



PATCHWORK CLOVER



♥ QUILT & SEWING TUTORIAL ♥



FINISHED SIZE

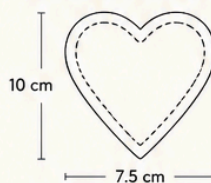
Approx.
22 cm (8.7 in)
diameter

MATERIALS

- Assorted cotton fabrics
- Batting or felt
- Fabric for backing
- Piping cord or fabric strips
- Embroidery thread
- Hand sewing needle
- Fabric glue (optional)
- Scissors / Fabric pen
- Iron

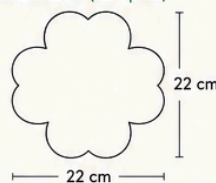
CUTTING GUIDE (measurements in cm)

PETALS (Cut 8 pieces from fabric)

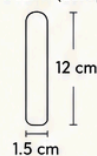


SEAM ALLOWANCE
0.7 cm
(1/4 in)
included

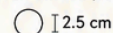
BACKING (Cut 1 piece)



STEM (Cut 1 piece)



CENTER CIRCLE (Cut 1 piece)



1 PREPARE THE PETALS



Cut 8 petal pieces using the template. You can use different fabrics for a colorful look.

2 ADD BATTING



Cut 8 batting pieces the same size as the petals. Layer each fabric petal with batting.

3 SEW THE PETALS



Place two petals right sides together and sew around the curved edge. Leave the straight edge open. Repeat for all petals.

4 TURN AND PRESS



Turn each petal right side out through the opening. Press gently with an iron.

5 ADD PIPING



Place piping along the curved edge of the petal and hand stitch close to the cord. Repeat for all petals.

6 ARRANGE THE PETALS



Arrange the 8 petals in a circle matching the seams in the center to form a clover.

7 JOIN THE PETALS



Hand stitch the petals together at the center. Make sure they are tight and even.

8 MAKE THE CENTER



Cover the center circle with fabric and gather the edges at the back. Pull tight and secure. Stitch to the center of the clover.

9 ATTACH THE BACKING



Place the backing piece behind the petals. Hand stitch around the outer edge.

10 MAKE THE STEM



Fold the stem strip in half lengthwise and sew. Turn right side out. Stuff lightly if you like, then close the opening.

11 ATTACH THE STEM



Position the stem at the bottom center of the clover and hand stitch securely.

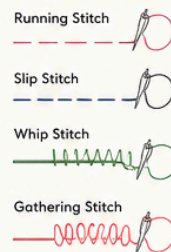
12 FINAL TOUCHES



Check all stitches and trim any loose threads. Your Patchwork Clover is ready!



BASIC STITCHES USED



USEFUL TIPS

- Use 100% cotton fabrics for best results.
- Press your pieces as you go for a neat finish.
- Hand stitching gives a beautiful handcrafted look.
- You can use fabric glue to hold pieces before sewing.
- Try different color combinations to match your style!



VARIATION IDEAS

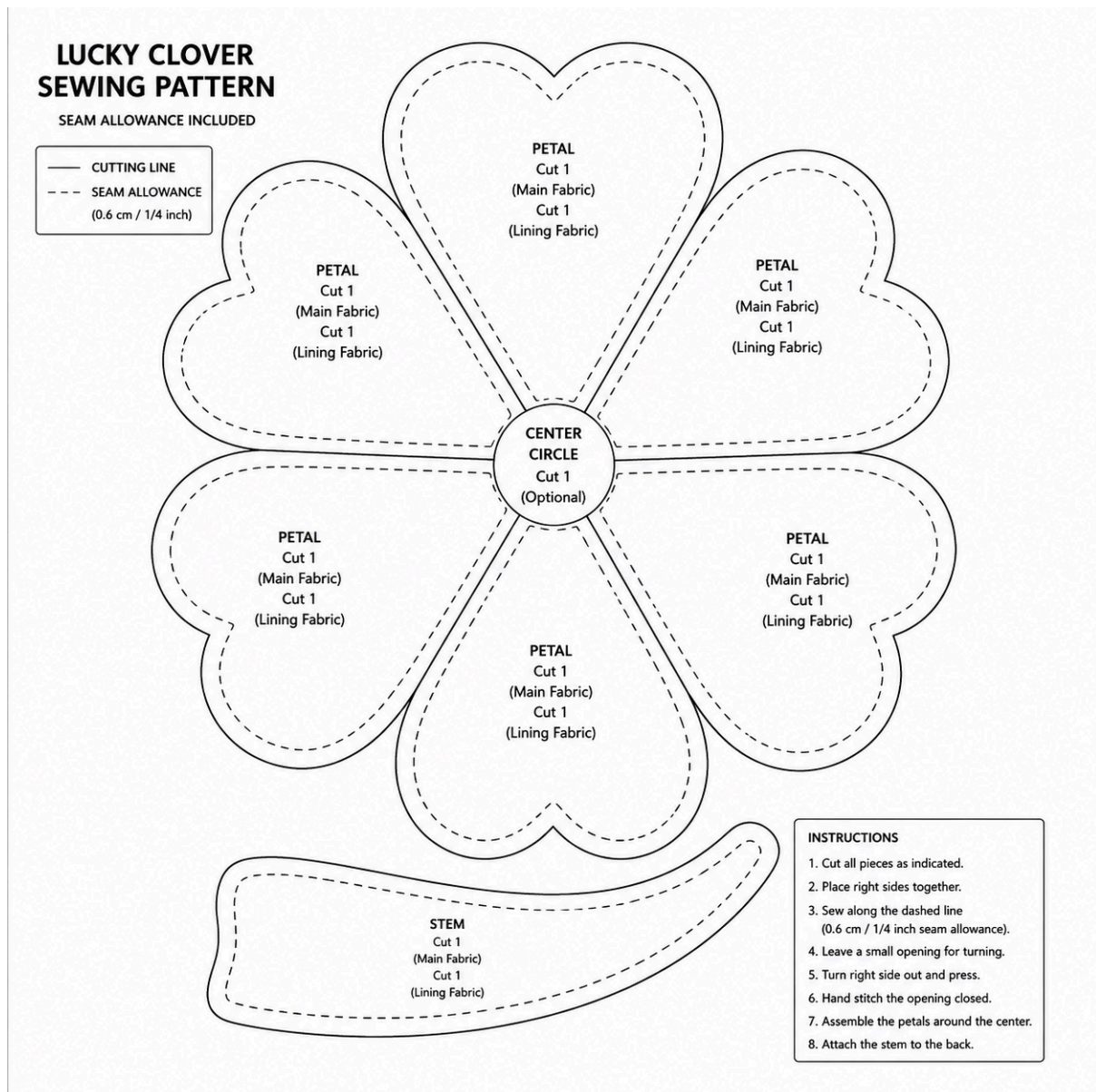


PERFECT FOR

- ♥ Wall decorations
- ♥ Quilt blocks
- ♥ Bag or cushion applique
- ♥ Handmade gifts



HANDMADE WITH LOVE ♥ QUILT ♥ SEW ♥ CREATE



<https://creative.craftsforlove.com/> - **SEE THE BEST PATTERNS**

Patchwork Clover Quilt & Sewing Tutorial 🍀

This colorful **Patchwork Clover** is a cheerful sewing project made from eight padded heart-shaped petals, a gathered fabric center, a soft backing, and a narrow stuffed stem. The finished piece measures approximately **22 cm or 8.7 inches in diameter**, not including the stem.

It can be used as a wall decoration, quilt block, bag appliqué, cushion appliqué, table decoration, or handmade gift. Because every petal can be cut from a different fabric, this project is also a wonderful way to use small cotton scraps left over from other sewing projects.

The tutorial uses centimeters to remain consistent with the pattern. Inch equivalents are included where practical for sewists in the United States.

Materials

You will need:

- Assorted cotton fabrics for the eight petals
- Batting or felt
- Fabric for the backing
- Green fabric for the stem
- A small piece of fabric for the center circle
- Piping cord or narrow fabric strips for the petal edges
- Coordinating embroidery thread
- Strong hand-sewing thread
- Hand-sewing needle
- Sewing machine
- Fabric glue, optional
- Fabric scissors or rotary cutter
- Fabric marking pen or pencil
- Straight pins or sewing clips
- Iron and ironing board
- Turning tool, chopstick, or blunt knitting needle
- Polyester fiberfill, optional for the stem
- Paper for printing or tracing the templates

For the best result, use **100% cotton quilting fabric**. Cotton is easy to cut, press, stitch, and shape, and it helps the finished clover keep a neat appearance.

Finished Measurements

The completed clover should measure approximately:

- **22 cm or 8.7 inches across**
- Eight petals around the center
- One stem approximately **12 cm or 4.7 inches long**
- One center circle approximately **2.5 cm or 1 inch in diameter**

The total height will be greater after the stem is attached.

Cutting Guide

Cut the following pieces before beginning:

- **Eight petal fronts** from assorted cotton fabrics
- **Eight petal backs** from cotton fabric
- **Eight batting pieces** in the same heart shape
- **One backing piece** measuring approximately 22 cm across
- **One stem strip** approximately 12 cm long and 1.5 cm wide
- **One center circle** approximately 2.5 cm in diameter
- Piping strips or prepared piping long enough to go around each petal

The petal template measures approximately:

- **10 cm or 3.9 inches high**
- **7.5 cm or 3 inches wide**

A **0.7 cm or approximately ¼-inch seam allowance** is already included in the petal measurements.

The backing is shaped like a rounded eight-lobed flower and measures approximately **22 cm by 22 cm**, or about **8.7 inches by 8.7 inches**.

Step 1: Prepare the Petal Templates

Print or trace the heart-shaped petal template onto paper or template plastic.

Confirm that the template measures approximately 10 cm high and 7.5 cm wide. Check that the 0.7 cm seam allowance is included before cutting your fabric.

Cut out the paper template carefully along the outer solid line. The inner dashed line represents the approximate sewing line.

Place the template on the wrong side of your selected cotton fabric. Trace around it using a removable fabric marking pen.

Repeat until you have eight petal front pieces. Use a different fabric for every petal to create the bright patchwork appearance shown in the tutorial.

You may use floral prints, stripes, polka dots, watercolor prints, denim-style fabric, or other coordinating cotton designs.

Step 2: Cut the Petal Backing Pieces

Use the same heart-shaped template to cut eight petal backing pieces.

The backing fabric will not be highly visible when the clover is finished, so you may use one coordinating fabric for all eight pieces.

However, using attractive fabric on both sides will make the project look more professional and allow it to be displayed from different angles.

Keep each front piece with one backing piece to form a complete petal set.

Label the sets from one to eight when working with directional prints. This will help you maintain the correct fabric orientation.

Press all fabric pieces flat before sewing.

Step 3: Add the Batting

Cut eight heart-shaped pieces from thin batting or felt.

The batting pieces should be approximately the same size as the fabric petals. For less bulk in the seam, you may trim each batting piece about $\frac{1}{8}$ inch smaller around the edge.

Place one batting piece against the wrong side of each petal front.

Smooth the layers so there are no folds or wrinkles.

Secure the batting with fabric glue, pins, clips, or a few temporary basting stitches.

Avoid using very thick batting because it may make the curved edges difficult to sew and turn.

Step 4: Sew the Petals

Place one petal front and one petal backing piece with their **right sides together**.

The batting should be positioned against the wrong side of the petal front, so it remains on the outside of the fabric sandwich while sewing.

Pin or clip around the curved heart edge.

Sew around the petal using the included 0.7 cm or approximately $\frac{1}{4}$ -inch seam allowance.

Follow the curved edge slowly and reduce your sewing-machine speed around the top indentation and lower point.

Leave a small opening of approximately $1\frac{1}{2}$ to 2 inches along one straight or gently curved section. This opening will be used for turning.

Backstitch at both sides of the opening so the stitches do not pull apart.

Repeat this process for all eight petals.

Step 5: Clip and Trim the Curves

Before turning the petals, carefully trim the seam allowance around bulky areas.

Clip small notches around the outer curves without cutting through the stitching.

Make one careful clip into the top center indentation of the heart. Stop just before reaching the seam.

Trim the bottom point diagonally to remove extra bulk.

These small cuts allow the seam allowance to spread when the petal is turned right side out.

Do not make the clips too deep. Damaging the sewing line may cause the petal to open later.

Step 6: Turn and Press the Petals

Turn each petal right side out through the opening.

Use a blunt turning tool to gently shape the curved edges, top indentation, and lower point.

Do not push too forcefully because a sharp tool can puncture the fabric.

Fold the raw edges of the opening inward so they align with the sewn seam.

Press the petal carefully with an iron. Use a temperature appropriate for cotton and batting.

Make sure each petal is symmetrical and smooth.

At this stage, you may hand-stitch the opening closed with a slip stitch. The opening can also be closed while adding the piping or final edge stitching.

Step 7: Add the Piping

Prepare narrow piping cord covered with fabric, or make a decorative fabric piping strip.

Begin at a less noticeable area near the lower side of the petal.

Position the piping along the outer edge with the cord following the curved outline.

Hand stitch the piping in place using small, closely spaced stitches. Stitch close to the cord so the piping sits firmly against the edge.

Shape the piping carefully around the heart's top indentation and lower point.

At the beginning and end, overlap or neatly join the piping ends.

Repeat for all eight petals.

Use different piping colors for a playful patchwork appearance, or use one matching color for a more coordinated finish.

Step 8: Arrange the Eight Petals

Place all eight finished petals on a flat surface.

Arrange them in a circle with the pointed ends meeting at the center.

Alternate prints and colors so similar fabrics are not positioned directly beside one another.

Turn the petals as needed until the overall design looks balanced.

The wider rounded ends should form the outside edge of the clover.

Measure the arrangement to confirm that the finished diameter is approximately 22 cm or 8.7 inches.

Take a photograph of the arrangement before sewing. This can help you remember the preferred order if the petals are moved.

Step 9: Join the Petals

Thread a hand-sewing needle with strong coordinating thread.

Begin joining two neighboring petals near their pointed ends.

Use small slip stitches or whip stitches to sew the side edges together where the petals touch.

Continue adding one petal at a time until all eight are connected in a complete circle.

Check the arrangement frequently to make sure the petals remain evenly spaced.

The points should meet closely in the center, but a small opening is acceptable because it will be covered by the center circle.

Reinforce the center by passing the needle through several petal points.

Knot the thread securely on the back.

Step 10: Make the Gathered Center

Cut one fabric circle approximately 2.5 cm or 1 inch in diameter.

For a fuller center, cut the circle slightly larger. The final size will decrease when the edge is gathered.

Thread a needle with strong thread and sew a running stitch around the outer edge of the circle.

Leave a thread tail at the beginning.

Place a tiny amount of batting, felt, or fiberfill in the center of the wrong side.

Pull both thread ends gently to gather the fabric around the filling.

Turn the raw edges toward the back and continue pulling until the circle forms a small padded fabric button.

Adjust the gathers evenly.

Knot the thread securely without cutting it immediately.

Step 11: Attach the Center Circle

Place the gathered center over the point where all eight petals meet.

Make sure it covers the raw edges, joining stitches, and any small opening in the center.

Use the remaining gathering thread or a new strong thread to sew the center securely to the petals.

Take small stitches around the outer edge of the center circle.

Catch a small amount of fabric from each petal as you sew around the circle.

Keep the stitches hidden underneath the gathered edge whenever possible.

After completing the circle, reinforce several areas with additional stitches.

Knot and bury the thread between the fabric layers.

Step 12: Prepare the Backing

Trace the rounded eight-lobed backing shape onto your selected backing fabric.

The backing should measure approximately 22 cm across.

Cut one backing piece.

Press it carefully and turn the outer raw edge toward the wrong side by approximately $\frac{1}{4}$ inch.

Clip into the inward curves when necessary so the folded edge lies flat.

Press the folded edge firmly.

Position the backing on the back of the joined petals.

The backing should cover the center seams and the unfinished rear areas without extending beyond the decorative petal edges.

Pin or clip it in place.

Step 13: Attach the Backing

Thread a hand-sewing needle with coordinating thread.

Use a small slip stitch to sew the folded edge of the backing to the back of the petals.

Work slowly around every rounded section.

Keep the stitches shallow so they do not show on the front of the clover.

Smooth the backing continuously to prevent puckers.

At each inward curve, take smaller stitches for better control.

Continue around the entire perimeter until the backing is completely attached.

Knot the thread securely and hide the end between the layers.

Step 14: Make the Stem

Cut one green fabric strip approximately:

- **12 cm or 4.7 inches long**
- **1.5 cm or about $\frac{5}{8}$ inch wide**

The illustrated measurements produce a very narrow stem. For easier sewing, especially for beginners, you may cut the strip slightly wider and trim or shape it after turning.

Fold the strip in half lengthwise with the right sides together.

Pin the long raw edges.

Sew along the long edge using a narrow seam allowance.

Leave one short end open for turning.

Turn the stem right side out using a small loop turner, safety pin, narrow turning tool, or strong thread.

Press the stem gently.

For a firm three-dimensional stem, insert a small amount of fiberfill.

Do not overfill it. The stem should remain flexible and easy to attach.

Fold the raw edges of the open end inward and close the opening with small slip stitches.

Step 15: Attach the Stem

Turn the clover so the backing faces upward.

Place the top of the stem at the bottom center of the clover.

Position it between two lower petals or directly behind their joining point.

Overlap the stem under the clover by approximately 1 to 1½ inches for strength.

Pin the stem in place.

Hand stitch the stem securely to the backing using small hidden stitches.

Sew around the top section several times because this area will carry the weight of the clover when it is hung or handled.

Check the front to make sure the stem is centered and hangs naturally.

Step 16: Add Final Decorative Stitching

Inspect every petal and check that the piping is secure.

Trim loose threads.

Repair any visible gaps with small slip stitches.

You may add hand quilting, embroidery, decorative beads, or small buttons, but avoid making the center too heavy.

Press the completed clover from the back using a pressing cloth.

Do not flatten the padded center or crush the piping.

Shape the petals with your hands while the piece is still slightly warm.

Your **Patchwork Clover** is now complete.

Basic Hand Stitches Used

Running Stitch

A running stitch is made by passing the needle in and out of the fabric at regular intervals.

Use it to gather the center circle and for temporary basting.

Keep the stitches even for smooth gathering.

Slip Stitch

A slip stitch creates a nearly invisible seam.

Use it to close the turning openings, attach the backing, and secure hidden areas.

Take a small stitch through the folded edge, followed by a small stitch through the fabric underneath.

Whip Stitch

A whip stitch passes over the edge of two fabric pieces in a repeated diagonal motion.

Use it for joining the petals or securing decorative piping.

Keep the stitches small and evenly spaced.

Gathering Stitch

A gathering stitch is a longer running stitch used to pull fabric into soft folds.

Use strong thread when making the padded center.

Do not make the stitches too short, or the fabric may be difficult to gather.

Useful Sewing Tips

Use 100% cotton fabrics for the most predictable results.

Prewash the fabrics when the finished piece may be washed later. This helps prevent uneven shrinking.

Press every piece before cutting. Wrinkled fabric can change the template measurements.

Use a short machine-stitch length around the curved petal edges. Shorter stitches create smoother curves and reduce the chance of the seam opening after clipping.

Hand stitching gives this project a charming handcrafted look, especially around the piping and center.

Use fabric glue only to hold small pieces temporarily. Permanent construction should be secured with stitching.

Try several color arrangements before joining the petals.

A design with contrasting light and dark fabrics will make each individual petal more visible.

Keep the center circle proportional. A center that is too large may cover too much of the patchwork design.

Variation Ideas

Create a warm autumn clover using rust, mustard, brown, olive green, and burgundy fabrics.

Make a spring version with pink, aqua, lavender, pale blue, and floral prints.

Use different shades of denim for a rustic blue clover.

Create a Christmas version using red, green, gold, and cream fabrics.

Use pastel fabrics to make a nursery decoration.

For a farmhouse appearance, combine gingham, small floral prints, ticking stripes, and neutral cotton.

The same technique can also be used to create a flower by changing the stem fabric and adding leaf-shaped pieces.

Ways to Use the Finished Patchwork Clover

The completed clover is perfect for:

- Wall decorations
- Quilt blocks
- Bag appliqués
- Cushion appliqués
- Handmade gifts
- Sewing-room decorations
- Table décor
- Nursery decorations
- Seasonal displays
- Craft-fair items

To hang the clover, sew a small fabric loop to the upper back before completely attaching the backing.

To use it as a quilt block or appliqué, omit the stuffed stem and stitch the complete clover directly onto a larger fabric background.

To make a cushion decoration, attach the clover to the cushion front before assembling the cushion cover.

<https://creative.craftsforlove.com/> - **SEE THE BEST PATTERNS**