



Appliqué Flower & Bird

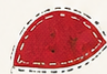
SEWING & QUILT TUTORIAL



MATERIALS

- Linen or cotton fabric (background) : 30 x 30 cm
- Assorted cotton prints (flowers, leaves, stem) – scraps
- Fusible web (light weight)
- Embroidery floss (DMC or similar)
- Sewing needle
- Quilting thread
- Scissors
- Iron & pressing cloth
- Pencil or fabric marker
- Appliqué needle (optional)

MAIN METHODS (QUILT OF THE USA)



Appliqué (Fusible Web Method)
Fuse fabric shapes to background, then sew around the edge.



Whipstitch (Appliqué Stitch)
Small stitches over the edge to hold the appliqué in place.



Backstitch
Used for stems and details.



French Knot
Used for flower centers and bird eye.



Straight Stitch
Used for grass and small details.

STEP-BY-STEP

1 PREPARE THE TEMPLATES

Make or print the templates.
Trace each part on fusible web.



2 CUT THE FABRIC

Roughly cut the fabric pieces leaving 0.5 cm seam allowance around each shape.



3 FUSE

Iron the fusible web to the wrong side of the fabric pieces.
Then cut precisely on the traced line.



4 ARRANGE & POSITION

Place the pieces on the background fabric to plan the composition.



5 APPLIQUÉ (FUSE)

Peel off the paper backing and fuse the pieces onto the background with an iron.



6 APPLIQUÉ STITCH (WHIPSTITCH)

Using matching thread, sew around the edge of each piece with a small whipstitch.



7 STEM & DETAILS

Stitch the stem with backstitch.
Add veins on leaves with backstitch.
Sew the bird wing with appliqué stitch.
Add the bird eye with a French knot.

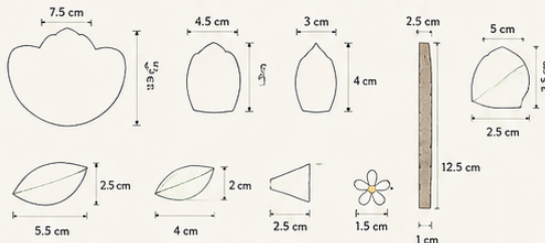


8 EMBROIDER THE SMALL DETAILS

Add grass with straight stitches.
Make flower centers with French knots.



TEMPLATES WITH MEASUREMENTS (CM)



FINISHED SIZE

Finished block:
20 x 20 cm



TIPS

- Press each piece before fusing.
- Use small, even stitches for a neat finish.
- You can quilt around the background with a running stitch for texture.
- This block can be used in quilts, bags, cushions, or wall hangings.

CARE

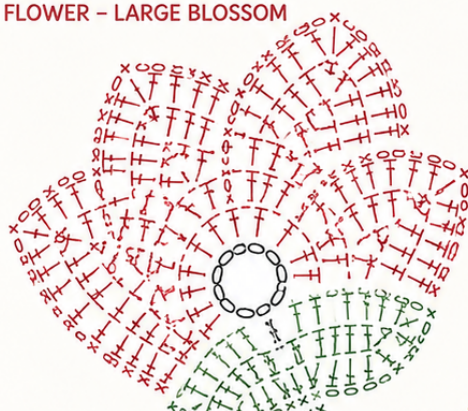
- Hand wash gently in cold water.
- Air dry flat. Iron on the back.



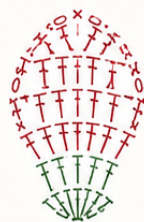
FLOWER & BIRD APPLIQUÉ – CROCHET PATTERN

Pattern in English (US Terms)

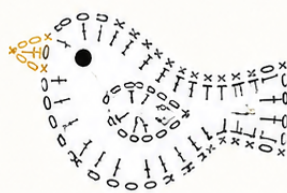
FLOWER – LARGE BLOSSOM



FLOWER – BUD (SMALL)



BIRD



SMALL LEAF (BUD)



GRASS & DAISIES

ABBREVIATIONS (US TERMS)

ch = chain
sl st = slip stitch
sc = single crochet
hdc = half double crochet
dc = double crochet
tr = treble crochet
() = repeat instructions in parentheses
* * = repeat from * to *
[] = total number of stitches

COLOR GUIDE (SUGGESTION)

Red / Pink – Flower petals
Green – Leaves, stem, grass
White – Daisies, bird body
Yellow – Daisy centers, bird beak
Brown / Black – Bird eye

STITCH GUIDE (US TERMS)

○ Chain (ch)
• Slip stitch (sl st)
× Single crochet (sc)
T Half double crochet (hdc)
F Double crochet (dc)
F Treble crochet (tr)
V 2 dc in same stitch (increase)
A 2 dc together (decrease)

MATERIALS

- Cotton yarn in various colors
- 2.0 mm – 2.5 mm crochet hook
- Tapestry needle
- Fabric or linen background

RECOMMENDED HOOK SIZE

- 2.0 mm – 2.5 mm



ASSEMBLY

1. Crochet each piece following the charts.
2. Use a tapestry needle to weave in all ends.
3. Arrange the pieces on your fabric.
4. Sew or glue each piece in place.
5. Add French knots or small beads for the daisy centers if desired.



This pattern is for personal use only. You may sell finished items made from this pattern.

<https://creative.craftsforlove.com/> - SEE THE BEST PATTERNS



Appliqué Flower & Bird Sewing & Quilt Tutorial

Learn how to create a beautiful Flower & Bird Appliqué Quilt Block using traditional appliqué and simple embroidery techniques. This tutorial follows the same construction sequence shown in the reference guide while providing additional explanations, professional sewing tips, and beginner-friendly instructions. Whether you are making a quilt, pillow, tote bag, wall hanging, or table runner, this project is easy to customize and enjoyable for every skill level.

The finished block measures approximately 20 × 20 cm (8 × 8 inches), making it perfect as a standalone decorative piece or as one block in a larger quilt.



Materials and Supplies

Before starting, prepare all of your materials.

Fabrics

- **Linen or cotton fabric for the background (approximately 30 × 30 cm / 12 × 12 inches)**
- **Assorted cotton fabric scraps for:**
 - **Large flower petals**
 - **Flower bud**
 - **Leaves**
 - **Stem**
- **Lightweight fusible web**
- **Optional lightweight interfacing for extra stability**

Threads

- **Green embroidery floss**

- **Brown embroidery floss**
- **White embroidery floss**
- **Yellow embroidery floss**
- **Matching sewing thread for appliqué**

Sewing Tools

- **Fabric scissors**
- **Small embroidery scissors**
- **Rotary cutter (optional)**
- **Cutting mat**
- **Sewing pins or fabric clips**
- **Hand sewing needles**
- **Appliqué needle (optional)**
- **Iron**
- **Pressing cloth**
- **Pencil or fabric marker**
- **Ruler**



Understanding the Pieces

Before cutting fabric, become familiar with every pattern piece.

The design consists of:

- **One large flower made from multiple petals**
- **One flower bud**
- **One long stem**
- **Four leaves**
- **One bird**
- **Several grass pieces**
- **Three embroidered flowers**
- **Small embroidered details**

Keeping all pieces organized before beginning will make assembly much easier.



Step 1 – Prepare the Templates

Print or trace every template at 100% scale.

Each shape should be cut neatly from paper before transferring it to the fusible web.

The templates include:

- **Large flower petals**
- **Flower bud**
- **Large leaves**
- **Small leaves**
- **Stem**
- **Bird**
- **Grass blades**
- **Small flower petals**

Check that every template is clean and smooth around the edges because every imperfection will transfer to the fabric.



Step 2 – Trace the Templates onto Fusible Web

Place the paper side of the fusible web facing upward.

Using a pencil, carefully trace every template.

Remember that the traced side will become reversed after fusing, which is especially important if your fabrics have directional prints.

Label each piece while tracing to avoid confusion later.

Allow enough space between templates before cutting.

Step 3 – Rough Cut the Fusible Pieces

Do not cut directly on the traced lines yet.

Instead, leave approximately:

5 mm (¼ inch) around every traced shape.

This makes ironing much easier and prevents the adhesive from sticking to your ironing board.

Step 4 – Fuse the Templates to the Fabric

Place the rough-cut fusible pieces onto the wrong side of the chosen fabrics.

Suggested fabric choices:

Flower petals:

- **Red floral prints**
- **Pink floral prints**
- **Small vintage florals**

Leaves:

- **Green prints**
- **Olive green fabrics**
- **Sage green fabrics**

Stem:

- **Medium green print**

Bird:

- **White solid cotton**

Cover everything with a pressing cloth.

Press firmly with a hot iron for several seconds without sliding the iron.

Allow the pieces to cool completely.

Step 5 – Cut Every Fabric Piece

Now cut directly on the traced lines.

Take your time.

Smooth, accurate curves make the appliqué look much more professional.

Separate the pieces into groups:

- **Flower**
- **Bud**
- **Leaves**
- **Stem**
- **Bird**
- **Grass**
- **Decorative flowers**

Keeping everything organized prevents pieces from being lost.

Step 6 – Prepare the Background Fabric

Press the background fabric thoroughly.

The sample uses natural linen, but quilting cotton also works beautifully.

Draw very light placement guidelines if desired.

Leave approximately 2.5 cm (1 inch) between the design and the outer edge of the background.

This extra space is important if the block will later be sewn into a quilt.

Step 7 – Arrange the Entire Composition

Before removing any paper backing, place every piece on the background.

Start with:

- 1. Stem**
- 2. Large flower**
- 3. Flower bud**
- 4. Leaves**
- 5. Bird**
- 6. Grass**

Move the pieces around until the composition looks balanced.

The flower should become the visual center of the design.

The bird should appear to be looking toward the flower.

Step 8 – Permanently Fuse the Design

Once satisfied with the arrangement:

Peel away the paper backing from every piece.

Return the pieces to their exact positions.

Cover with a pressing cloth.

Press carefully with the iron until every piece is securely attached.

Avoid moving the iron side to side.

Instead:

Lift.

Press.

Lift again.

This prevents the appliqué pieces from shifting.



Step 9 – Stitch Around Every Appliqué Piece

The sample uses a traditional Whipstitch Appliqué.

Thread your needle with matching thread.

Using small, even stitches, sew around every shape.

Keep the stitches:

- **Evenly spaced**
- **Close to the edge**
- **Consistent in size**

Complete one piece before moving to the next.

Recommended stitching order:

- **Stem**
- **Leaves**
- **Large flower**
- **Flower bud**
- **Bird**

Working in this order helps hide overlaps naturally.

Step 10 – Embroider the Stem

Use green embroidery floss.

Sew the stem using a Backstitch.

This stitch creates a smooth continuous line and gives the stem a slightly raised appearance.

Keep stitch lengths consistent for the cleanest finish.

Step 11 – Embroider Leaf Veins

Using the same green embroidery floss, add veins to every leaf.

Backstitch works perfectly for these details.

Begin with the center vein.

Then add smaller side veins.

Do not overcrowd the leaf.

Simple stitching often looks more elegant.

Step 12 – Embroider the Bird

The bird includes several embroidered details.

Use brown embroidery floss for:

- **Wing outline**

- Decorative wing feathers
- Beak detail
- Feet

Keep the stitches delicate.

Small details give the bird personality without making it appear heavy.

Step 13 – Create the Bird's Eye

Use a French Knot.

Wrap the floss around the needle once or twice.

Insert the needle very close to where it emerged.

Pull slowly.

A neat French Knot creates a bright, expressive eye.

Step 14 – Add the Grass

The grass is stitched using Straight Stitch.

Use several different stitch lengths.

Some blades should be taller.

Others should remain shorter.

Natural variation creates a realistic appearance.

Cluster the grass around the bottom of the design.

Step 15 – Embroider the Small Flowers

The tiny flowers bring life to the composition.

Use:

White embroidery floss for petals.

Yellow embroidery floss for flower centers.

The centers can be made using French Knots.

Space the flowers naturally rather than in perfect rows.

Step 16 – Final Inspection

Examine the entire project.

Check for:

- Loose threads
- Uneven stitches
- Areas that need additional pressing
- Pieces that may need reinforcement

Trim all thread tails neatly from the back.

Give the project one final press from the wrong side using a pressing cloth.



Finished Size

Approximate finished block:

20 × 20 cm

or

8 × 8 inches

This size is ideal for:

- **Quilt blocks**
- **Tote bags**
- **Pillow covers**
- **Wall hangings**
- **Table toppers**
- **Fabric baskets**
- **Decorative panels**



Helpful Tips

- **Always press fabric before cutting.**
- **Use sharp scissors for smooth curves.**
- **Small stitches produce cleaner appliqué.**
- **Choose fabrics with small prints for a more delicate appearance.**
- **Test your iron temperature before fusing.**
- **Work under good lighting for accurate stitching.**
- **Keep embroidery floss untangled by using shorter lengths.**
- **Press frequently during construction for a flatter, more professional finish.**



Care Instructions

- **Hand wash in cold water.**
- **Use mild detergent.**
- **Do not bleach.**
- **Lay flat to dry.**
- **Iron from the back using a pressing cloth.**

- Store flat whenever possible to preserve the appliqué.



Final Thoughts

This Flower & Bird Appliqué Quilt Block combines classic fusible appliqué with simple hand embroidery techniques to create a timeless design full of charm. By carefully following each step—from preparing the templates and arranging the composition to stitching every detail—you can achieve a beautiful, polished result even if you're new to appliqué. Once you've mastered this block, you can easily adapt the same methods to create your own flowers, birds, seasonal motifs, or complete quilt projects. Happy stitching! 🧵 🌸