

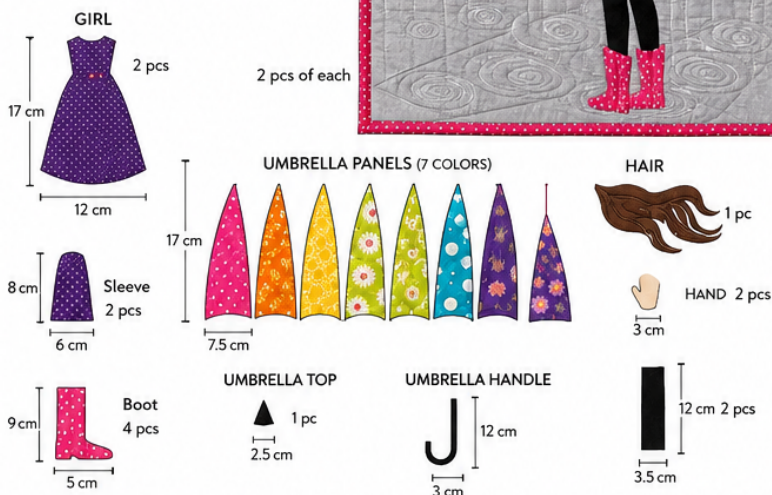
RAINY DAY GIRL – QUILT TUTORIAL

Finished Size: 50 cm x 65 cm

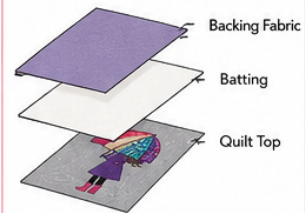
MATERIALS

- Assorted cotton fabrics
- Background (gray): 60 cm x 75 cm
- Binding (pink with dots): 220 cm x 6 cm
- Batting: 60 cm x 75 cm
- Backing fabric: 60 cm x 75 cm
- Fusible web
- Thread to match fabrics
- Quilting thread
- Sewing machine
- Rotary cutter, ruler, cutting mat
- Iron and ironing board

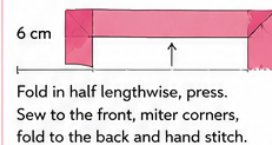
1. PATTERN & MEASUREMENTS (ALL SEAM ALLOWANCES 0.7 CM INCLUDED)



QUILT LAYERS



BINDING (PINK DOTS)



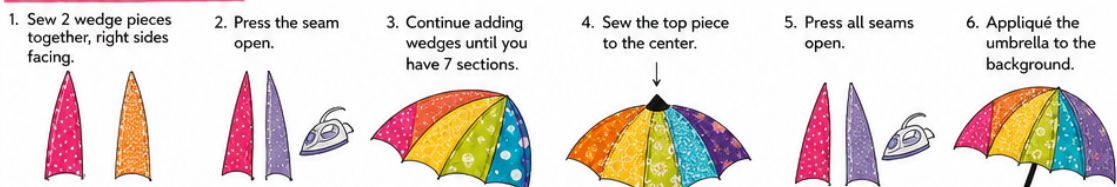
2. CUTTING GUIDE

- Cut all pieces according to the measurements above (include 0.7 cm seam allowance).
- Use fusible web to adhere the pieces to the background before sewing.
- Organize all pieces before starting.

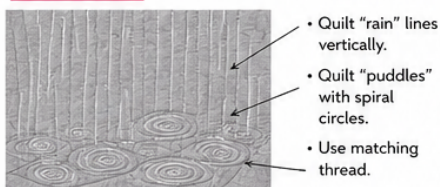
3. ASSEMBLY STEPS (APPLIQUE METHOD)

1. Fuse all pieces to the background fabric (gray).
2. Appliqué each piece using a small zigzag stitch or blanket stitch.
3. Follow the order:
Umbrella → Girl (body, sleeves, boots) → Hair → Hand → Legs → Handle.
4. Press gently as you go.

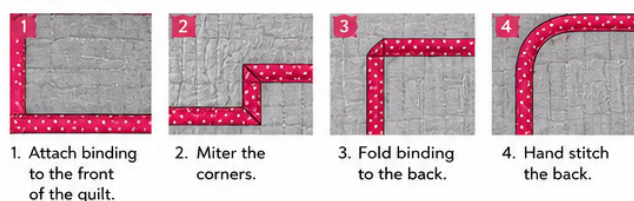
4. SEWING THE UMBRELLA



5. QUILTING



6. BINDING



7. FINAL TOUCH

Press the quilt.
Trim any loose threads.
Your quilt is ready!

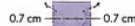


MAIN SEWING & QUILTING METHODS USED

- Appliqué (Fusible Web)
Adhere pieces with fusible web and sew around the edges.



- Seam Allowance
All pieces include 0.7 cm seam allowance.



- Pressing
Press seams open or to the side.



- Quilting
Free-motion quilting for rain and puddles.



- Binding
Miter corners and hand stitch the binding to finish.



NOTE: All measurements are in centimeters (cm). Adjust fabric quantities if making a larger or smaller quilt.

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Rainy Day Girl Quilt Tutorial

Complete Step-by-Step Appliqué Quilt Guide (Finished Size: 19¾" × 25½" / 50 cm × 65 cm)

 Create a charming **Rainy Day Girl Quilt** featuring a colorful umbrella using raw-edge fusible appliqué, quilting, and traditional binding techniques. This guide follows the original project closely while providing additional explanations so beginners and experienced quilters alike can confidently complete the quilt from start to finish.

H2: Project Overview

This quilt is created using **fusible appliqué**, where each fabric shape is fused onto the background before being stitched permanently. The project combines colorful cotton fabrics, decorative quilting, and a classic double-fold binding to create a finished wall hanging or decorative quilt.

Finished Size

- 50 cm × 65 cm
- Approximately 19¾" × 25½"

Skill Level

★ Beginner to Intermediate

Techniques You'll Learn

- Fusible appliqué
- Accurate fabric cutting
- Basic machine sewing
- Pressing techniques
- Free-motion or decorative quilting
- Quilt binding
- Mitered corners

H2: Materials and Supplies

Prepare everything before beginning the project.

Fabrics

- Assorted quilting cottons for the umbrella
- Gray cotton fabric for the background:
 - **60 cm × 75 cm**
- Pink fabric with white dots for the binding:
 - **220 cm × 6 cm**
- Quilt backing fabric:
 - **60 cm × 75 cm**

Batting

- Quilt batting
- **60 cm × 75 cm**

Fusible Materials

- Lightweight fusible web

Sewing Supplies

- Matching sewing thread
- Quilting thread
- Sewing machine
- Rotary cutter
- Cutting mat
- Quilting ruler
- Fabric scissors
- Pins or clips
- Iron
- Ironing board

H2: Understanding the Quilt Layers

Before sewing, it's important to understand how quilts are built.

Your quilt sandwich consists of three layers:

Top Layer

The decorated quilt top with the appliqué design.

Middle Layer

Batting, which adds softness and dimension.

Bottom Layer

Backing fabric that finishes the reverse side of the quilt.

After quilting, these three layers become one finished quilt.

H2: Pattern Pieces and Measurements

All measurements below include a **0.7 cm (1/4")** seam allowance.

Girl Dress

Cut:

- 2 pieces

Size:

- Height: **17 cm**
- Width: **12 cm**

Sleeves

Cut:

- 2 pieces

Size:

- Height: **8 cm**
- Width: **6 cm**

Boots

Cut:

- 4 pieces

Size:

- Height: **9 cm**
- Width: **5 cm**

Umbrella Panels

Cut:

One of each color (7 total).

Each panel measures:

- Height: **17 cm**
- Width: **7.5 cm**

Suggested colors:

❤️ Pink

🍊 Orange

🟡 Yellow

🍃 Green

🍋 Lime

💙 Blue

💜 Purple

Umbrella Top

Cut:

- 1 piece

Size:

- Width: **2.5 cm**

Hair

Cut:

- 1 piece

Hands

Cut:

- 2 pieces

Size:

- **3 cm**

Legs

Cut:

- 2 rectangles

Size:

- Height: **12 cm**
- Width: **3.5 cm**

Umbrella Handle

Cut:

- 1 piece

Height:

- **12 cm**

Handle width:

- **3 cm**

H2: Preparing the Pattern Pieces

Transfer every pattern piece onto the paper side of the fusible web.

Leave a small margin around each traced shape.

Fuse the web to the wrong side of the corresponding fabric according to the manufacturer's instructions.

Allow everything to cool completely before cutting.

Carefully cut every shape along the traced lines.

Keep all pieces organized by color and type.

H2: Preparing the Background

Press the gray background fabric until completely smooth.

Find the center of the fabric by folding it vertically and horizontally.

Lightly press the folds to create placement guidelines.

Do not stretch the fabric while pressing.

A perfectly flat background makes appliqué placement much easier.

H2: Positioning the Design

Arrange every piece before removing the paper backing.

Start with the largest pieces first.

Suggested order:

- Dress
- Sleeves
- Boots
- Umbrella
- Hair
- Hands
- Legs
- Umbrella handle

Step back occasionally to verify proportions and balance.

Once satisfied with the layout, remove the paper backing from each piece.

Fuse every shape to the background with the iron.

Allow the quilt top to cool before moving it.

H2: Sewing the Umbrella

The umbrella is made from seven separate fabric wedges.

Step 1

Place two umbrella panels right sides together.

Sew using a **0.7 cm (1/4") seam allowance**.

Step 2

Press the seam open.

Never skip pressing.

Well-pressed seams create a smooth umbrella.

Step 3

Add another panel.

Sew.

Press.

Repeat until all seven sections have been joined.

Step 4

Sew the small umbrella top piece at the center.

Make sure every seam meets neatly.

Press again.

The umbrella should now form one complete curved shape.

H2: Applying the Appliqué

Once every piece has been fused into place, permanently stitch around each shape.

Recommended stitches:

- Small zigzag stitch
- Blanket stitch
- Decorative appliqué stitch

Sew slowly around curves.

Pivot frequently.

Reduce speed around small details such as:

- Hands
- Hair
- Boots

Take your time to achieve smooth curves.

H2: Recommended Assembly Order

Following the correct order prevents pieces from overlapping incorrectly.

Appliqué the pieces in this sequence:

1. Umbrella
2. Girl's body
3. Sleeves
4. Boots
5. Hair
6. Hands
7. Legs
8. Umbrella handle

Press lightly as you complete each section.

H2: Building the Quilt Sandwich

Layer the quilt as follows:

Bottom:

Backing fabric (right side facing down)

Middle:

Batting

Top:

Finished appliqué quilt top (right side facing up)

Smooth all wrinkles.

Pin or baste all layers securely.

The quilt should remain perfectly flat before quilting.

H2: Quilting the Background

The original design creates the illusion of a rainy day.

Rain

Quilt long vertical lines across the background.

Keep the spacing irregular for a natural appearance.

Puddles

Quilt spiral circles near the bottom of the quilt.

Use free-motion quilting if available.

The puddles should vary in size.

Use matching gray thread so the quilting blends beautifully with the background.

H2: Preparing the Binding

Cut the binding strip:

220 cm × 6 cm

Fold it in half lengthwise with wrong sides together.

Press the entire strip thoroughly.

This creates a double-fold binding.

H2: Attaching the Binding

Beginning at one side of the quilt:

Sew the raw edges of the folded binding to the front of the quilt.

Use a consistent **0.7 cm (¼") seam allowance**.

Stop sewing before reaching each corner.

Create neat mitered corners.

Continue sewing around all four sides.

H2: Finishing the Binding

Fold the binding over to the back of the quilt.

Cover the previous stitching line.

Secure using hand stitching with small invisible stitches.

Take extra care at the corners.

Well-finished corners give the quilt a professional appearance.

H2: Final Pressing and Finishing

After the binding is complete:

Trim loose threads.

Inspect every appliqué edge.

Check that all quilting stitches are secure.

Give the entire quilt one final pressing.

Allow it to cool completely before hanging or displaying.

Your **Rainy Day Girl Quilt** is now finished.

H2: Helpful Tips for Success

- Always prewash fabrics if shrinkage is a concern.
- Use 100% cotton quilting fabric for the best results.
- Press after every seam.
- Test your appliqué stitch on scrap fabric first.
- Use matching thread whenever possible.
- Replace rotary cutter blades regularly for cleaner cuts.
- Work slowly around curves.
- Keep the quilt sandwich smooth while quilting.
- Trim thread tails frequently to maintain a clean appearance.
- Let the iron do the work—avoid sliding it while fusing appliqué pieces.

H2: Common Beginner Mistakes to Avoid

- Forgetting to press seams after sewing.
- Stretching the background fabric while ironing.
- Sewing the appliqué before confirming placement.
- Skipping the quilt basting step.
- Pulling the fabric while quilting.
- Using dull scissors or rotary blades.
- Rushing through curved appliqué edges.
- Forgetting to miter the binding corners.

H2: Care Instructions

To keep your quilt looking beautiful for years:

- Machine wash on a gentle cycle using cold water.
- Use mild detergent.
- Avoid bleach.
- Air dry or tumble dry on low heat.
- Press lightly with steam if needed.
- Store flat or loosely rolled to prevent permanent creases.

 Congratulations! You have completed the **Rainy Day Girl Quilt**. By following these steps carefully—from preparing the pattern pieces and assembling the appliqué to quilting the rain and puddles and applying the binding—you can confidently recreate this cheerful quilt exactly as designed, with professional-looking results suitable for display, gifting, or everyday enjoyment.

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