



AUTUMN SUNFLOWER TABLE RUNNER

CROCHET PATTERN & TUTORIAL (US TERMS)



FINISHED SIZE

Approximately
35 in (89 cm) long
x 11 in (28 cm) wide
(Adjust length by
adding more flowers)



MATERIALS

- Worsted Weight Cotton Yarn
- Brown, Mustard Yellow,
Orange, Rust, Burgundy,
Cream, Olive Green,
Leaf Green
- 3.5 mm (E/4) Crochet Hook
- Yarn Needle
- Scissors
- Blocking Mat (optional)

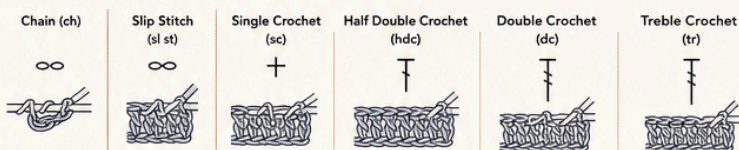
COLOR GUIDE (Suggested)

- Brown – Flower Center
- Mustard Yellow – Large Petals
- Burgundy / Rust – Medium Petals
- Cream – Small Center Petals
- Orange / Yellow / Red – Leaves
- Olive Green / Leaf Green – Leaves

ABBREVIATIONS (US TERMS)

ch = chain
sl st = slip stitch
sc = single crochet
hdc = half double crochet
dc = double crochet
trr = treble crochet
st(s) = stitch(es)
sp = space
* * = repeat
() = work in same stitch

BASIC STITCHES (US TERMS)



FLOWER MOTIF (Make as Many as Needed)

1 CENTER (Brown)

R1: Magic ring, ch 1,
6 sc in ring, sl st
to first sc (6)
R2: Ch 1, 2 sc in each
st around, sl st to
first sc (12)

2 LARGE PETALS (Mustard Yellow)

R3: Ch 1, (hdc, dc, tr,
dc, hdc) in next st,
sl st in next st.
Repeat around
(12 petals).
Fasten off.

3 MEDIUM PETALS (Burgundy / Rust)

R4: Join yarn in any
sp between large
petals. Ch 1, (hdc,
dc, hdc) in same sp,
sl st in next sp.
Repeat around
(12 petals).
Fasten off.

4 SMALL CENTER PETALS (Cream)

R5: Join yarn in any
front loop of
round 2. *Ch 3,
sl st in same st,
skip next st.*
Repeat around
(6 petals).
Fasten off.

FLOWER ASSEMBLED



LEAF MOTIF (Make as Many as Needed in Different Colors)

1 FOUNDATION

Ch 10.

2 ROW 1

Starting in 2nd ch
from hook:
sc, hdc, dc, hdc,
3 sc in last ch.

3 ROW 2 (Other Side)

Working on the
opposite side of
foundation ch:
hdc, dc, hdc, sc,
sl st in last ch.

4 SHAPE LEAF

Ch 1, sl st in next st,
hdc in next st,
dc in next st,
hdc in next st,
sl st in next st,
ch 1, sl st in tip st.
Fasten off.

5 FINISHED LEAF



LEAF VEIN (Optional)

Use tapestry needle
and yarn to
embroider a center
vein and side veins.

JOINING FLOWERS & LEAVES



Layout motifs as
desired. Join using
chain stitches:
• Attach leaves to
spaces between
petals.
• Connect flowers
by working chains
between motifs
(see diagram).

JOINING DIAGRAM (Top View)



○ = ch (chain)
• = sl st

ASSEMBLY

Repeat flower and leaf motifs
until runner reaches desired
length. Weave in all ends.
Block lightly for a flat,
beautiful finish.



BORDER (Optional)

Add a simple border around
the entire runner.

R1: Join yarn, sc evenly
around edges.
R2: Ch 1, hdc in each st
around, sl st to first hdc.
Fasten off.



MAIN STITCHES & METHODS USED

- Magic Ring – Adjustable ring to start in the round.
- Single Crochet (sc) – Basic stitch for tight fabric.
- Half Double Crochet (hdc) – Slightly taller stitch.
- Double Crochet (dc) – Adds height and shape.
- Treble Crochet (tr) – Tall stitch for petal shape.
- Slip Stitch (sl st) – For joining and finishing.
- Working in Rounds – For flower centers and petals.
- Working in Rows – For leaves.
- Chain Spaces – Used to join motifs together.

TIPS

- Block your motifs for a professional finish.
- Use a yarn needle to weave in ends neatly.
- Customize runner length by adding more flower sets.

- Try different color combinations for different seasons!



ENJOY YOUR HANDMADE CREATION!

This warm and cheerful table runner
will brighten any table and bring
the beauty of autumn into your home. ♥



Crochet Table Runner

Flower & Leaves

Diagram and Stitch Guide

DIAGRAM



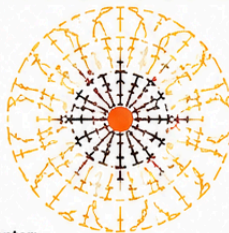
STITCH KEY (US TERMS)

- Chain (ch)
- × Slip Stitch (sl st)
- + Single Crochet (sc)
- T Half Double Crochet (hdc)
- ⌣ Double Crochet (dc)
- ⌣ Treble Crochet (tr)

ABBREVIATIONS (US TERMS)

- ch - chain
- sl st - slip stitch
- sc - single crochet
- hdc - half double crochet
- dc - double crochet
- tr - treble crochet

FLOWER (Make 3 Types)



Center:

Magic ring, ch 1.

Rnd 1: 12 sc in ring. Join with sl st.

Rnd 2: Ch 1, 12 hdc.

Rnd 3: Ch 1, (dc, ch 1) repeat 12 times.

Rnd 4: Ch 1, (2 tr, ch 1, 2 tr) in each ch-1 space. Join with sl st.

LEAF



Ch 12.

Row 1: Starting in 2nd ch from hook, sc, hdc, dc, hdc, sc, sl st.

Row 2: Ch 1, sc, hdc, dc, hdc, sc. Fasten off leaving a long tail.

JOINING

Arrange flowers and leaves as shown.

Join with chains:

Ch 6 to connect between flowers.

Ch 5 to attach leaves to the sides.

Adjust the length as desired by adding more flower motifs.

FINISHED EXAMPLE



COLOR SUGGESTION



TIPS

- Use medium weight cotton yarn for best results.
- Block the motifs to even the shape if needed.
- You can add more flowers for a longer runner.



Hook size:
3.5 mm – 4.0 mm
(E/4 – G/6)



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Autumn Sunflower Table Runner Crochet Pattern & Tutorial (US Terms)

Create a stunning **Autumn Sunflower Table Runner** featuring large sunflowers, layered burgundy flowers, and textured leaves. This pattern is worked as individual motifs that are joined together to create a table runner of any length. The tutorial uses **US crochet terminology** and is written so that beginners with basic crochet knowledge, as well as experienced crocheters, can complete the project successfully.

The finished runner shown measures approximately **35 inches (89 cm) long** and **11 inches (28 cm) wide**, but you can easily customize the size by adding or removing flower motifs.

Materials

Prepare all materials before beginning.

Yarn

Use **Worsted Weight Cotton Yarn** in the following colors:

- Brown
- Mustard Yellow
- Orange
- Rust
- Burgundy
- Cream
- Olive Green
- Leaf Green

Tools

- 3.5 mm (E/4) Crochet Hook
- Yarn Needle
- Sharp Scissors
- Stitch Markers (optional)
- Blocking Mat and Pins (optional but recommended)

Finished Size

Approximate dimensions:

- Length: **35 inches (89 cm)**
- Width: **11 inches (28 cm)**

To make a longer runner, simply crochet additional flowers and leaves before assembling.

Color Guide

Follow the same color placement shown in the original design.

Part	Color
Flower Center	Brown
Large Petals	Mustard Yellow
Medium Petals	Burgundy or Rust
Small Center Petals	Cream
Accent Leaves	Orange, Yellow or Red
Green Leaves	Olive Green and Leaf Green

Mix the leaf colors naturally to create an authentic autumn appearance.

Crochet Abbreviations (US Terms)

Abbreviation	Meaning
ch	chain
sl st	slip stitch
sc	single crochet
hdc	half double crochet
dc	double crochet
tr	treble crochet
st	stitch
sts	stitches
sp	space
* *	repeat
()	work in same stitch

Basic Stitches

Before beginning, make sure you are comfortable with these stitches.

Chain (ch)

Creates the foundation of the project.

Slip Stitch (sl st)

Used for joining rounds and connecting motifs.

Single Crochet (sc)

Produces a firm, compact fabric.

Half Double Crochet (hdc)

Slightly taller than single crochet and adds gentle texture.

Double Crochet (dc)

Provides height and softness.

Treble Crochet (tr)

Creates long decorative petals.

Flower Motif

Make as many flowers as necessary for your desired runner length.

Step 1 – Flower Center (Brown)

Create a Magic Ring.

Round 1

- Magic Ring
- Chain 1
- Work 6 sc into ring
- Join with a slip stitch to first sc

(6 stitches)

Round 2

- Chain 1
- Work 2 sc into each stitch around

- Join with slip stitch

(12 stitches)

Fasten off.

Step 2 – Large Mustard Petals

Join mustard yellow yarn.

Work around the flower creating **12 large petals**.

Each petal:

- Chain 3
- 1 hdc
- 1 dc
- 1 tr
- 1 dc
- 1 hdc
- Slip stitch into next stitch

Repeat around all petals.

Fasten off.

The flower should now resemble a sunflower.

Step 3 – Medium Burgundy Petals

Join burgundy yarn.

Work between each large petal.

Each petal:

- Chain 3
- 1 hdc
- 1 dc
- 1 hdc
- Slip stitch into joining space

Repeat around.

Fasten off.

These petals fill the spaces between the sunflower petals and create depth.

Step 4 – Small Cream Center Petals

Join cream yarn.

Work into the front loops around the center.

Each petal:

- Chain 2
- 3 dc
- Slip stitch into next stitch

Repeat six times.

Fasten off.

The layered flower is now complete.

Completed Flower

Each flower should contain:

- Brown center
- Cream inner petals
- Burgundy middle petals
- Mustard outer petals

The finished flower should be full, symmetrical and slightly raised.

Leaf Motif

Crochet leaves in different autumn colors.

Suggested colors:

- Olive Green
- Leaf Green
- Orange
- Mustard
- Rust

Step 1 – Foundation

Chain 10.

Step 2 – Row 1

Starting in the second chain from hook:

Work:

- sc
- hdc
- dc
- hdc
- dc
- dc
- hdc
- sc
- 3 sc in last chain

Do not fasten off.

Step 3 – Row 2 (Opposite Side)

Continue working around the opposite side of the foundation chain.

Work:

- sc
- hdc
- dc
- hdc
- dc
- hdc
- sc

Step 4 – Shape the Leaf

At the tip:

- ch 1
- sl st into next stitch
- hdc
- dc
- hdc
- sl st into next stitch

Fasten off leaving a yarn tail for joining.

Optional Leaf Veins

Using cream or lighter green yarn:

Embroider:

- One center vein
- Several small side veins

This simple embroidery makes the leaves appear much more realistic.

How Many Pieces to Make

For a runner similar to the sample:

- 3 Large Sunflowers
- 2 Burgundy Flowers
- 18–24 Leaves in assorted colors

You may increase or decrease these numbers depending on your desired length.

Joining Flowers and Leaves

Arrange all motifs on a flat surface before joining.

Alternate:

- Sunflower
- Burgundy Flower
- Sunflower
- Burgundy Flower
- Sunflower

Insert leaves naturally between flowers.

Join motifs using:

- Slip stitches
- Short chains
- Yarn needle

Connect flowers through the spaces between petals rather than through the petals themselves.

Attach leaves between flowers to soften transitions and create a natural flow.

Keep checking that the runner remains straight while joining.

Joining Layout

Arrange the motifs in this sequence:

Leaf → Flower → Leaf → Flower → Leaf → Flower

Alternate leaf colors throughout the runner.

Position orange and mustard leaves toward the outer edges for a balanced autumn palette.

Optional Border

After the entire runner has been assembled, work a simple edging.

Round 1

Join yarn at any corner.

Work:

- sc evenly around the entire table runner.

Place:

- 3 sc in each outer corner.

Join with slip stitch.

Round 2

- Chain 1
- 1 hdc in every stitch
- Slip stitch to first hdc

Fasten off.

This border creates a clean and polished finish while helping the runner maintain its shape.

Blocking

Blocking is highly recommended.

1. Lightly wet the finished runner.
2. Lay it flat on a blocking mat.
3. Shape every flower and leaf carefully.
4. Pin each point into position.
5. Allow to dry completely.

Blocking greatly improves stitch definition and gives the runner a professional appearance.

Finishing

Use a yarn needle to weave in every yarn tail securely.

Trim all remaining ends.

Inspect each join to ensure it is secure before using the runner.

Tips for Success

- Keep consistent yarn tension throughout the project.
- Block every flower before assembly for the best results.
- Mix leaf colors randomly for a realistic autumn effect.
- Weave in yarn ends as you finish each motif instead of waiting until the end.
- Arrange all pieces before joining to achieve a balanced composition.
- Cotton yarn provides the best stitch definition and helps the runner lie flat.
- Add extra flower sets to create a longer table runner for larger dining tables.

Care Instructions

- Hand wash using cool water and mild detergent.
- Do not bleach.
- Gently squeeze out excess water.
- Lay flat to dry.
- Steam lightly if needed without pressing directly onto the crochet.

Finished Project

Once completed, your **Autumn Sunflower Table Runner** will feature layered floral motifs, richly colored autumn leaves, and elegant joining that creates a beautiful seasonal centerpiece. The modular construction also makes it easy to customize the size for coffee tables, dining tables, buffets, or holiday displays, while maintaining the same floral arrangement and balanced autumn color palette shown in the original design.

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