual Size. Do not select “Fit to Page,” because automatic scaling can change the dimensions of the individual pieces and affect how they overlap.

If your printable pattern includes a calibration square, measure it before cutting any fabric. A 5 × 5 cm test square should measure exactly 5 cm in both directions after printing. This simple check prevents sizing problems later.

The design requires templates for the pumpkin body, large petals, smaller inner petals, green leaves, pumpkin stem, facial features, and decorative berries or circles. Keep the templates

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organized by writing the color and required quantity on each one.

The graphic indicates a 0.5 cm seam allowance where required. Follow the allowance marked on your templates rather than adding another allowance automatically. For raw-edge fused appliqué pieces, the cutting line itself may serve as the finished edge.

Transfer the shapes to the wrong side of the appropriate fabrics with a removable fabric marker. Pay attention to the fabric grain on the larger pieces so that similarly shaped petals behave consistently while sewing and pressing.

Before cutting everything, compare the paper pieces with the finished-design illustration. This is especially useful for identifying the different petal sizes and understanding which layers will sit behind or in front of one another.

Step 3 – Cut All the Fabric Pieces

Begin by cutting the dark orange petals. The tutorial graphic uses approximately eight dark orange petal shapes. Several of these become decorative focal petals and receive embroidered berry branches later.

Next, cut approximately eight golden-yellow petals. These create the warm inner flower layer immediately surrounding the pumpkin and provide contrast against the darker orange pieces.

Cut approximately eight cream petals for the larger pale layer. Cream or warm ivory quilting cotton works especially well because it softens the strong Halloween palette without losing the autumn character of the project.

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Cut approximately eight dark green leaf shapes. These are placed primarily around the outside of the flower, where they create a leafy border between the larger petals.

For the center, cut the orange pumpkin pieces according to your template. If your pattern uses separate front and back pumpkin pieces, cut both now. Also cut one dark green stem.

Finally, cut the black appliqué pieces for the jack-o'-lantern face: two triangular eyes, one triangular nose, and the smiling mouth. Keep these small pieces together so none are lost before fusing.

Step 4 – Prepare and Appliqué the Pumpkin Face

Place the pumpkin front on your ironing surface and lightly mark its vertical center. This reference line makes it much easier to position the facial features symmetrically.

Following the manufacturer's directions, apply fusible web to the wrong side of the black fabric before cutting the facial pieces, or trace the individual face templates onto the paper-backed fusible web first. Once fused and cut, remove the paper backing.

Arrange the two eyes, nose, and mouth on the orange pumpkin. Compare the arrangement with the tutorial image before pressing. The eyes should sit above the nose, while the wide curved mouth occupies the lower third of the pumpkin.

Fuse the pieces permanently with the iron according to the fusible-web instructions. Avoid moving the iron back and forth aggressively; pressing and lifting usually keeps small appliqué pieces from shifting.

Stitch around the black shapes with a small straight stitch, narrow zigzag, or blanket stitch. Keep the stitching close to the

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raw edges. Black thread will make the stitches blend naturally into the facial appliqué.

Add the pumpkin's characteristic vertical segment lines with matching orange or slightly darker thread. These gently curved quilted lines divide the pumpkin visually into sections and give the otherwise flat appliqué more dimension.

Step 5 – Make the Pumpkin Stem and Vine

Prepare the dark green stem appliqué and position it at the top center of the pumpkin. The wider end should overlap the pumpkin slightly so that the stem appears to emerge naturally from behind it.

Fuse or pin the stem in place, depending on your preferred appliqué technique. Stitch around its outer edge with matching dark green thread.

Add several curved or vertical lines inside the stem. These lines imitate the ridged texture of a real pumpkin stem and also provide light quilting that helps stabilize the fabric.

The graphic also shows a small curling vine beside the stem. This can be created with black or dark brown embroidery thread, a narrow fabric appliqué strip, or dense machine stitching.

If embroidering the vine by hand, sketch the curve lightly with a removable fabric marker first. Use a backstitch or stem stitch to follow the marked line.

Secure all thread ends neatly on the wrong side. Avoid large knots or bulky thread tails because the pumpkin will eventually be layered with batting and backing.

Step 6 – Embroider the Orange Petal Details

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Several dark orange petals in the original design feature delicate black berry branches. These details add visual interest and provide an attractive handmade contrast against the bright fabric.

Use a removable fabric marker to draw a gently curved main branch. Add several smaller branches extending from it, keeping the arrangement organic rather than perfectly symmetrical.

Thread a hand-sewing or embroidery needle with black or dark brown embroidery floss. Use backstitch for the main branch and smaller stems.

For the berries, use small French knots, compact satin stitches, or tiny appliquéd black circles. Keep their sizes reasonably consistent but allow slight variation to preserve the handcrafted appearance.

Repeat the motif on the remaining designated orange petals. Some motifs can be mirrored so the branches visually flow outward from the pumpkin once the flower is assembled.

Press the embroidered petals carefully from the wrong side over a padded surface. Avoid crushing raised French knots with direct heavy pressure from the iron.

Step 7 – Quilt the Individual Petals and Leaves

The soft dimensional appearance of the project comes from its quilted components. If you want the petals to have the same padded look as the graphic, layer each petal with low-loft batting before completing the decorative stitching.

Quilt the cream and yellow petals with simple lines that follow their contours. A center line with diagonal veins can produce a

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leaf-like texture, while gentle echo quilting works well on the larger petals.

For the green leaves, stitch a center vein from base to tip. Add diagonal veins extending outward on both sides. Keep the quilting simple so the leaves remain visually secondary to the orange pumpkin.

The orange embroidered petals can be quilted around their perimeter and around the branch design. Avoid sewing directly through dimensional French knots.

Trim excess batting carefully after quilting, keeping the shape of every petal consistent with its template.

Press lightly as necessary, but do not flatten the batting completely. A little loft helps distinguish the overlapping flower layers.

Step 8 – Arrange the Flower Layers

Before sewing anything permanently, lay all the components on a large flat surface. Place the pumpkin in the center temporarily so you can judge the spacing around it.

Begin with the outermost green leaves. Arrange them evenly around the circumference, allowing their pointed ends to remain visible beyond the next layer.

Position the large cream petals over portions of the green leaves. Space them evenly so the pale fabric creates a repeating pattern around the design.

Add the dark orange embroidered petals, alternating their positions with the cream sections. Orient the embroidered branches so they visually radiate away from the center.

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Place the golden-yellow petals closer to the center. These should overlap portions of the larger petals and form a warm transition between the outer flower and the orange pumpkin.

Finally, return the pumpkin to the center. Adjust every layer until the entire mat looks balanced and approximately circular. The finished project should measure roughly 42 cm (16.5 in) across.

Step 9 – Secure and Join the Petals

Once you are satisfied with the arrangement, take a photo of the layout for reference. Then remove the center pumpkin while keeping the petal arrangement intact as much as possible.

Working one layer at a time, pin or baste the petals together. Begin with the pieces that sit farthest back and gradually work toward the center.

Use a small straight stitch close to the overlapping edges to secure the components. Where appropriate, fusible web can provide temporary or permanent additional stabilization.

Continue around the flower rather than jumping randomly between opposite sides. This makes it easier to maintain consistent spacing.

Frequently place the pumpkin back over the center to confirm that the stitching will remain hidden where intended and that the flower has not become distorted.

After all layers are secured, trim only obvious excess fabric from concealed areas. Do not trim visible petal edges unless the pattern specifically requires it.

Step 10 – Add the Batting and Backing

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Cut your backing fabric and batting to approximately 45 × 45 cm (17.7 × 17.7 in), giving yourself a little extra material beyond the approximately 42 cm finished project.

Place the backing right side down on your work surface. Put the batting over it, smoothing away wrinkles without stretching either layer.

Center the assembled flower over the batting with its right side facing upward. You now have a traditional quilt sandwich: backing, batting, and decorative top.

Pin, baste, or temporarily spray-baste the layers according to your preferred quilting method. Start at the center and move outward to prevent puckers.

Attach the pumpkin over the center of the flower. Stitch securely around its perimeter, making sure it covers the inner raw edges of the surrounding petals.

Quilt around the pumpkin and selected petal outlines. A walking foot can make this stage easier because it feeds all layers through the machine more evenly.

Step 11 – Complete the Quilting

Quilt the pumpkin along its previously marked segment lines. These lines reinforce the rounded appearance of the jack-o'-lantern while securing the batting and backing underneath.

Continue quilting around the yellow, orange, cream, and green pieces. You do not need extremely dense quilting for a decorative table mat; enough stitching to keep the layers stable is sufficient.

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Follow the existing contours whenever possible. Echo quilting approximately 0.5–1 cm inside an edge creates a clean, professional effect without introducing complicated motifs.

Check the back periodically for puckers or folds. If you notice a problem, stop before sewing farther and smooth the layers again.

Keep the bulk of the project supported on the sewing table rather than allowing it to hang heavily over the edge. This reduces drag and helps maintain smooth curves.

When the quilting is complete, secure all thread ends and inspect both sides of the mat.

Step 12 – Trim and Finish the Edges

Trim away excess backing and batting around the outer perimeter. Work slowly around each curved leaf and petal so the finished outline remains smooth.

The graphic suggests either leaving the individually finished petal edges visible or adding an optional binding or blanket-stitch finish where appropriate.

For an appliqué-style edge, a closely spaced blanket stitch can give the project a charming handmade appearance while protecting exposed fabric edges.

If your pieces were constructed with turned edges, simply topstitch around them and make sure all openings used for turning have been securely closed.

Press the completed mat carefully using the temperature recommended for your cotton fabric and fusible web. Avoid excessive heat directly over appliqué adhesives.

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Measure the finished piece. Minor differences are completely normal, but the target size from the tutorial is approximately 42 cm (16.5 in) in diameter.

Step 13 – Final Inspection and Care 🎃🍂

Lay the finished Pumpkin Flower Table Mat flat and check that every petal, leaf, appliqué element, and embroidered detail is firmly attached.

Trim any visible thread tails. Check the black pumpkin face especially carefully because the sharp corners of the eyes and nose can lift if they were not stitched close enough to the edges.

If the mat needs cleaning, hand washing or a delicate machine cycle is the safest approach. Use mild detergent and cool or lukewarm water.

Air-dry the project flat whenever possible. This helps the flower maintain its circular shape and protects the dimensional quilting.

If ironing is necessary, use low to moderate heat appropriate for quilting cotton and protect appliquéd areas with a pressing cloth.

Your finished mat can now be used as a fall table centerpiece, Halloween decoration, quilted placemat, or seasonal handmade gift. The combination of pumpkin appliqué, layered petals, embroidery, and quilting makes every finished version slightly unique.

Quick Sewing Methods Reference

Straight stitch: Use this for general construction, topstitching, securing overlapping petals, and quilting simple outlines.

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Backstitch: Ideal for the embroidered berry branches and other fine decorative lines.

Blanket stitch: An optional decorative finish for appliqué shapes and exposed fabric edges.

Fusible-web appliqué: Excellent for the pumpkin face and other small shapes because it holds them securely before stitching.

Layering and quilting: Combine the decorative top, low-loft batting, and backing to create the padded finish shown in the tutorial.

Pressing: Press between major construction stages rather than aggressively ironing back and forth. Accurate pressing makes appliqué and layered quilting much easier to control.

The result is a colorful 42 cm (16.5 in) Pumpkin Flower Table Mat with the same autumn palette and layered character as the graphic: a central jack-o'-lantern, golden inner petals, embroidered orange petals, cream accents, and dark green leaves. 🎃💛🧵