



Finished Block Size: 30 cm x 30 cm (12" x 12")

MATERIALS AND TOOLS



- 100% cotton fabric
- Rotary cutter and mat
- Quilting ruler
- Sewing machine
- Iron and ironing board
- Pins or fabric clips
- Scissors
- Matching thread



CUTTING MEASUREMENTS (IN CENTIMETERS)

Piece	Size (cm)	Quantity
Background squares (corner)	9,5 x 9,5	4
Center strip – floral	3,0 x 10,0	8
Inner strip – gingham	3,0 x 10,0	8
Middle strip – pink polka dot	3,0 x 10,0	8
Outer strip – green polka dot	3,0 x 10,0	8

Seam allowance: 0.75 cm (1/4")

Finished block size: 30 cm x 30 cm (12" x 12")

1 Cut all pieces



Cut the fabrics according to the measurements in the table above.

2 Make one strip unit



Sew a floral strip, a gingham strip, a pink strip and a green strip together. Press the seams to one side.

3 Resulting strip unit



You will have a strip unit measuring 10 cm long and 12 cm wide (including seam allowances).

4 Subcut diagonal units



Place the ruler at a 45° angle and cut units measuring 10 cm x 10 cm. Make 8 units from each strip set.

5 Diagonal units



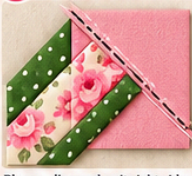
You will have 8 identical diagonal units for the block.

6 Prepare corner squares



On the wrong side of the 9.5 cm background squares, draw a diagonal line from corner to corner.

7 Sew first corner



Place a diagonal unit right sides together with a background square. Sew on the drawn line.

8 Trim and press



Trim 0.75 cm from the seam and press open. Repeat to make 8 half units (as shown).

9 Make all 8 half units



Create 8 identical half units.

10 Arrange the block



Lay out the 8 half units to form the star as shown before sewing.

11 Sew into quadrants



Sew the units into four quadrants. Press the seams.

12 Join the quadrants



Sew the top and bottom quadrants together, then join the rows. Press all seams.

13 Finished block



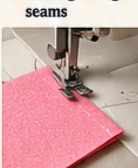
Your quilt block is complete!
Size: 30 cm x 30 cm (12" x 12").

MAIN SEWING METHODS USED

1. Accurate cutting with rotary cutter



2. Sewing straight seams



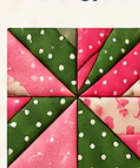
3. Pressing seams



4. 45° angle cutting

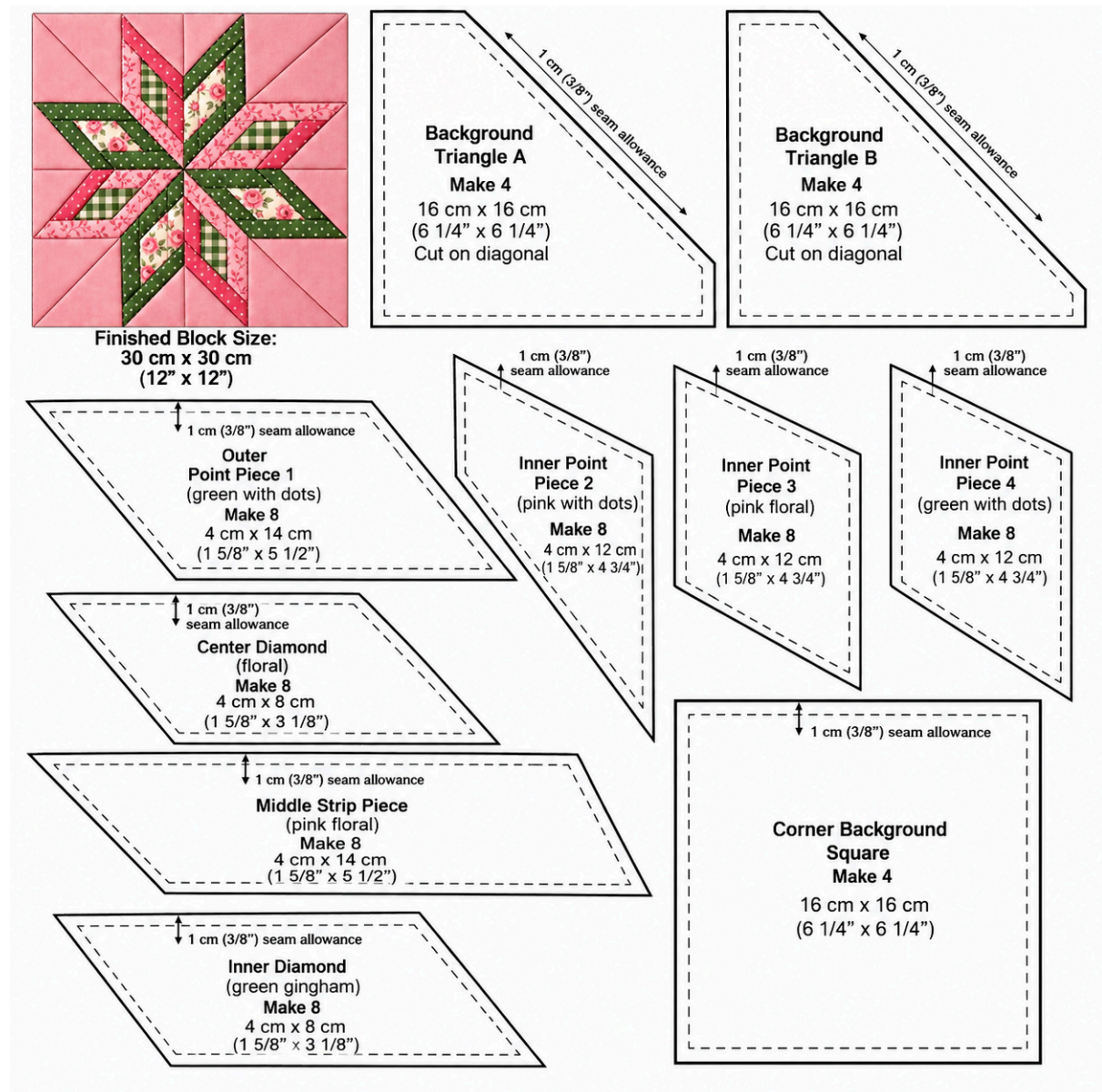


5. Matching points



TIPS FOR A PERFECT BLOCK

- ✓ Use 100% cotton fabric.
- ✓ Keep a consistent 0.75 cm seam allowance.
- ✓ Press after each seam.
- ✓ Use a rotary cutter for accurate cuts.
- ✓ Match the center point carefully.
- ✓ Choose colors with good contrast.
- ✓ Trim dog ears for a neat finish.
- ✓ Make multiple blocks to create quilts, cushions, table runners and more!



Pink and Green Eight-Point Star Quilt Block Tutorial

This Pink and Green Eight-Point Star Quilt Block creates a finished block measuring approximately 30 cm x 30 cm (12" x 12"). The design combines floral fabric, green gingham, pink polka dots, green polka dots, and a solid pink background to create eight striking diagonal points that meet neatly in the center.

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This tutorial follows the construction shown in the reference chart. The main techniques are accurate rotary cutting, straight machine sewing, pressing seams, 45-degree cutting, trimming, and careful point matching. A consistent 0.75 cm (1/4") seam allowance is especially important because all eight sections must align at the center.

For the best result, use 100% quilting cotton. Pre-press the fabrics before cutting so there are no wrinkles or folds that could affect your measurements. Because this block relies heavily on diagonal pieces, avoid stretching the cut edges while sewing and pressing.

Step 1: Gather the Materials and Cut the Fabric

You will need 100% cotton quilting fabric, a rotary cutter, cutting mat, quilting ruler, sewing machine, iron, ironing board or pressing mat, pins or fabric clips, scissors, and matching sewing thread.

Choose five coordinating fabrics. Following the chart, use a solid pink fabric for the background, a pink floral print, green gingham, pink fabric with white polka dots, and green fabric with white polka dots. The contrast between these prints is what makes the star pattern easy to see.

For the corner background pieces, cut 4 solid pink squares measuring 9.5 cm × 9.5 cm. Keep these pieces together and set them aside. They will eventually form the large pink areas surrounding the star.

Cut 8 floral center strips measuring 3 cm × 10 cm. Then cut 8 green gingham inner strips measuring 3 cm × 10 cm.

Next, cut 8 pink polka-dot middle strips measuring 3 cm × 10 cm and 8 green polka-dot outer strips measuring 3 cm × 10 cm.

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Keep each fabric type in its own stack so that the strip order remains consistent.

Before sewing, compare all strips against one another. Their widths and lengths should match accurately. Small cutting differences can multiply as the block is assembled, so precise rotary cutting will make the later steps much easier.

Step 2: Sew the Strip Units and Make the Diagonal Sections

Begin by arranging four coordinating strips together. Following the visual sequence in the chart, combine the floral, gingham, pink polka-dot, and green polka-dot fabrics so the colors alternate and create strong contrast.

Place the first two strips right sides together, carefully aligning the long edges. Sew using a consistent 0.75 cm (1/4") seam allowance. Add the remaining strips one at a time, maintaining the same seam allowance.

After sewing, press the seams carefully. Avoid aggressively sliding the iron over the fabric because this can distort the strips. Instead, lower and lift the iron while pressing. The resulting strip unit should remain straight and flat.

The chart shows the completed strip unit at approximately 10 cm long and 12 cm wide, including seam allowances. Check your unit before proceeding. Minor differences can occur depending on fabric thickness and exact seam width, so consistency among all your units matters more than forcing a distorted unit to a measurement.

Now place a quilting ruler over the strip unit at a 45-degree angle. Carefully subcut the strip unit into diagonal sections. The chart indicates sections of approximately 10 cm × 10 cm. Use the ruler markings rather than estimating the angle by eye.

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Continue until you have 8 matching diagonal units. Lay all eight pieces on your work surface and check their orientation before moving forward. They should be consistent enough to create the repeating star-point design shown in the reference.

Step 3: Add the Pink Background Corners

Take one of the 9.5 cm × 9.5 cm solid pink background squares. On the wrong side of the fabric, use a removable fabric marker and ruler to draw a diagonal guideline from one corner to the opposite corner.

Position a diagonal pieced unit and the pink background fabric right sides together, following the orientation shown in the chart. Pay close attention to which side of the diagonal unit receives the background fabric. Incorrect orientation can reverse the star point.

Pin or clip the layers if necessary. Sew directly along the marked diagonal line with a straight stitch. Keep the fabric flat as it passes under the presser foot and avoid pulling on the bias edges.

After stitching, measure approximately 0.75 cm (1/4") away from the sewn line toward the excess corner. Trim away the extra fabric, leaving the seam allowance intact.

Open the pink background piece and press it into position. Press the seam carefully rather than stretching it. Repeat this process according to the chart until the diagonal sections have their required pink background corners.

You should ultimately have 8 matching half units ready to form the star. Before assembling them, place all eight pieces together on a flat surface. This is the easiest stage to identify an accidentally reversed piece.

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Step 4: Arrange and Sew the Eight-Point Star ★

Arrange the 8 completed half units around a central point. The narrow ends should converge toward the center while the solid pink sections form the outer background.

Use the finished-block illustration as your orientation guide. The floral, gingham, pink polka-dot, and green polka-dot sections should repeat around the design, producing a balanced pinwheel-like eight-point star.

Do not immediately sew the entire arrangement together. First divide the design into four quadrants. Each quadrant represents one quarter of the finished block and makes the construction much easier to control.

Sew the pieces within each quadrant using the same 0.75 cm (1/4") seam allowance. Match important seams before sewing. Pins placed on both sides of a junction can help prevent the layers from shifting.

Press each completed quadrant carefully. Where possible, press adjoining seam allowances in opposite directions. This technique allows the seams to nest against each other and can improve accuracy when joining the quadrants.

Place the four completed quadrants back into their final arrangement. Confirm that the star points face inward correctly and that the outer pink sections create a square block before sewing the final seams.

Step 5: Join the Four Quadrants

Begin by joining the two upper quadrants. Place them right sides together and align the central seams precisely. Pin directly at important intersections.

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Sew the entire joining seam with a 0.75 cm (1/4") seam allowance. Repeat with the two lower quadrants. You will now have a top half and a bottom half.

Press these seams carefully. Before making the final seam, place the two halves together and inspect the center. All eight star sections should appear to converge at essentially the same point.

Place the top and bottom halves right sides together. Match the center seam first, then work outward and pin or clip the remaining edges. Sewing outward from an accurately matched center helps preserve the visual symmetry of the star.

Sew the final seam. Open the block and inspect the center intersection before pressing. If the center is noticeably misaligned, it is easier to remove a short section of stitching and correct it now than after quilting.

Give the entire block a final press from the wrong side and then lightly from the right side. The completed block should measure approximately 30 cm × 30 cm (12" × 12"), as indicated by the reference chart.

Step 6: Square Up and Finish the Quilt Block

Place the completed block on your cutting mat and position a square quilting ruler over it. Check that the center of the star is aligned with the ruler's diagonal markings.

Before trimming anything, inspect all four sides. You want to preserve enough fabric around the star points so they will not disappear into the seam when the block is joined to another block or border.

Trim only what is necessary to create straight, square edges. If your block is slightly smaller than the target measurement, do

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not continue trimming simply to make the edges perfectly match a nominal size. Consistency is more useful than unnecessarily reducing the block.

Check the center once more. Eight separate units meet there, creating considerable seam bulk. Pressing seams in appropriate directions and carefully nesting intersections will help keep this area flatter.

The completed 30 cm × 30 cm star block can be used individually for a cushion front or combined with additional blocks for a larger quilting project. Multiple blocks can create quilts, table toppers, wall hangings, runners, or decorative panels.

For repeated blocks, make one complete test block first. Once you are satisfied with the dimensions and seam alignment, use the same cutting and sewing process for every subsequent block.

Key Sewing Methods Used

Accurate rotary cutting is essential for this design. Use a sharp rotary blade, a non-slip quilting ruler, and a cutting mat. Always measure from the ruler rather than from a previously cut fabric edge whenever possible.

Straight seam sewing keeps the strip sets uniform. A quilting foot or a 1/4-inch presser foot can make the 0.75 cm seam allowance easier to maintain consistently.

Pressing seams is different from ironing clothing. Rather than moving the iron vigorously back and forth, press it down, lift it, and reposition it. This reduces distortion, particularly along bias edges.

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45-degree cutting creates the diagonal geometry responsible for the star. Use the 45-degree marking printed on your quilting ruler to establish the angle accurately.

Matching points is especially important at the center. Align seam intersections before aligning the remaining edges. Pinning through the exact intersection on both layers can help hold the center in position while sewing.

Helpful Tips for a Neater Block

Use the same 0.75 cm (1/4") seam allowance throughout the project. Changing seam width by even a small amount can alter the dimensions of the pieced sections and make the final quadrants difficult to align.

Press after each major construction step. A flat unit is much easier to measure, trim, and join accurately than a unit containing folded or twisted seam allowances.

When cutting at 45 degrees, make sure the ruler is firmly positioned before moving the rotary cutter. Cutting away from your body and keeping your fingers away from the ruler's cutting edge are basic but important rotary-cutting habits.

Choose fabrics with enough contrast to define the star. In this version, the dark green, bright pink, cream floral, green gingham, and solid pink background give each section a recognizable role in the overall design.

Pay special attention to the eight-point center. Matching that intersection carefully has a major effect on the finished appearance.

Finally, make a sample from scrap fabric if this is your first time constructing a diagonal strip-pieced star. It gives you a

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chance to practice the 45-degree cuts and center matching before using your favorite fabrics.

Final Result

After the last press, you will have a cheerful Pink and Green Eight-Point Star Quilt Block measuring approximately 30 cm × 30 cm (12" × 12"). The repeating floral and geometric fabrics create the appearance of layered star points while the solid pink corners frame the design.

The project is particularly useful for practicing several fundamental American quilting techniques in one block: strip piecing, rotary cutting, diagonal construction, accurate 1/4-inch seams, seam pressing, quadrant assembly, and point matching.

Once you understand the construction sequence, try changing the palette while preserving the contrast between the strips and background. Blues and creams can produce a traditional look, while holiday colors or scrap fabrics can turn the same construction into a completely different quilt block.