

# PATCHWORK TEDDY BEAR

## SEWING & QUILT TUTORIAL

Finished size: 22 cm (height) x 18 cm (width)

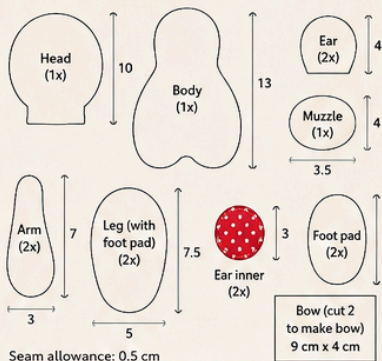
This sweet patchwork teddy bear is made with felt and fabric using simple hand sewing and appliqué techniques. Perfect for decor, gifts or baby room.



### MATERIALS

- Felt: camel (body), beige (muzzle)
- Cotton fabric (ears, arms, bow, foot pads)
- Embroidery floss (brown, black, pink, green)
- Black safety eyes (6 mm)
- Polyester fiberfill
- Hand sewing needle
- Fabric scissors
- Pins
- Water soluble marker or fabric pencil

### PATTERN PIECES (all measurements in cm)



### STEP-BY-STEP INSTRUCTIONS

#### 1 PREPARE PIECES



Cut all parts using the pattern above. Transfer any markings with a water soluble marker.

#### 2 APPLIQUÉ DETAILS



Appliqué the muzzle onto the face with a blanket stitch. Appliqué the ear inners to the ears.

#### 3 EMBROIDER FACE



Embroider the mouth with brown floss. Stitch the nose with satin stitch or French knots.

#### 4 ASSEMBLE HEAD



Place front and back of the head right sides together. Blanket stitch around the edge, leaving the bottom open.

#### 5 PREPARE ARMS & LEGS



Appliqué foot pads to leg pieces. Place arm pieces right sides together and stitch around. Do the same for legs.

#### 6 STUFF & CLOSE OPENINGS



Turn all limbs right side out. Stuff lightly with fiberfill. Stitch openings closed.

#### 7 ATTACH LIMBS



Position arms and legs on the body. Pin in place and sew with small stitches around the edges.

#### 8 ATTACH HEAD



Place the head on top of the body. Pin and stitch securely around the neck.

#### 9 MAKE & ATTACH BOW



Make the bow: fold the rectangle in half, stitch, turn, and cinch the center. Wrap a small strip around the center. Stitch the bow under the chin.

#### 10 EMBROIDER FLOWERS



Embroider flowers, leaves and the heart at the base using stem stitch, French knots and satin stitch.

#### 11 FINAL TOUCHES



Check all stitches, trim threads, and shape your teddy. Your patchwork teddy is ready!

#### 12 DONE!



Enjoy your handmade teddy bear or gift it with love!

### LEGEND – MAIN SEWING & QUILT METHODS (US STYLE)

Running Stitch  
(Simple running stitch for seams)



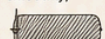
Backstitch  
(Strong stitch for seams and details)



Blanket Stitch  
(For edges and appliqué)



Satin Stitch  
(Fill small areas smoothly)



French Knot  
(Add small knots for texture)



Stem Stitch  
(For lines, stems and curves)



Appliqué  
(Sew fabric shapes onto base fabric)



Stuffing  
(Use fiberfill for a soft shape)



### TIPS

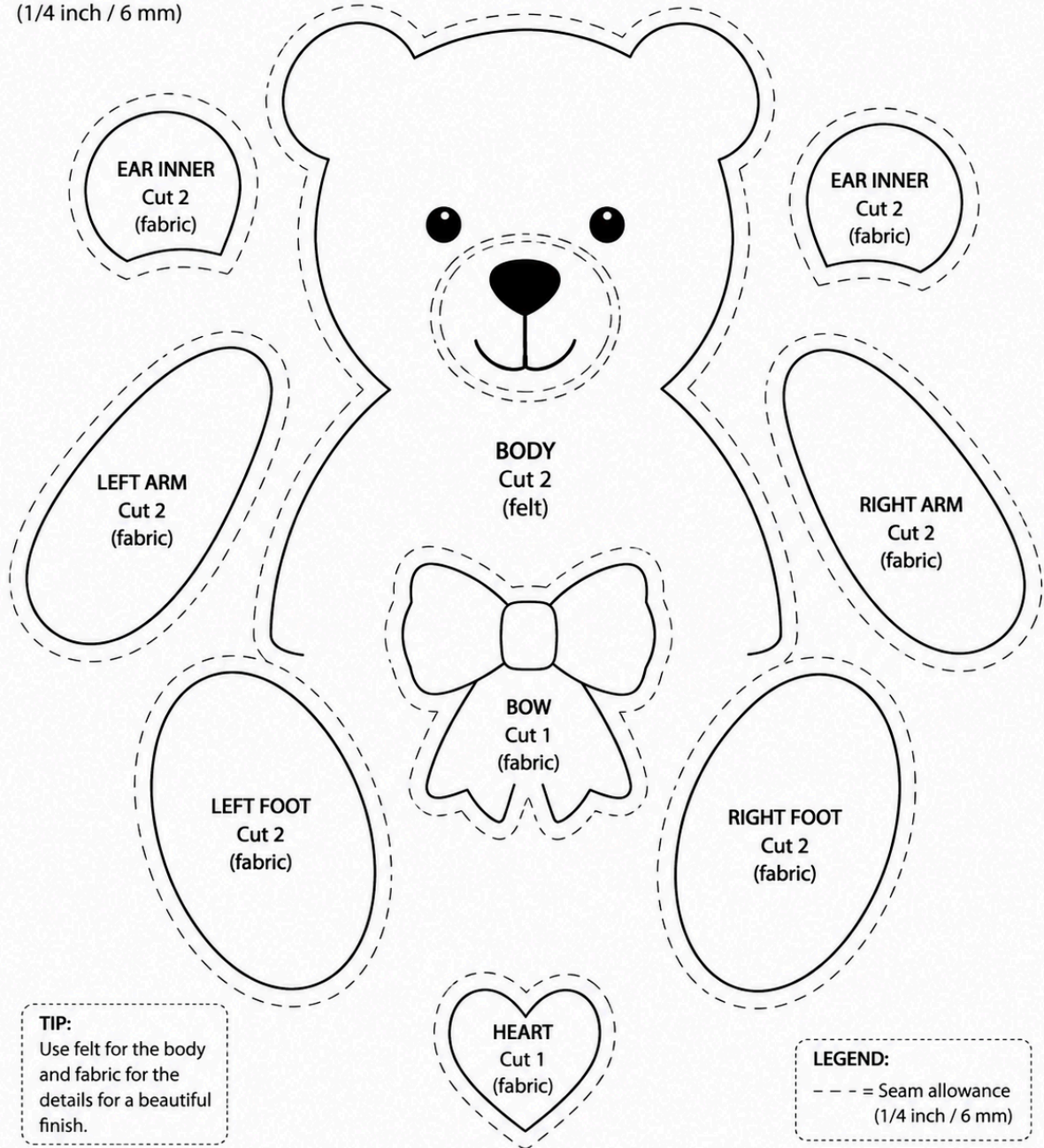
- Use short stitches for a neat finish.
- Keep stitches even and not too tight.
- Knot the thread securely at the beginning and end.
- Use pins to hold pieces before sewing.
- Practice stitches on scrap fabric first.

### CARE INSTRUCTIONS

- ☹ Spot clean only
- ☒ Do not machine wash
- ☒ Do not bleach
- ☹ Keep away from fire

## TEDDY BEAR PATTERN

Seam allowance included  
(1/4 inch / 6 mm)



# Patchwork Teddy Bear Sewing & Quilt Tutorial

**Finished size: 22 cm tall x 18 cm wide**

**Seam allowance: 0.5 cm**

## **Materials**

**You will need camel felt for the body, beige felt for the muzzle, cotton fabric scraps for the ears, arms, bow, and foot pads, embroidery floss in brown, black, pink, and green, 6 mm black safety eyes, polyester fiberfill, hand sewing needle, fabric scissors, pins, and a water-soluble marker or fabric pencil.**

## **Step 1: Prepare the Pattern Pieces**

**Cut all pieces following the pattern measurements: head, body, ears, arms, legs with foot pads, muzzle, inner ears, foot pads, and bow.**

**Transfer any markings with a water-soluble marker. Keep each pair together so the pieces stay organized before sewing.**

## **Step 2: Add the Appliqué Details**

**Place the beige muzzle on the front head piece. Sew it with a blanket stitch around the edge.**

**Add the red fabric inner ears to the ear pieces and sew them with the same stitch. Attach the colorful foot pads to the leg pieces.**

## **Step 3: Embroider the Face**

**Attach the black safety eyes evenly above the muzzle.**

**Embroider the nose using brown floss with a satin stitch. Add the mouth with a curved stitch, then make small details with black or brown thread.**

#### **Step 4: Assemble the Head**

Place the front and back head pieces right sides together.

Sew around the head using a blanket stitch, leaving the bottom open for stuffing and attaching to the body.

#### **Step 5: Prepare the Arms and Legs**

Place each arm piece right sides together and stitch around the edge, leaving a small opening.

Repeat with the legs. Make sure the foot pads face outward when turned.

#### **Step 6: Stuff and Close the Limbs**

Turn the arms and legs right side out.

Lightly fill each piece with polyester fiberfill. Do not overstuff, because the teddy should stay soft and slightly flat like a quilted plush. Close the openings with small hand stitches.

#### **Step 7: Assemble the Body**

Place the body front and back together.

Sew around the edges with short, even blanket stitches. Leave a small opening, add fiberfill, then close the opening securely.

#### **Step 8: Attach the Arms and Legs**

Position the arms on each side of the body and pin them in place.

Attach them with small secure stitches around the top edge. Do the same with the legs at the bottom of the body.

## **Step 9: Attach the Head**

Place the head on top of the body, centered at the neck.

Pin it in place and sew securely around the neck area using small hidden stitches. Make sure the head is firm and straight.

## **Step 10: Make and Attach the Bow**

Cut a rectangle about 9 cm x 4 cm for the bow.

Fold it in half, stitch, turn it right side out, and pinch the center. Wrap a small fabric strip around the middle and stitch it closed. Sew the bow under the teddy bear's chin.

## **Step 11: Embroider the Flowers**

Use green floss to embroider stems and leaves with a stem stitch.

Make small flowers with French knots and satin stitches. Add a small heart at the base if desired.

## **Step 12: Final Touches**

Check all stitches and trim loose threads.

Shape the teddy gently with your hands. Make sure the arms, legs, bow, ears, and face are secure.

## **Care Instructions**

Spot clean only.

Do not machine wash.

Do not bleach.

Keep away from fire.

**Done!** 

**Your handmade Patchwork Teddy Bear is ready. Use it as nursery decor, a handmade gift, or a sweet sewing project made with love.**