



# GINGHAM STAR QUILT BLOCK TUTORIAL

STEP-BY-STEP • BEGINNER FRIENDLY • MEASUREMENTS IN CM

This beautiful 8-point star quilt block combines gingham, florals, and script prints in a classic and modern design. Perfect for quilts, pillows, and home décor!



**FINISHED BLOCK SIZE:**  
30.5 cm x 30.5 cm  
(12" x 12")

## 1. MATERIALS

- 100% Cotton Fabric (quilting weight)
- Coordinating thread
- Rotary cutter, mat, ruler
- Sewing machine
- Iron and ironing board
- Pins or clips

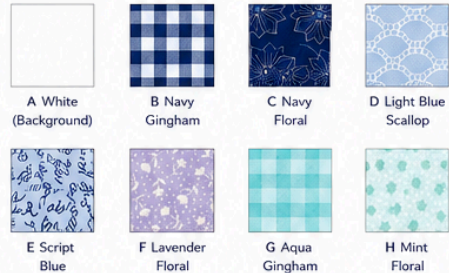
## 2. FABRIC & CUTTING

All measurements include 0.7 cm (1/4") seam allowance.

FABRIC	COLOR/PRINT	CUT PIECES	SIZE (CM)	QTY
A	White (Background)	Squares	8.9 x 8.9	8
B	Navy Gingham	Squares	8.9 x 8.9	1
C	Navy Floral	Squares	8.9 x 8.9	1
D	Light Blue Scallop	Squares	8.9 x 8.9	2
E	Script Blue	Squares	8.9 x 8.9	2
F	Lavender Floral	Squares	8.9 x 8.9	2
G	Aqua Gingham	Squares	8.9 x 8.9	1
H	Mint Floral	Squares	8.9 x 8.9	1

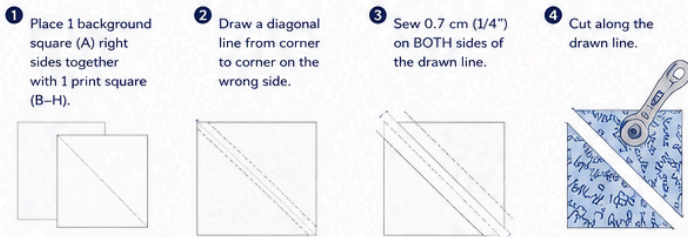
Total: 18 squares (8 background + 10 star points)

## 3. FABRIC GUIDE (EXAMPLE)

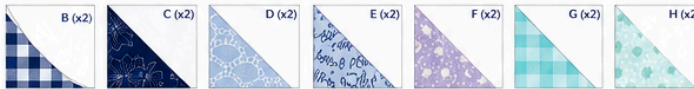


## 4. PIECING THE HALF-SQUARE TRIANGLES (HST)

We will make 8 Half-Square Triangles (HST) using the method below.



Make 2 HSTs for each of the following prints: B, C, D, E, F, G, H  
(Total = 14 HSTs)



## 5. LAYOUT DIAGRAM (BEFORE SEWING)

Arrange the squares in 3 rows as shown.



## 6. ROW ASSEMBLY

Sew the squares in each row using 0.7 cm (1/4") seam allowance.



## 7. JOIN ROWS

Nest seams and pin. Sew rows together matching seams.



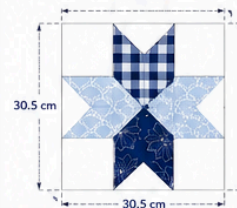
## 8. PRESSING

Press seams open or to the darker fabric for a flat block.



## 9. TRIM BLOCK (OPTIONAL)

Square up your block to 30.5 cm x 30.5 cm (12" x 12").



## 10. YOUR GINGHAM STAR BLOCK IS COMPLETE!

Repeat and combine blocks to create a stunning quilt.



## SEWING & QUILTING METHODS (US TERMS)

<p><b>Quarter Inch Seam</b> Use 0.7 cm (1/4") seam allowance for accurate piecing.</p>	<p><b>Chain Piecing</b> Sew pieces one after another without cutting thread. Faster &amp; efficient!</p>	<p><b>Pressing</b> Press every seam as you go for flat, crisp blocks.</p>	<p><b>Nest Seams</b> Match intersections and pin to keep seams aligned.</p>	<p><b>Finger Press</b> Use your fingers to crease fabric before ironing.</p>	<p><b>Square Up</b> Trim block edges to make them straight and even.</p>	<p><b>Quilting Sandwich</b> Top + Batting + Backing. Quilt as desired.</p>
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### TIPS FOR SUCCESS

- Use a consistent 0.7 cm (1/4") seam allowance.
- Press, don't slide the iron.
- Keep your fabric organized.
- Square up blocks for perfect alignment.

### BLOCK VARIATIONS

Try different color combinations to create unique stars!



### CARE INSTRUCTIONS

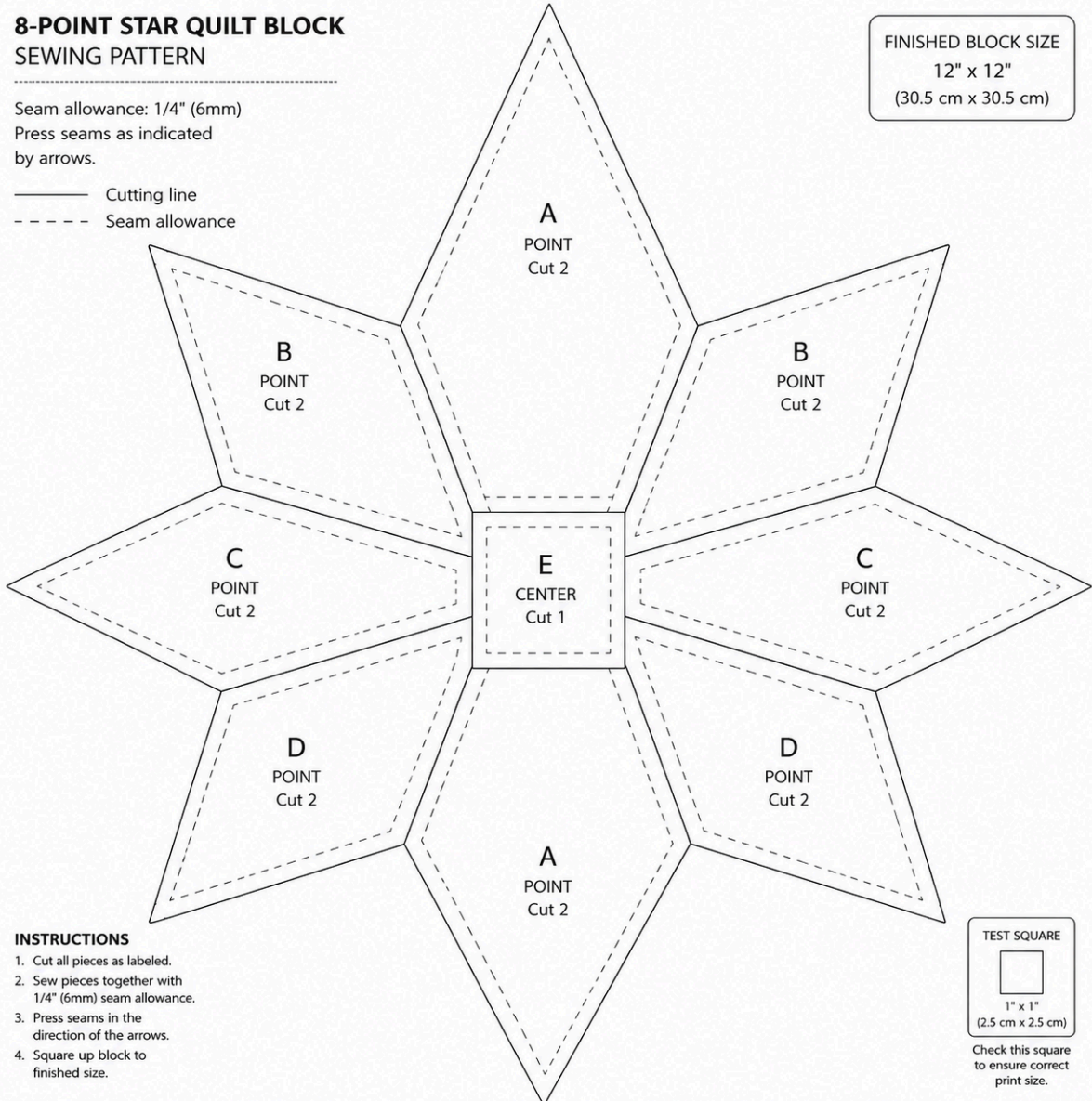


## 8-POINT STAR QUILT BLOCK SEWING PATTERN

Seam allowance: 1/4" (6mm)  
Press seams as indicated  
by arrows.

———— Cutting line  
----- Seam allowance

FINISHED BLOCK SIZE  
12" x 12"  
(30.5 cm x 30.5 cm)



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# Gingham Star Quilt Block Tutorial

This Gingham Star Quilt Block Tutorial will guide you step by step to make a beautiful 8-point star quilt block using gingham, floral, scallop, and script-style fabrics. This beginner-friendly block finishes at 12" x 12", or approximately 30.5 cm x 30.5 cm, making it perfect for quilts, pillows, table toppers, wall hangings, and handmade home décor.

## Materials You Will Need

To make this Gingham Star Quilt Block, gather the following materials:

100% cotton quilting fabric  
Coordinating thread  
Rotary cutter, cutting mat, and ruler  
Sewing machine  
Iron and ironing board  
Pins or clips

Use a consistent 1/4" seam allowance throughout the project. This is very important for keeping the quilt block accurate and square.

## Fabric Cutting Guide

Cut all fabric pieces into squares measuring 3 1/2" x 3 1/2" or 8.9 cm x 8.9 cm.

You will need:

Fabric A – White background: 8 squares  
Fabric B – Navy gingham: 1 square  
Fabric C – Navy floral: 1 square  
Fabric D – Light blue scallop: 2 squares  
Fabric E – Script blue: 2 squares

**Fabric F – Lavender floral: 2 squares**

**Fabric G – Aqua gingham: 1 square**

**Fabric H – Mint floral: 1 square**

**Total: 18 squares**

**This includes 8 background squares and 10 star-point fabric squares.**

## **Make the Half-Square Triangles**

**Place one white background square right sides together with one printed fabric square.**

**On the wrong side of the lighter square, draw a diagonal line from one corner to the opposite corner.**

**Sew 1/4" away from both sides of the drawn diagonal line.**

**Cut directly on the drawn line.**

**Open the two units and press the seams. You now have 2 half-square triangles, also called HSTs.**

**Repeat this process with the following fabrics:**

**B – Navy gingham: make 2 HSTs**

**C – Navy floral: make 2 HSTs**

**D – Light blue scallop: make 2 HSTs**

**E – Script blue: make 2 HSTs**

**F – Lavender floral: make 2 HSTs**

**G – Aqua gingham: make 2 HSTs**

**H – Mint floral: make 2 HSTs**

**You should have 14 half-square triangles in total.**

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## **Arrange the Quilt Block Layout**

**Lay out your pieces in 3 rows as shown in the tutorial chart.**

**The top row uses white background squares with the navy gingham star point in the center.**

**The middle row forms the widest part of the star using light blue scallop, script blue, and coordinating star-point fabrics.**

**The bottom row completes the lower star points using navy floral and mint floral fabrics.**

**Before sewing, check that all triangle points are facing the correct direction. This step helps your gingham star quilt block look clean, balanced, and accurate.**

## **Sew the Rows Together**

**Start by sewing the squares in each row together using a 1/4" seam allowance.**

**Pin or clip the pieces before sewing, especially where triangle points meet.**

**Press each row carefully. You may press seams open or toward the darker fabric.**

**Make sure the rows stay straight and flat.**

**Take your time here because accurate row assembly creates a neat final star shape.**

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## **Join the Rows**

**Place Row 1 and Row 2 right sides together.**

**Match the seams carefully and pin them in place.**

**Sew across the row using a 1/4" seam allowance.**

**Then attach Row 3 in the same way.**

**Press the finished block well so it lies flat.**

**Your star design should now be fully visible.**

## **Pressing the Block**

**Press every seam carefully with your iron.**

**Do not slide the iron back and forth, because this can stretch the fabric.**

**Press down gently, lift the iron, and move to the next area.**

**For best results, press seams toward the darker fabric or press them open.**

**A well-pressed block is easier to trim, quilt, and join with other blocks.**

## **Trim the Quilt Block**

**After sewing and pressing, square up your block.**

**Trim the block to 12" x 12" or 30.5 cm x 30.5 cm.**

**Use a quilting ruler and rotary cutter for straight edges.**

**Make sure the center star stays balanced before trimming.**

**This step gives your block a clean, professional finish.**

## **Finish Your Gingham Star Quilt Block**

**Your Gingham Star Quilt Block is complete!**

**You can repeat this block several times to create a full quilt.**

**You can also use one block for a pillow cover, mini quilt, tote bag panel, or wall decoration.**

**Try different color combinations, such as pink, green, yellow, navy, or soft pastels.**

**For a classic look, keep the white background and use one strong gingham print as the focal fabric.**

## **Helpful Sewing Tips**

**Use an accurate 1/4" seam allowance from beginning to end.**

**Press after every step for a crisp block.**

**Keep fabric pieces organized before sewing.**

**Use pins to match seams and points.**

**Trim carefully so the block finishes at the correct size.**

**Choose fabrics with contrast so the star shape stands out clearly.**

## **Care Instructions**

**Machine wash on a gentle cycle.**

**Do not bleach.**

**Tumble dry low.**

**Warm iron if needed.**

For quilted projects, wash gently to protect the seams and fabric colors.

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## Conclusion

This Gingham Star Quilt Block Tutorial is a beautiful beginner-friendly project that teaches cutting, half-square triangles, row assembly, pressing, and trimming. With simple squares, a consistent 1/4" seam allowance, and careful pressing, anyone can create a lovely star block from start to finish.

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