

MODERN MOTHER & CHILD QUILT PANEL

STEP-BY-STEP TUTORIAL

A Fusion of Art, Precision & Love in Every Stitch



FINISHED SIZE
60 cm (W) x 80 cm (H)

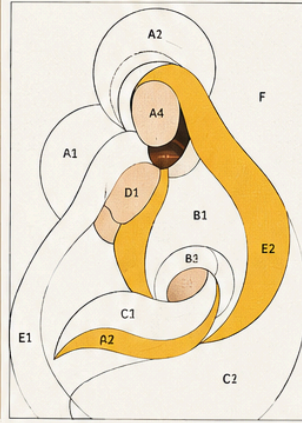
A modern art quilt panel with curved piecing technique.

FABRIC SELECTION

	Background (Black) 110 x 130 cm
	Light Cream 60 x 70 cm
	Warm White 60 x 70 cm
	Golden Yellow (Mottled) 50 x 60 cm
	Beige (Skin Tone) 30 x 40 cm
	Brown (Accent) 15 x 20 cm
	Backing Fabric 70 x 90 cm
	Batting (Warm & Natural) 70 x 90 cm

1. DESIGN OVERVIEW & PATTERN PIECES

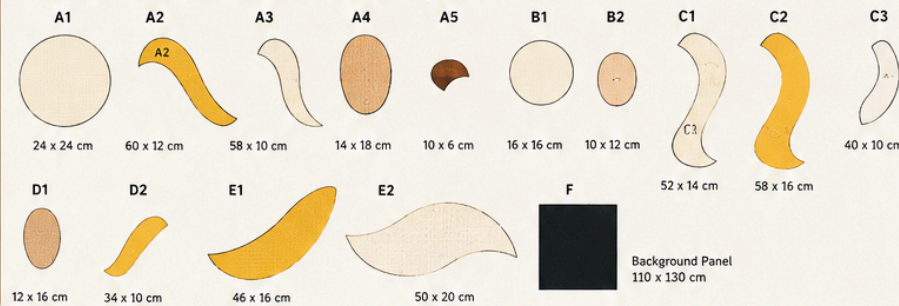
This design is made with CURVED PIECING.
Below are the pattern pieces to be cut.



PIECES LIST (CUT):

- A1 – Halo (Mother) – Cream (1)
- A2 – Head Cover Top – Yellow (1)
- A3 – Head Cover Inner – Cream (1)
- A4 – Face (Mother) – Beige (1)
- A5 – Neck/Shawl – Brown (1)
- B1 – Halo (Child) – Cream (1)
- B2 – Head (Child) – Beige (1)
- C1 – Wrap Left – Cream (1)
- C2 – Wrap Right – Yellow (1)
- C3 – Inner Wrap – Cream (1)
- D1 – Body Under – Beige (1)
- D2 – Swaddle – Yellow (1)
- E1 – Lower Flow Left – Yellow (1)
- E2 – Lower Flow Right – Cream (1)
- F – Background – Black (1 large panel)

2. CUTTING INSTRUCTIONS (ALL SEAM ALLOWANCES 0.7 cm)



IMPORTANT TIPS

- Use starch or Best Press for accurate curved piecing.
- Cut fabrics precisely.
- Always Pin & Align at midpoints first.
- Press seams gently, open or to the darker fabric.
- Take your time—curves are smooth with patience.

3. SEWING – STEP BY STEP

STEP 1 Prepare Faces & Halos Sew A4 (face) into A1 (halo). Ease the curve gently.	STEP 2 Head Cover Assembly Place A3 inside A2, right sides together. Sew along the outer curve. Press.	STEP 3 Attach Head Cover to Face Pin head cover to face (A4). Sew slowly. Press.	STEP 4 Add Neck/Shawl Attach A5 under the face. Press.	STEP 5 Child Halo & Head Sew B2 into B1 circle. Press.	STEP 6 Inner Wrap (C3) Prepare C3 by folding along the curve. Press.
STEP 7 Wrap Left (C1) Pin C1 along the left side of the mother. Sew & press.	STEP 8 Wrap Right (C2) Pin C2 on the right side. Sew & press.	STEP 9 Join Around the Child Attach C3 around the child area. Adjust and sew.	STEP 10 Body & Swaddle Attach D1 (body under) then D2 (swaddle). Press seams.	STEP 11 Lower Flow Pieces Attach E1 on left and E2 on right. Sew & press.	STEP 12 Complete Panel Check all seams. Press well. Trim if needed.

4. QUILT ASSEMBLY

1. Layer quilt top, batting and backing.
2. Baste the layers.
3. Quilt as desired (echo quilting or outline the shapes).
4. Trim excess batting and backing.
5. Bind all sides with 6.5 cm binding strips.
6. Miter the corners for a clean finish.

5. BINDING – HOW TO

• Cut 6.5 cm binding strips.	• Join strips with 45° diagonal seam.	• Fold in half lengthwise.	• Sew binding to front, miters at corners.	• Fold to back and hand stitch or machine stitch.

6. FINISHED QUILT



LEGEND – MAIN QUILTING & SEWING METHODS USED

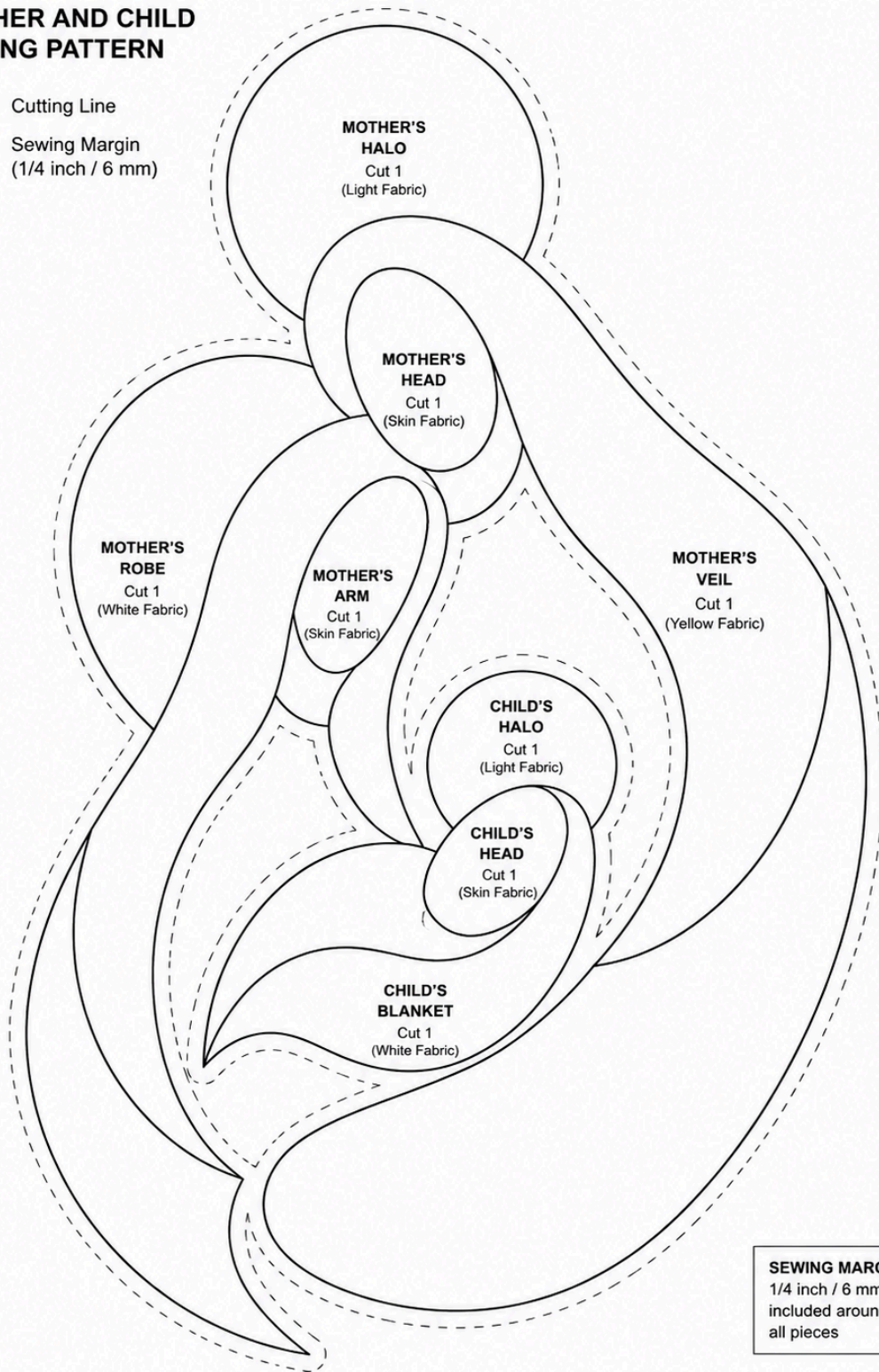
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♥ SEW WITH LOVE. QUILT WITH PURPOSE. ♥

Enjoy your modern art quilt!

MOTHER AND CHILD SEWING PATTERN

- Cutting Line
- - - Sewing Margin (1/4 inch / 6 mm)



SEWING MARGIN:
1/4 inch / 6 mm
included around
all pieces

Modern Mother & Child Quilt Panel Tutorial

This **Modern Mother & Child Quilt Panel** is a curved art quilt measuring **60 cm wide x 80 cm high**. It uses soft cream, warm white, golden yellow, beige, brown, and black fabric to create a peaceful mother-and-child design.

Finished size: **60 cm W x 80 cm H**

Seam allowance: **0.7 cm unless otherwise noted**

Materials and Fabric Selection

You will need:

Background black fabric: 110 x 130 cm

Light cream fabric: 60 x 70 cm

Warm white fabric: 60 x 70 cm

Golden yellow mottled fabric: 50 x 60 cm

Beige skin-tone fabric: 30 x 40 cm

Brown accent fabric: 15 x 20 cm

Backing fabric: 70 x 90 cm

Batting: 70 x 90 cm

You will also need thread, pins, fabric scissors, iron, sewing machine, quilting ruler, and tracing paper or pattern template paper.

Pattern Pieces to Cut

Cut each piece carefully:

A1: Mother halo, cream, cut 1

A2: Head cover top, yellow, cut 1

A3: Head cover inner, cream, cut 1

A4: Mother face, beige, cut 1

A5: Neck/shawl, brown, cut 1

B1: Child halo, cream, cut 1

B2: Child head, beige, cut 1

C1: Wrap left, cream, cut 1

C2: Wrap right, yellow, cut 1

C3: Inner wrap, cream, cut 1

D1: Body under, beige, cut 1

D2: Swaddle, yellow, cut 1

E1: Lower flow left, yellow, cut 1

E2: Lower flow right, cream, cut 1

F: Background panel, black, cut 1 large panel.

Cutting Instructions

Trace all pieces from the pattern before cutting your fabric.

Cut slowly, especially around curves. The beauty of this quilt comes from smooth curved shapes, so accuracy is important.

Mark the center points and curve points on each piece. These marks will help you align the fabric when sewing.

Use starch or Best Press if needed. This helps the curved pieces stay stable while sewing.

Do not stretch the curves while cutting or sewing.

Step 1: Prepare the Mother Face and Halo

Place piece **A4**, the mother's face, inside piece **A1**, the cream halo.

Align the center marks carefully.

Sew slowly around the curve using the 0.7 cm seam allowance.

Press the seam gently toward the darker fabric.

The face should sit smoothly inside the halo without puckers.

Step 2: Assemble the Head Cover

Place **A3** inside **A2**, right sides together.

Sew along the outer curved edge.

Clip small notches along the curve if needed, being careful not to cut the stitches.

Turn and press the seam flat.

This creates the soft curved yellow head covering with the cream inner section.

Step 3: Attach the Head Cover to the Face

Position the assembled head cover over the mother's face area.

Pin first at the center, then at both ends.

Sew slowly around the curve.

Press carefully after sewing.

The yellow head cover should flow down smoothly along the face.

Step 4: Add the Neck and Shawl

Place piece **A5**, the brown neck/shawl piece, under the face.

Align it with the lower part of the head.

Sew and press gently.

This small dark accent creates depth and contrast in the mother figure.

Step 5: Prepare the Child Halo and Head

Place **B2**, the child's head, inside **B1**, the cream halo.

Pin at the top, bottom, and sides.

Sew around the curve slowly.

Press the seam flat.

The child's head should be centered inside the halo.

Step 6: Prepare the Inner Wrap

Take piece **C3**, the inner cream wrap.

Fold and shape it along the curved line shown in the tutorial.

Press before sewing.

This piece will later wrap around the child area and help create the soft protective shape.

Step 7: Attach the Left Wrap

Place **C1**, the cream left wrap, along the left side of the mother figure.

Pin carefully along the curve.

Sew slowly and press.

This piece forms the large flowing protective curve around the mother and child.

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Step 8: Attach the Right Wrap

Place **C2**, the yellow right wrap, on the right side.

Align the top and bottom points before sewing.

Sew with patience because this is a long curved piece.

Press the seam smoothly.

The yellow curve should look graceful and balanced.

Step 9: Join Around the Child

Place the prepared child halo and head inside the wrap area.

Add **C3** around the child section.

Adjust the curves until the child sits naturally within the mother's arms.

Pin at all important points before sewing.

Sew slowly and press after each seam.

Step 10: Add the Body and Swaddle

Attach **D1**, the beige body-under piece.

Then add **D2**, the yellow swaddle.

Keep the curves soft and rounded.

Press seams gently after sewing.

This step gives shape to the child's wrapped body.

Step 11: Add the Lower Flow Pieces

Attach **E1**, the yellow lower flow piece, on the left side.

Attach **E2**, the cream lower flow piece, on the right side.

These pieces complete the elegant lower movement of the design.

Sew slowly and check that the curves remain smooth.

Press well.

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Step 12: Complete the Main Panel

Now arrange the full mother-and-child design onto the black background panel **F**.

Check the placement before sewing.

The figure should be centered with space around the edges.

Pin everything securely.

Sew all appliqué and curved sections in place.

Trim any uneven edges if needed.

Quilt Assembly

Layer the quilt top, batting, and backing fabric.

Smooth each layer carefully.

Baste the layers together using pins or spray baste.

Quilt as desired.

You can echo quilt around the curved shapes or use soft free-motion quilting in the background.

Trim the excess batting and backing after quilting.

Binding the Quilt

Cut binding strips **6.5 cm wide**.

Join the strips with 45-degree diagonal seams.

Fold the binding in half lengthwise and press.

Sew the binding to the front of the quilt.

Miter the corners neatly.

Fold the binding to the back and finish by hand or machine stitching.

Important Tips

Use starch or Best Press for accurate curved piecing.

Cut all fabrics precisely.

Always pin and align midpoints first.

Press seams gently and open or toward the darker fabric.

Take your time with curves.

Do not rush the sewing process.

Finished Quilt

After binding, press the quilt one final time.

Check all seams and trim loose threads.

Your **Modern Mother & Child Quilt Panel** is now complete.

This quilt is a beautiful art piece full of love, movement, and meaning — perfect for wall décor, gifting, or a handmade keepsake.

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