

Under the Sea Quilt Wall Hanging

A Step-by-Step Sewing & Quilt Tutorial (US Quilt Methods)



1. MATERIALS

- Cotton quilting fabrics
- Batting (100% cotton or 80/20 blend)
- Backing fabric
- Thread (matching colors)
- Sewing machine
- Rotary cutter, mat & ruler
- Fabric scissors
- Pins / Clips
- Iron & ironing board

FABRIC REQUIREMENTS

Fabric	Size (cm)
Sky (background)	35 x 50
Large fish (orange)	20 x 20
Small fish (yellow)	10 x 10
Seaweed (dark green)	6 x 30
Seaweed (light green)	6 x 25
Rocks (brown tones)	10 x 15
Binding (green)	5 x 180
Backing fabric	35 x 50
Batting	35 x 50

2. CUTTING GUIDE (Measurements include 0.7 cm seam allowance)

Sky Background	Large Fish	Fins & Tail	Small Fish	Seaweed Dark	Seaweed Light	Binding
1 pc 31 x 46 cm	1 pc	3 pcs	2 pcs	3 pcs	4-5 pcs	7 x 180 cm 4-5 pcs

3. APPLIQUÉ THE PIECES

1. Draw or trace all templates.
2. Fuse or pin pieces to background.
3. Appliqué with a straight stitch or zigzag stitch.



APPLIQUÉ TIPS (US METHOD)

- Use a small zigzag stitch (width 2.0-2.5 mm, length 1.5-2.0 mm).
- Or use invisible appliqué with needle turn for a hand-sewn look.
- Press each piece before stitching.

4. QUILTING (FREE-MOTION)

1. Layer backing (wrong side up), batting, and quilt top (right side up).
2. Baste all layers together with pins or basting spray.
3. Quilt the background with wavy lines to look like water.
4. Add small circles for bubbles.
5. Quilt around seaweed, fish, and rocks.



QUILTING TIPS

- Use a free-motion foot.
- Wavy lines: spacing 1-1.5 cm.
- Bubbles: vary the size.
- Stitch slowly and smoothly.

5. TRIM & SQUARE

- Trim excess batting and backing.
Square the quilt to 30 cm x 45 cm.



6. BINDING (US METHOD)

1. Cut binding strips 7 cm wide, join with diagonal seams.
2. Fold in half lengthwise and press.
3. Attach binding to front with 0.7 cm seam.
4. Fold to back and hand stitch with a blind stitch.



BINDING TIPS

- Miter corners (fold at 45°).
- Keep stitches even.
- Press as you go.

7. YOUR FINISHED QUILT WALL HANGING

A beautiful underwater scene quilted with love!

Enjoy your handmade quilt art.



CARE INSTRUCTIONS

- Hand wash or gentle machine wash.
- Use mild detergent.
- Lay flat to dry.
- Do not bleach.

LEGEND – MAIN SEWING & QUILTING METHODS (US STYLE)

Straight Stitch
(Seam)



Zigzag Stitch
(Appliqué)



Free-Motion
Quilting



Backstitch
(Reinforcement)



Blind Stitch
(Binding Finish)



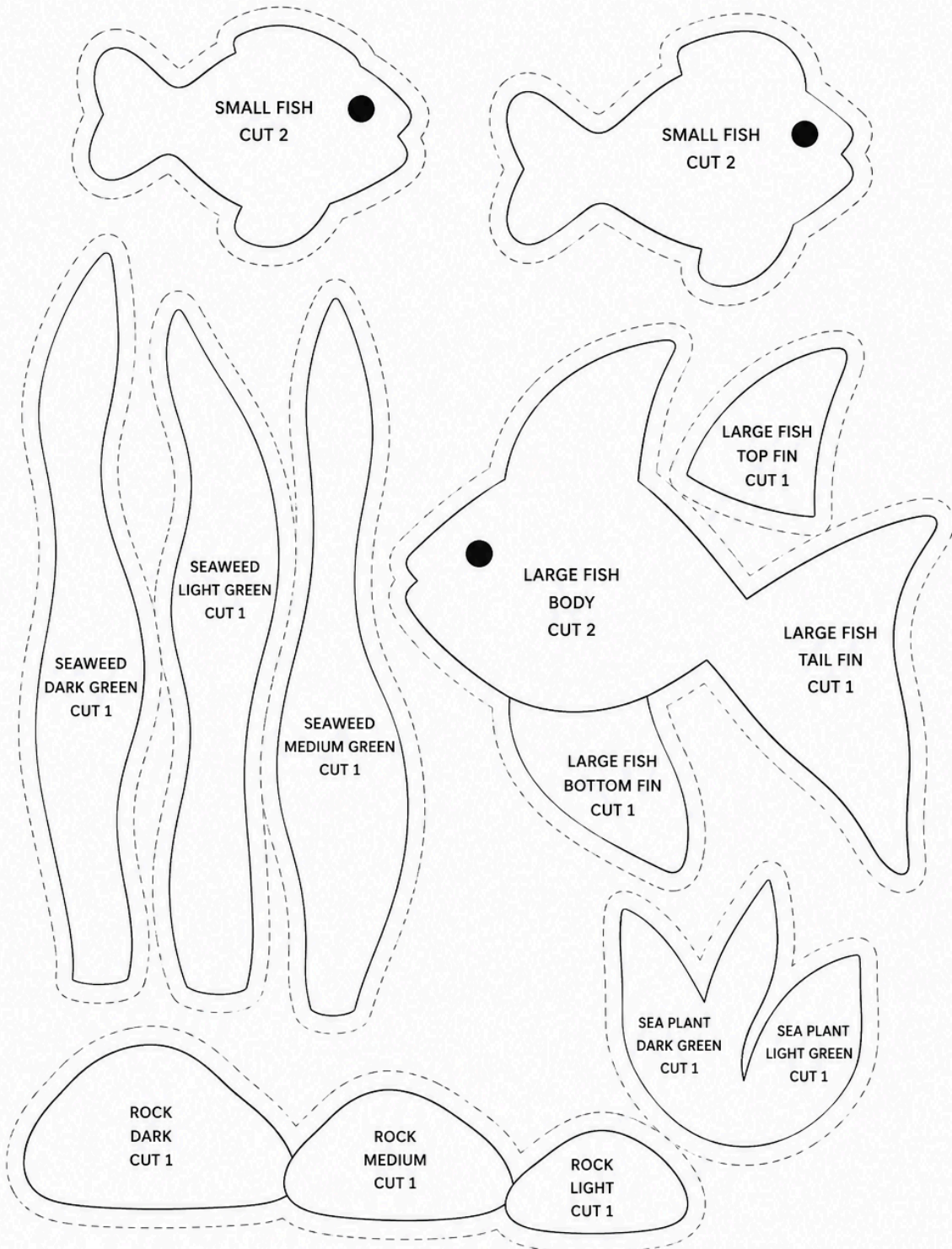
STANDARD SEAM ALLOWANCE (US QUILTING)

Use 0.7 cm (1/4 inch) unless otherwise noted.
Press seams open or to the side as preferred.

Quilt with patience • Press often • Enjoy every stitch! ♥

UNDER THE SEA – FISH APPLIQUÉ

All pieces include 1/4" (6 mm) seam allowance



LEGEND

- Cutting Line
- - - - Seam Allowance (1/4")

NOTES

- Use fusible web to appliqué pieces onto the background.
- Appliqué stitch around each piece.
- Add details as desired (e.g., bubbles, quilting).

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Under the Sea Quilt Wall Hanging Tutorial

This **Under the Sea Quilt Wall Hanging** is a small appliqué quilt project finished at approximately **30 cm x 45 cm**. It uses cotton fabric, batting, backing fabric, appliqué pieces, free-motion quilting, and binding in a US quilting style.

1. Materials You Will Need

You will need **cotton quilting fabrics** for the sky-blue background, orange fish, yellow fish, green seaweed, brown rocks, and green binding.

You will also need **batting**, preferably 100% cotton or an 80/20 cotton blend, plus **backing fabric**, matching thread, pins or clips, fabric scissors, rotary cutter, cutting mat, ruler, iron, and sewing machine.

Fabric requirements:

Sky background: **35 cm x 50 cm**

Large orange fish: **20 cm x 20 cm**

Small yellow fish: **10 cm x 10 cm**

Dark green seaweed: **6 cm x 30 cm**

Light green seaweed: **6 cm x 25 cm**

Brown rocks: **10 cm x 15 cm**

Green binding: **5 cm x 180 cm**

Backing fabric: **35 cm x 50 cm**

Batting: **35 cm x 50 cm**

2. Cutting the Pieces

Cut the sky-blue background to about **31 cm x 46 cm**. This will become the main underwater scene.

Cut **1 large orange fish body**, **3 fins or tail pieces**, and **2 small yellow fish pieces**.

Cut **3 dark green seaweed pieces** and **4 to 5 light green seaweed pieces**.

Cut **4 to 5 brown rock pieces** in different oval shapes.

Cut the binding strip to approximately **7 cm x 180 cm**.

The measurements include a **0.7 cm seam allowance**, which is close to **1/4 inch**, commonly used in US quilting.

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3. Preparing the Appliqué Layout

Place the blue background fabric flat on your table.

Arrange the large orange fish near the lower center. Position the yellow fish above it, as shown in the graphic.

Place the tall seaweed on the left side and shorter seaweed near the bottom right.

Arrange the rocks along the bottom edge to create the ocean floor.

Once you like the placement, lightly trace or mark where each piece will go.

4. Attaching the Appliqué Pieces

Fuse or pin the appliqué pieces to the background fabric.

Start with the background pieces such as seaweed and rocks, then add the fish on top.

Stitch around each appliqué piece using a **straight stitch**, **zigzag stitch**, or **small satin zigzag stitch**.

For a neat appliqué edge, use a stitch width of about **2.0–2.5 mm** and a stitch length of **1.5–2.0 mm**.

Sew slowly around curves, especially around the fish, fins, seaweed tips, and rocks.

Press each section gently after stitching.

5. Making the Quilt Sandwich

Place the backing fabric wrong side up.

Lay the batting on top of the backing.

Place the appliquéd quilt top right side up over the batting.

Smooth all layers carefully so there are no wrinkles.

Pin or baste the layers together using safety pins, clips, or basting spray.

6. Quilting the Background

Use free-motion quilting to create soft wave lines across the blue background.

The wave lines should look like water movement.

Add small stitched circles to create bubbles around the fish.

Quilt around the seaweed, fish, and rocks to help the appliqué shapes stand out.

Move slowly and keep your stitches even.

A free-motion foot is recommended for this step.

7. Trimming and Squaring

After quilting, trim the excess batting and backing.

Square the quilt to approximately **30 cm x 45 cm**.

Use a ruler, rotary cutter, and cutting mat for clean edges.

Make sure the corners are straight before adding the binding.

8. Adding the Binding

Cut binding strips **7 cm wide** and join them with diagonal seams.

Fold the binding in half lengthwise and press.

Attach the binding to the front of the quilt using a **0.7 cm seam allowance**.

Fold the binding to the back.

Miter the corners at **45 degrees**.

Hand stitch the binding to the back using a **blind stitch**.

Press the finished quilt carefully.

9. Finishing Details

Add eyes to the fish using small black buttons, beads, or stitched circles.

Check all appliqué edges to make sure they are secure.

Trim loose threads.

Give the wall hanging a final gentle press.

Your finished piece should show a cheerful underwater scene with fish, seaweed, rocks, bubbles, and soft water quilting.

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10. Care Instructions

Hand wash or use a gentle machine cycle.

Use mild detergent.

Lay flat to dry.

Do not bleach.

Press lightly if needed.

Enjoy your handmade **Under the Sea Quilt Wall Hanging** with patience, care, and love.



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