

FLOWER QUILT BLOCK – STEP BY STEP TUTORIAL

Finished size: 50 cm x 50 cm (19.7" x 19.7")

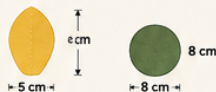
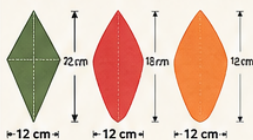
MATERIALS & SUPPLIES

- Cotton fabric (quilting weight)
- Matching thread
- Sewing machine
- Iron and ironing board
- Fabric scissors or rotary cutter
- Cutting mat & ruler
- Pins or fabric clips
- Marking pen
- Needle for hand sewing
- Batting (for quilt)
- Backing fabric (for quilt)

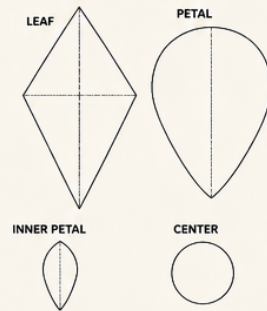
FABRIC COLORS & CUTTING

All measurements include
0.7 cm seam allowance

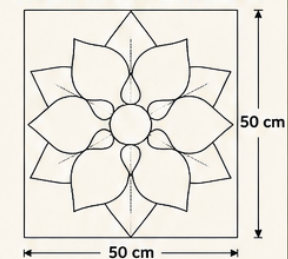
- | | | |
|---|-----------------------|----------|
|  | Leaves (dark green) | 4 pieces |
|  | Petals (coral red) | 4 pieces |
|  | Petals (orange) | 4 pieces |
|  | Inner petals (yellow) | 8 pieces |
|  | Center (dark green) | 1 piece |



TEMPLATES (Actual Size)



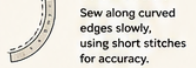
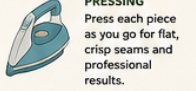
BLOCK LAYOUT & MEASUREMENTS



HOW TO MAKE – STEP BY STEP

1 CUT THE FABRIC  Cut all pieces using the measurements listed. Transfer markings if needed.	2 PREPARE THE INNER PETALS  Fold each yellow piece in half lengthwise, wrong sides together, and press. Open and fold the edges toward the center fold. Press again.	3 POSITION THE INNER PETALS  Place the folded inner petals between the large petals as shown. Pin in place without sewing.	4 JOIN THE PETALS  Using applique or curved piecing, sew the large petals together with the inner petals in between.	5 ATTACH THE CENTER  Pin the center circle to the middle and applique or stitch around the edge.
6 PREPARE THE LEAVES  Turn the leaves right side out through the open edge; iron the center.	7 TURN & PRESS  Fold each leaf in half lengthwise, right sides together. Sew along the curved sides, leaving the straight edge open.	8 ARRANGE THE LEAVES  Position the leaves behind the flower, aligning the points between the petal tips. Press flat.	9 APPLIQUE TOGETHER  Applique or stitch all pieces in place to secure the design.	10 QUILT YOUR BLOCK  Layer with batting and backing. Quilt as desired. Trim block to 50 cm x 50 cm square.

MAIN SEWING & QUILTING METHODS USED

APPLIQUE  Attach pieces to the background fabric using small, invisible stitches around the edge.	PINNING  Use pins or clips to hold pieces in place before sewing.
CURVED SEAM  Sew along curved edges slowly, using short stitches for accuracy.	HAND APPLIQUE  Use a small slip stitch for invisible hand applique.
PRESSING  Press each piece as you go for flat, crisp seams and professional results.	QUILTING  Stitch through all layers to create texture and secure the quilt.

DONE!



Your beautiful Flower Quilt Block is complete!
Finished size: 50 cm x 50 cm (19.7" x 19.7")

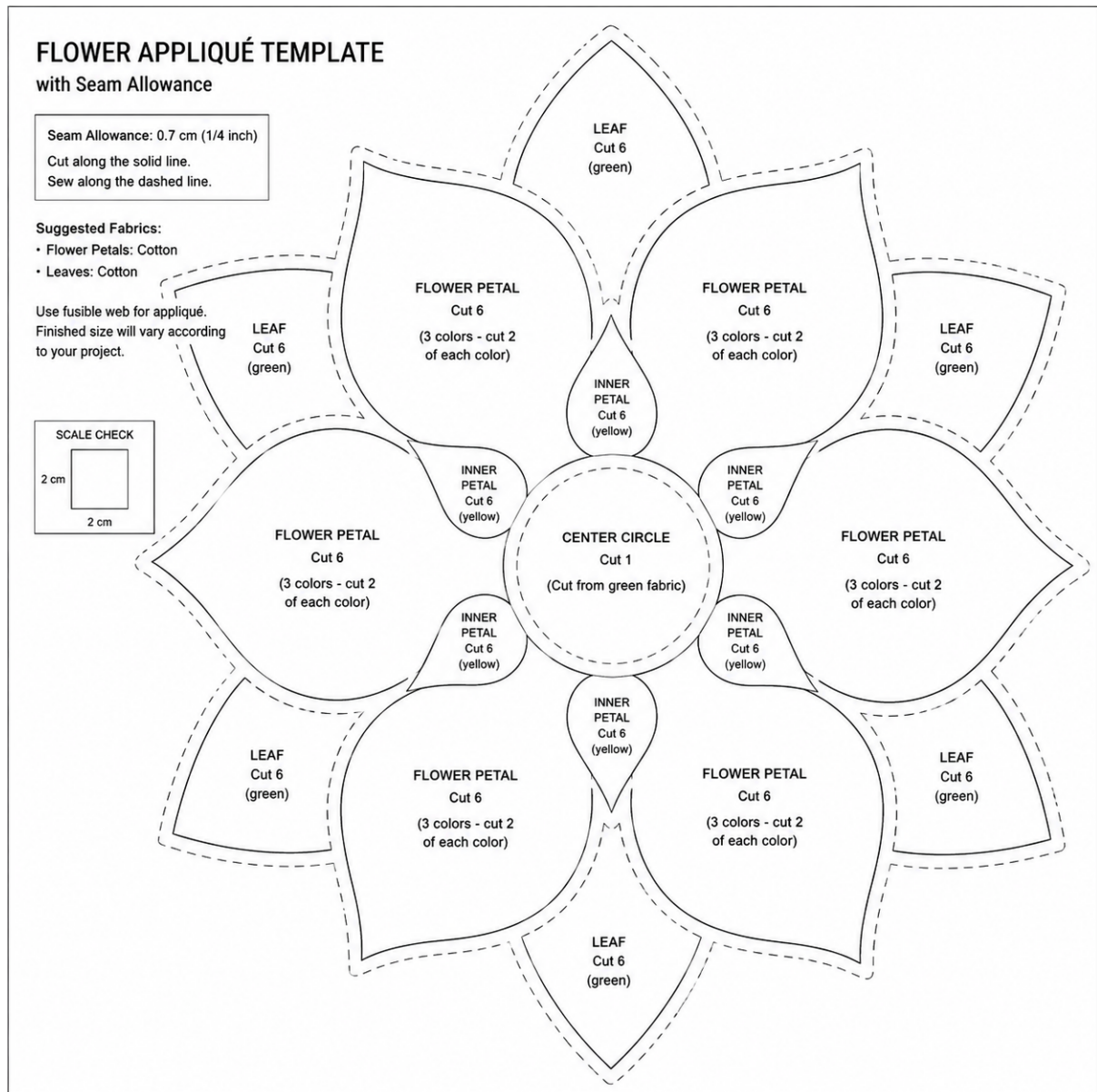
TIPS FOR BEST RESULTS

- ✓ Use high quality cotton fabric.
- ✓ Press every piece before and after sewing.
- ✓ Use pins for accurate placement.
- ✓ Take your time with curved seams.
- ✓ Applique by hand for a softer, more traditional look.
- ✓ Practice your stitches on scrap fabric first.

NOTE

This block can be used in quilts, cushion covers, wall hangings, table toppers and more!

Enjoy creating your own Flower Quilt Block! ❤️



<https://creative.craftsforlove.com/> - SEE THE BEST PATTERNS

Flower Quilt Block – Step-by-Step Tutorial

Create a stunning Flower Quilt Block with this detailed beginner-friendly tutorial. This guide is based on the layout, measurements, templates, and construction sequence shown

in the tutorial chart. Every step has been expanded with clear explanations so that anyone in the United States, from beginners to experienced quilters, can successfully complete this beautiful 19.7" × 19.7" (50 cm × 50 cm) quilt block.

This project combines appliqué, curved sewing, careful pressing, and quilting techniques to produce a dimensional floral block that works beautifully in quilts, pillows, wall hangings, table toppers, and many other sewing projects.

Take your time with each step, press frequently, and enjoy the process. 🌸 🧵

Materials and Supplies

Before beginning, gather everything you'll need.

Fabric

- Lightweight quilting cotton
- Dark green fabric for leaves
- Coral red fabric for petals
- Orange fabric for petals
- Yellow fabric for inner petals
- Dark green fabric for the center circle
- Batting (if quilting)
- Backing fabric

Sewing Supplies

- Sewing machine
- Matching thread
- Hand sewing needle
- Fabric scissors or rotary cutter
- Self-healing cutting mat
- Quilting ruler
- Fabric marking pen or pencil
- Straight pins or sewing clips

- Iron and ironing board

Fabric Pieces and Cutting Guide

All measurements include approximately ¼ inch (0.7 cm) seam allowance.

Cut the following pieces:

Leaves (Dark Green)

- 4 leaf pieces
- Approximately 12 cm wide × 22 cm tall

Coral Red Petals

- 4 petals
- Approximately 12 cm wide × 18 cm tall

Orange Petals

- 4 petals
- Approximately 12 cm wide × 18 cm tall

Yellow Inner Petals

- 8 pieces
- Approximately 5 cm wide × 8 cm tall

Center Circle

- 1 circle
- 8 cm diameter

Carefully transfer any center fold lines or alignment marks before sewing.

Prepare the Templates

Create reusable templates from cardstock, acrylic, or template plastic.

You will need templates for:

- **Large leaf**
- **Large petal**
- **Small inner petal**
- **Center circle**

Trace each template accurately before cutting your fabric.

Step 1 – Cut the Fabric

Using the templates, carefully cut every fabric piece.

Place the templates on the straight grain whenever possible to maintain stability.

Work slowly and cut smooth curves for professional-looking petals.

Double-check your quantity before moving on.

You should have:

- **4 leaves**
- **4 coral petals**
- **4 orange petals**
- **8 yellow inner petals**
- **1 center circle**

Step 2 – Prepare the Inner Petals

Fold each yellow inner petal in half lengthwise with the right sides together.

Sew along the curved edge using a small seam allowance.

Trim excess seam allowance if necessary.

Turn the piece right side out.

Use a turning tool or blunt stick to gently push out the curved edge.

Press carefully with the iron so the fold remains centered.

Repeat for all eight inner petals.

Step 3 – Position the Inner Petals

Lay four large petals on your work surface.

Alternate colors:

- Orange
- Coral
- Orange
- Coral

Continue until all eight petals form a complete flower.

Slide one yellow inner petal between every pair of large petals.

The pointed ends should face toward the center.

The rounded ends should point outward.

Pin everything in place without sewing yet.

Check spacing before continuing.

Step 4 – Join the Large Petals

Using small curved seams, begin sewing neighboring petals together.

Work one connection at a time.

Do not rush.

Curved seams become much easier if you sew slowly.

Finger-press the seams first.

Then press gently with the iron.

Continue around the flower until all petals form one circular unit.

The center should remain open.

Step 5 – Attach the Center Circle

Place the dark green center circle over the middle opening.

Pin evenly around the circle.

Use either:

- **Machine appliqué**
- **Hand appliqué**

If sewing by machine:

Use a narrow zigzag stitch or blanket stitch.

If sewing by hand:

Use tiny invisible appliqué stitches.

The center should completely cover the petal seams.

Press after stitching.

Step 6 – Prepare the Leaves 🌿

Fold every leaf lengthwise with right sides together.

Sew along the curved edge.

Leave the straight edge open.

Trim seam allowance.

Turn each leaf right side out.

Use a turning tool to shape the point.

Press carefully.

A center crease naturally forms the leaf vein.

Repeat for all four leaves.

Step 7 – Turn and Press

Good pressing makes an enormous difference.

Press each leaf so the curved sides remain smooth.

Keep the center fold crisp.

Avoid stretching the bias edges.

Likewise, lightly press every flower petal.

Never drag the iron.

Lift and press instead.

This keeps the shapes symmetrical.

Step 8 – Arrange the Leaves

Lay the completed flower on your background fabric.

Position one leaf behind each pair of petals.

The leaf tips should extend evenly around the flower.

Adjust until everything looks balanced.

Measure from the center to ensure equal spacing.

Pin the leaves securely.

Step 9 – Appliqué Everything Together

Now permanently attach the design.

Begin with the leaves.

Then secure the flower over them.

Finally stitch around the center circle if needed.

Suitable stitches include:

- **Blanket stitch**
- **Narrow zigzag**
- **Straight edge stitch**
- **Invisible hand appliqué**

Work slowly around every curve.

Remove pins as you sew.

Press after finishing.

Step 10 – Quilt the Block

Layer your quilt sandwich.

From bottom to top:

- **Backing fabric**
- **Batting**
- **Flower block**

Smooth away wrinkles.

Pin or baste all layers.

Quilt as desired.

Popular quilting ideas include:

- **Echo quilting around petals**
- **Stitch-in-the-ditch**
- **Free-motion quilting**
- **Gentle background fillers**

Trim the finished block to exactly:

19.7" × 19.7" (50 cm × 50 cm)

Main Sewing Methods Used

Appliqué

Appliqué attaches one fabric piece onto another.

It provides crisp edges and beautiful dimension.

Use either machine or hand stitching.

Curved Seams

Curved seams require patience.

Sew slowly.

Stop occasionally with the needle down.

Pivot slightly while guiding the fabric.

Never pull the fabric through the machine.

Pressing

Press after every important seam.

Professional quilters often say:

Pressing is just as important as sewing.

Flat seams create a much more accurate finished block.

Pinning

Use plenty of pins.

Curved pieces shift easily.

Additional pins help maintain perfect alignment.

Hand Appliqué

For a softer traditional appearance, finish the appliqué by hand.

Use matching thread.

Tiny stitches become nearly invisible.

Quilting

Quilting secures all layers while adding texture.

Choose a quilting pattern that complements the flower rather than competing with it.

Tips for the Best Results 🌟

- **Wash and press fabric before cutting if shrinkage is a concern.**
- **Use high-quality quilting cotton.**
- **Replace dull rotary blades frequently.**
- **Mark all centers before assembling.**
- **Sew slowly on curved seams.**
- **Press often instead of ironing back and forth.**
- **Use matching thread for cleaner stitching.**
- **Test stitches on fabric scraps first.**
- **Keep seam allowances consistent.**
- **Trim threads throughout the project for a professional finish.**

Finished Size

Your completed Flower Quilt Block measures:

19.7 inches × 19.7 inches (50 cm × 50 cm)

It can now be incorporated into many quilting projects including:

- Full quilts
- Table runners
- Table toppers
- Wall hangings
- Cushion covers
- Tote bags
- Decorative panels
- Seasonal home décor

Final Thoughts

Congratulations! You have completed your beautiful Flower Quilt Block. By carefully following each step—from cutting the fabric and preparing the petals to arranging the leaves, appliquéing the design, and quilting the finished block—you've created a vibrant floral quilt block that is both elegant and versatile. Take your time with every stage, enjoy the creative process, and don't worry if your first block isn't perfect; every project builds your quilting skills. Whether you use this block in a larger quilt or as a standalone decorative piece, it is sure to become a beautiful handmade creation you'll be proud to display or gift. Happy quilting!  