



# PATCHWORK COW - SEWING & QUILT TUTORIAL



## FINISHED SIZE

32 cm (W) x 26 cm (H)  
(excluding thickness)

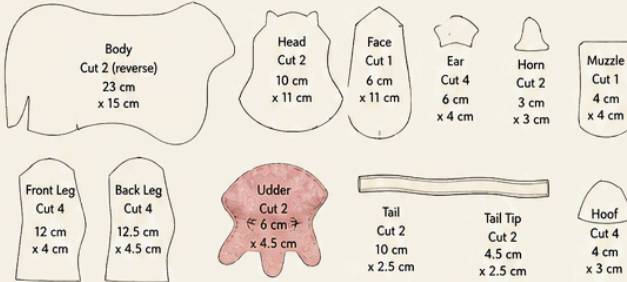
## MATERIALS

- Cotton fabrics (various prints)
- Denim or chambray fabric
- Cotton lace
- Stuffing (fiberfill)
- Black safety eyes (8–10 mm)
- Embroidery floss (black)
- Sewing thread (matching colors)
- Hand sewing needle
- Fabric scissors
- Pins
- Fabric glue (optional)

## MAIN FABRICS SUGGESTION



## 1 PATTERN PIECES (Add 0.5 cm seam allowance)



## 2 CUTTING LAYOUT (Example)



## 3 INSTRUCTIONS - STEP BY STEP

### 1. CUT FABRICS

Cut all pieces using the patterns above.

### 2. PIECE THE BODY (QUILT STYLE)

Arrange the fabric patches on one body piece. Sew the patches together with 0.5 cm seam allowance. Press seams open or to the side.

### 3. PREPARE THE FACE

Sew the face (cream piece) to the head. Add the muzzle and embroider nostrils.

### 4. EARS & HORNS

Sew ear pairs (right sides together, turn inside out). Do the same for the horns.

### 5. ASSEMBLE HEAD

Attach ears and horns between the head layers. Sew around leaving the bottom open.

### 6. LEGS & HOOFES

Sew each leg pair, insert hooves at the bottom. Sew around and turn inside out.

### 7. UDDER

Sew the udder pieces together leaving the top open. Stuff lightly.

### 8. TAIL

Sew tail pieces together, turn inside out. Attach the tail tip to one end.

### 9. ASSEMBLY

Place the body pieces right sides together. Insert the legs, tail, and udder between the layers as shown. Pin all around.

### 10. SEW & TURN

Sew around the body leaving a small opening on the belly. Turn the cow right side out.

### 11. STUFF

Stuff firmly but evenly. Close the opening with a ladder stitch.

### 12. ADD DETAILS

Attach safety eyes. Embroider eyelashes (optional). Add the bow around the neck with lace and ribbon.

## 4 QUILTING & SEWING METHODS USED

- **Patchwork** (Quilt as You Go) – Sewing fabric pieces together to form the body.
- **Seam Allowance** – 0.5 cm throughout.
- **Straight Stitch** – For all machine sewing.
- **Appliqué** – Face, muzzle, udder, and hooves are appliquéd or sewn in place.
- **Topstitching** (optional) – For a decorative finish on patches.
- **Hand Stitch** (Ladder Stitch) – To close the opening invisibly.
- **Embroidery** – For nostrils and eyelashes.
- **Turning** – Sewing right sides together, then turning inside out.
- **Stuffing** – Use fiberfill for shape and volume.



## 5 MEASUREMENTS SUMMARY (in CM)

| Piece     | Height (cm) | Width (cm) | Piece    | Height (cm) | Width (cm) |
|-----------|-------------|------------|----------|-------------|------------|
| Body      | 15          | 23         | Back Leg | 12.5        | 4.5        |
| Head      | 11          | 10         | Udder    | 4.5         | 6          |
| Face      | 11          | 6          | Tail     | 10          | 2.5        |
| Ear       | 4           | 6          | Tail Tip | 4.5         | 2.5        |
| Horn      | 3           | 3          | Hoof     | 3           | 4          |
| Muzzle    | 4           | 4          |          |             |            |
| Front Leg | 12          | 4          |          |             |            |

## 6 FINISHED!

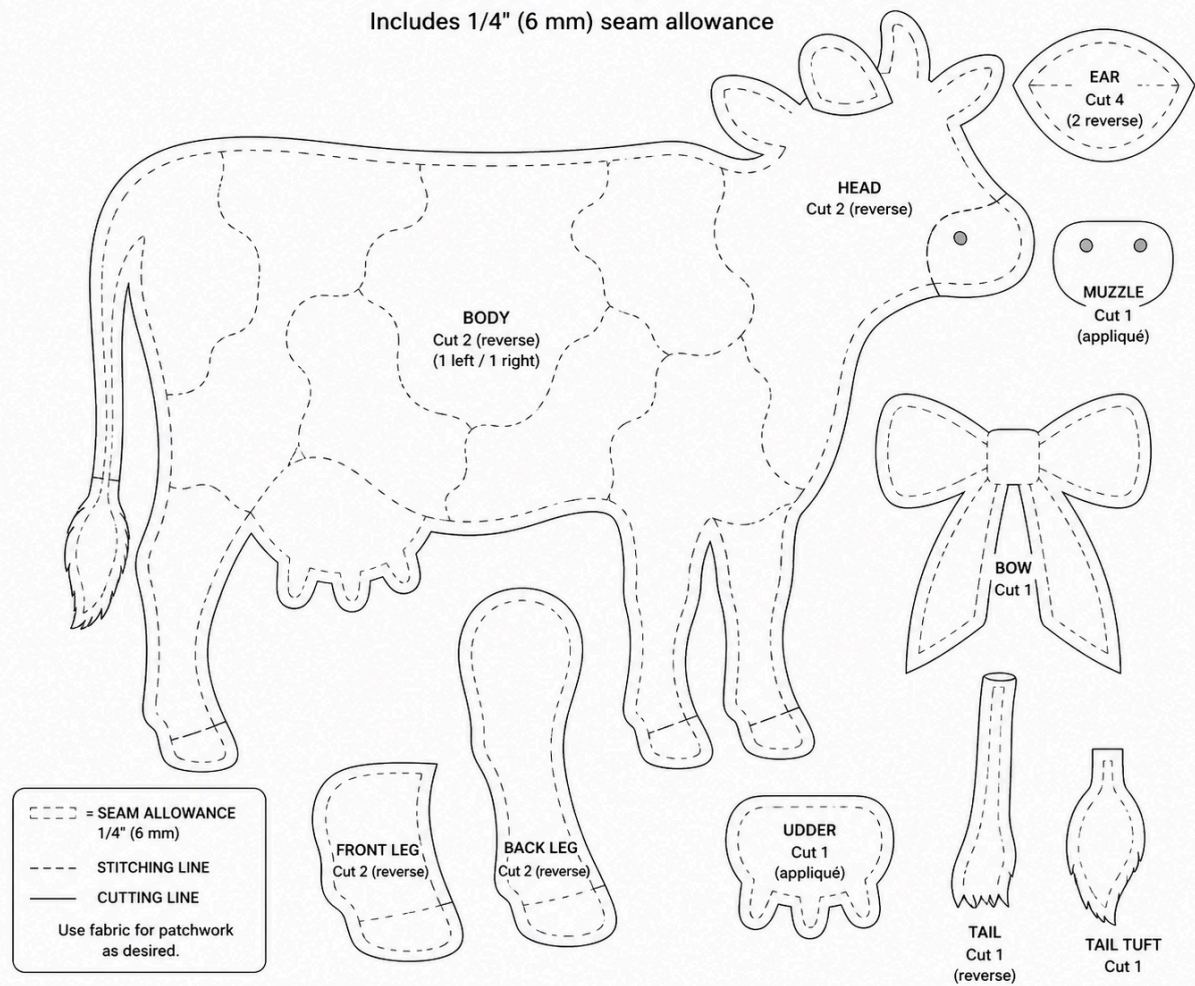
Your patchwork cow is ready!



Enjoy creating your own unique patchwork cow!

## PATCHWORK COW – SEWING PATTERN

Includes 1/4" (6 mm) seam allowance



<https://creative.craftsforlove.com/> - **SEE THE BEST PATTERNS**

## Patchwork Cow – Complete Sewing & Quilting Tutorial

Create a charming vintage-style Patchwork Cow using quilting and soft toy sewing techniques. This tutorial follows the same construction logic shown in the reference chart while expanding every step into a detailed guide so that beginners and experienced sewists alike can confidently complete the project from start to finish.



The finished cow combines traditional patchwork, appliqué, plush construction, and hand-finishing techniques. Throughout this tutorial, all measurements are provided in centimeters, matching the original guide.



## **Finished Size**

- Height: 32 cm (12½")
- Width: 26 cm (10¼")
- Thickness depends on stuffing amount.



## **Materials**

Prepare all supplies before beginning.

### **Fabrics**

- Denim or chambray fabric
- Red gingham cotton
- Blue floral cotton
- Yellow floral cotton
- Cream floral cotton
- Pink cotton (udder)
- Cream solid cotton (face)
- Cotton lace (optional)

### **Sewing Supplies**

- Polyester fiberfill stuffing
- Black safety eyes (8–10 mm)
- Black embroidery floss
- Matching sewing thread
- Fabric scissors
- Small embroidery scissors

- Rotary cutter (optional)
- Cutting mat
- Quilting ruler
- Pins or quilting clips
- Hand sewing needles
- Sewing machine
- Fabric marker
- Iron
- Fabric glue (optional)

## Fabric Suggestions

Mix fabrics with different prints while keeping a vintage farmhouse appearance.

Recommended combination:

- Medium denim
- Red gingham
- Blue floral
- Yellow floral
- Cream floral
- Vintage lace
- Soft pink
- Cream linen

Mix large and small prints to create a balanced patchwork effect.

## Pattern Pieces

Remember to add a 0.5 cm ( $\frac{1}{4}$ " ) seam allowance around every pattern piece before cutting.

## **Cut:**

### **Body**

- **Cut 2 (mirror image)**

### **Approximate size:**

**23 × 15 cm**

### **Head**

- **Cut 2**

**10 × 11 cm**

### **Face**

- **Cut 1**

**6 × 11 cm**

### **Ears**

- **Cut 4**

**6 × 4 cm**

### **Horns**

- **Cut 2**

**3 × 3 cm**

### **Muzzle**

- **Cut 1**

**4 × 4 cm**

### **Front Legs**

- **Cut 4**

**12 × 4 cm**

**Back Legs**

- **Cut 4**

**12.5 × 4.5 cm**

**Udder**

- **Cut 2**

**6 × 4.5 cm**

**Tail**

- **Cut 2**

**10 × 2.5 cm**

**Tail Tip**

- **Cut 2**

**4.5 × 2.5 cm**

**Hooves**

- **Cut 4**

**4 × 3 cm**

### **### Step 1 – Prepare the Patchwork Body**

**The body is made first using a quilt-style piecing method.**

**Lay your chosen fabric pieces on a flat surface.**

**Arrange the fabrics until you're satisfied with the design.**

**Try to distribute colors evenly.**

**Avoid placing similar prints next to each other.**

**The denim sections should represent the larger blue patches of the cow.**

**The cream, floral and gingham fabrics become the decorative patchwork sections.**

**Take a photo before sewing so you can recreate the layout if needed.**

## **Step 2 – Sew the Patchwork**

**Beginning with two adjacent pieces:**

- **Place right sides together.**
- **Sew using a 0.5 cm seam allowance.**
- **Press seams open.**

**Continue adding pieces one at a time.**

**Work from the center outward.**

**Keep checking that the body pattern still fits over the assembled patchwork.**

**After finishing the entire panel:**

**Press everything completely flat.**

**Repeat for the opposite body side.**

**Remember that one body side must be mirrored.**

## **Step 3 – Cut the Body**

**Place the body template over each completed patchwork panel.**

**Pin securely.**

**Trace around the template.**

**Cut carefully.**

**You should now have:**

- **One left body**
- **One right body**

## **Step 4 – Prepare the Face**

**Using the cream face fabric:**

**Place the face piece onto one head section.**

**Pin carefully.**

**Sew around the curved edge.**

**Press flat.**

**Now position the muzzle.**

**Sew the muzzle onto the face.**

**Embroider:**

- **Nostrils**
- **Mouth**
- **Small smile if desired**

**Use black embroidery floss.**



## **Step 5 – Add the Eyes**

**Install the safety eyes before stuffing.**

**Recommended placement:**

- **About halfway down the head.**
- **Centered between the ear and muzzle.**

**Always install safety eye washers securely.**

**If making this toy for children under 3 years old, embroider the eyes instead.**

## **Step 6 – Sew the Ears**

**Pair each ear.**

**Place right sides together.**

**Sew around the curved edge.**

**Leave the straight edge open.**

**Trim the seam allowance.**

**Turn right side out.**

**Press lightly.**

**Do not overstuff.**

## **Step 7 – Make the Horns**

**Place each horn pair together.**

**Sew around the curved edges.**

**Leave the bottom open.**

**Trim corners.**

**Turn right side out.**

**Stuff lightly.**

**The horns should remain soft rather than firm.**

## **Step 8 – Sew the Legs**

**Each leg consists of:**

- **Two leg pieces**
- **One hoof piece**

**Attach the hoof to the bottom of each leg.**

**Press the seam.**

**Fold the leg right sides together.**

**Sew around the long edge.**

**Leave the top open.**

**Turn right side out.**

**Stuff lightly.**

**Repeat for all four legs.**

## **Step 9 – Sew the Udder**

**Place the two udder pieces together.**

**Sew around the edge.**

**Leave a small opening.**

**Clip the curves.**

**Turn right side out.**

**Stuff lightly.**

**Close the opening with a ladder stitch.**



### **Step 10 – Sew the Tail**

**Place both tail pieces together.**

**Insert the tail tip at one end.**

**Sew around the edges.**

**Leave the opposite end open.**

**Turn right side out.**

**Stuff lightly.**

**Press if necessary.**



### **Step 11 – Assemble the Head**

**Place the ears between the two head pieces.**

**Insert the horns.**

**Pin everything carefully.**

**Make sure both ears are symmetrical.**

**Sew around the head.**

**Leave the neck opening unsewn.**

**Trim seam allowances.**

**Clip curved areas.**

**Turn right side out.**

**Stuff firmly.**

**Close later when attaching to the body.**

## **Step 12 – Assemble the Body**

**Lay one body piece right side up.**

**Position:**

- **Front legs**
- **Back legs**
- **Tail**
- **Udder**

**All pieces should point inward.**

**Pin securely.**

**Place the second body piece on top.**

**Right sides together.**

**Sew completely around the body.**

**Leave an opening underneath the belly.**

## **Step 13 – Turn and Stuff**

**Clip all curved seams.**

**Trim bulky areas.**

**Turn the cow right side out.**

**Push out all corners using a chopstick or turning tool.**

**Begin stuffing.**

**Stuff gradually.**

**Fill:**

- Neck
- Shoulders
- Body
- Legs

**The cow should feel firm but still soft.**

**Avoid lumps.**

## **Step 14 – Close the Opening**

**Use a ladder stitch.**

**Take small invisible stitches.**

**Pull gently after every few stitches.**

**The seam should disappear into the fabric.**

## **Step 15 – Attach the Head**

**Insert the neck into the body opening.**

**Pin securely.**

**Hand sew completely around the neck.**

**Use doubled thread.**

**Take small strong stitches.**

**The head should not wobble.**

## **Step 16 – Add Decorative Details**

**Optional decorations include:**

- **Lace around the neck**
- **Large fabric bow**
- **Vintage ribbon**
- **Decorative buttons (display only)**
- **Small fabric flowers**
- **Embroidered eyelashes**
- **Rosy cheeks using fabric paint**

**The sample cow features a large layered bow made from:**

- **Red gingham**
- **Natural linen**

**This creates the classic farmhouse appearance.**

## **Step 17 – Final Pressing**

**Lightly steam the fabric.**

**Avoid pressing directly over:**

- **Safety eyes**



- Stuffing
- Embroidery

Shape the ears by hand.

Adjust the stuffing if necessary.

Your Patchwork Cow is now complete.



## Sewing & Quilting Techniques Used

Throughout this project, you'll practice several essential techniques:

- Quilt-As-You-Go style patchwork
- Straight machine stitching
- Curved seam sewing
- Appliqué
- Topstitching (optional)
- Hand ladder stitch
- Embroidery
- Plush toy construction
- Clipping curved seams
- Turning narrow fabric tubes
- Even fiberfill stuffing
- Invisible finishing



## Measurement Summary

| Piece | Height | Width |
|-------|--------|-------|
| Body  | 15 cm  | 23 cm |

|              |            |           |
|--------------|------------|-----------|
| Head         | 11<br>cm   | 10<br>cm  |
| Face         | 11<br>cm   | 6<br>cm   |
| Ear          | 4 cm       | 6<br>cm   |
| Horn         | 3 cm       | 3<br>cm   |
| Muzzle       | 4 cm       | 4<br>cm   |
| Front<br>Leg | 12<br>cm   | 4<br>cm   |
| Back<br>Leg  | 12.5<br>cm | 4.5<br>cm |
| Udder        | 4.5<br>cm  | 6<br>cm   |
| Tail         | 10<br>cm   | 2.5<br>cm |
| Tail<br>Tip  | 4.5<br>cm  | 2.5<br>cm |
| Hoof         | 3 cm       | 4<br>cm   |



## Helpful Tips

- Wash and iron fabrics before cutting.
- Use 100% cotton quilting fabric whenever possible.
- Press every seam for a professional finish.

- Trim seam allowances on curves to reduce bulk.
- Stuff gradually rather than all at once.
- Mirror the second body panel before cutting.
- Mix small and large prints for visual balance.
- Keep the bow removable if the toy will be washed.
- Hand sewing around the neck produces a cleaner finish than machine stitching.
- Take your time during assembly—accurate pinning makes a significant difference.

## Congratulations!

You have completed your beautiful Patchwork Cow! This charming handmade project combines traditional quilting with plush toy construction, making it a wonderful decoration, thoughtful handmade gift, or treasured keepsake. With careful fabric selection and attention to detail, every finished cow becomes a unique one-of-a-kind creation. Happy sewing!  