



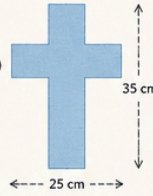
PATCHWORK FLORAL CROSS

Sewing & Quilt Tutorial

A step-by-step guide to make a beautiful patchwork cross with hand embroidery and frayed edges.

1. FINISHED SIZE

The finished cross measures:
25 cm (W) x 35 cm (H)



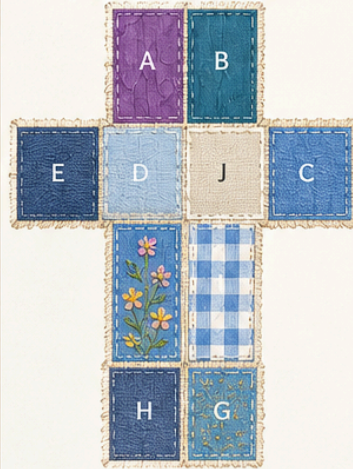
2. MATERIALS

- 100% cotton fabric (quilting weight)
- Linen fabric (for center patch)
- Embroidery floss (various colors)
- Embroidery needle
- Sewing thread
- Quilting batting (thin)
- Fabric scissors
- Pins
- Ruler
- Sewing needle
- Fray check (optional)

3. CUTTING GUIDE (include 1 cm seam allowance)

<p>A (Purple)</p> <p>7 x 12 cm</p>	<p>B (Teal Blue)</p> <p>7 x 12 cm</p>	<p>C (Medium Blue)</p> <p>7 x 12 cm</p>	<p>D (Light Blue)</p> <p>7 x 12 cm</p>
<p>E (Dark Blue)</p> <p>7 x 12 cm</p>	<p>F (Floral Blue)</p> <p>7 x 12 cm</p>	<p>G (Floral Blue)</p> <p>7 x 12 cm</p>	<p>H (Denim Blue)</p> <p>7 x 12 cm</p>
<p>I (Gingham Blue)</p> <p>7 x 16 cm</p>	<p>J (Center Linen)</p> <p>8 x 6,5 cm</p>	<p>Batting (thin) cut 25 x 35 cm</p>	

4. LAYOUT & ASSEMBLY DIAGRAM



ASSEMBLY ORDER

1. Sew pieces A & B together.
2. Add D below A.
3. Sew E to the left of D.
4. Sew C to the right of J.
5. Sew F below E.
6. Sew I below D and J.
7. Sew H below F.
8. Sew G below I.
9. Place J (center linen) in the middle and sew all around.
10. Press all seams.

5. SEWING STEPS

- 1. Prepare the pieces**
Cut all fabric pieces according to the cutting guide. Add 1 cm seam allowance around each piece.
- 2. Sew the patches**
Sew the pieces together following the layout diagram. Use a straight stitch (2.5 mm).
- 3. Join the rows**
Sew the rows together to form the cross shape.
- 4. Add batting**
Place the quilt top on the batting and pin basting around the edges.
- 5. Embroidery**
Embroider flowers using back stitch, lazy daisy, french knot, satin stitch and stem stitch.
- 6. Fray the edges**
Remove some threads from the edges gently to create a frayed look.
- 7. Finishing**
Trim the batting behind the cross close to the seams. (Optional: use fray check)

6. HAND EMBROIDERY GUIDE

<p>Back Stitch</p>	<p>Lazy Daisy</p>	<p>French Knot</p>
<p>Satin Stitch</p>	<p>Stem Stitch</p>	<p>Straight Stitch</p>

8. TIPS

- Use 100% cotton fabrics for best results.
- Press each seam for a professional finish.
- Keep stitches even and fabric flat.
- Use contrast thread to make embroidery pop.
- This cross can be used as wall decor, table topper or a gift.

7. MAIN SEWING & QUILTING METHODS (USA QUILT STYLE)

<p>1. Seam Allowance Always use 1 cm allowance for precise piecing.</p>	<p>2. Press Seams Press seams open or to one side for a flat finish.</p>	<p>3. Piecing Use a 2.5 mm stitch length. Pin before sewing.</p>
<p>5. Embroidery Use 2-3 strands of floss for embroidery.</p>	<p>6. Finishing Fray edges carefully and secure if needed.</p>	

YOUR PATCHWORK FLORAL CROSS IS COMPLETE!

Enjoy your handmade creation!
Made with love and patience.



LEGEND - MAIN SEWING & QUILTING METHODS (USA QUILT STYLE)

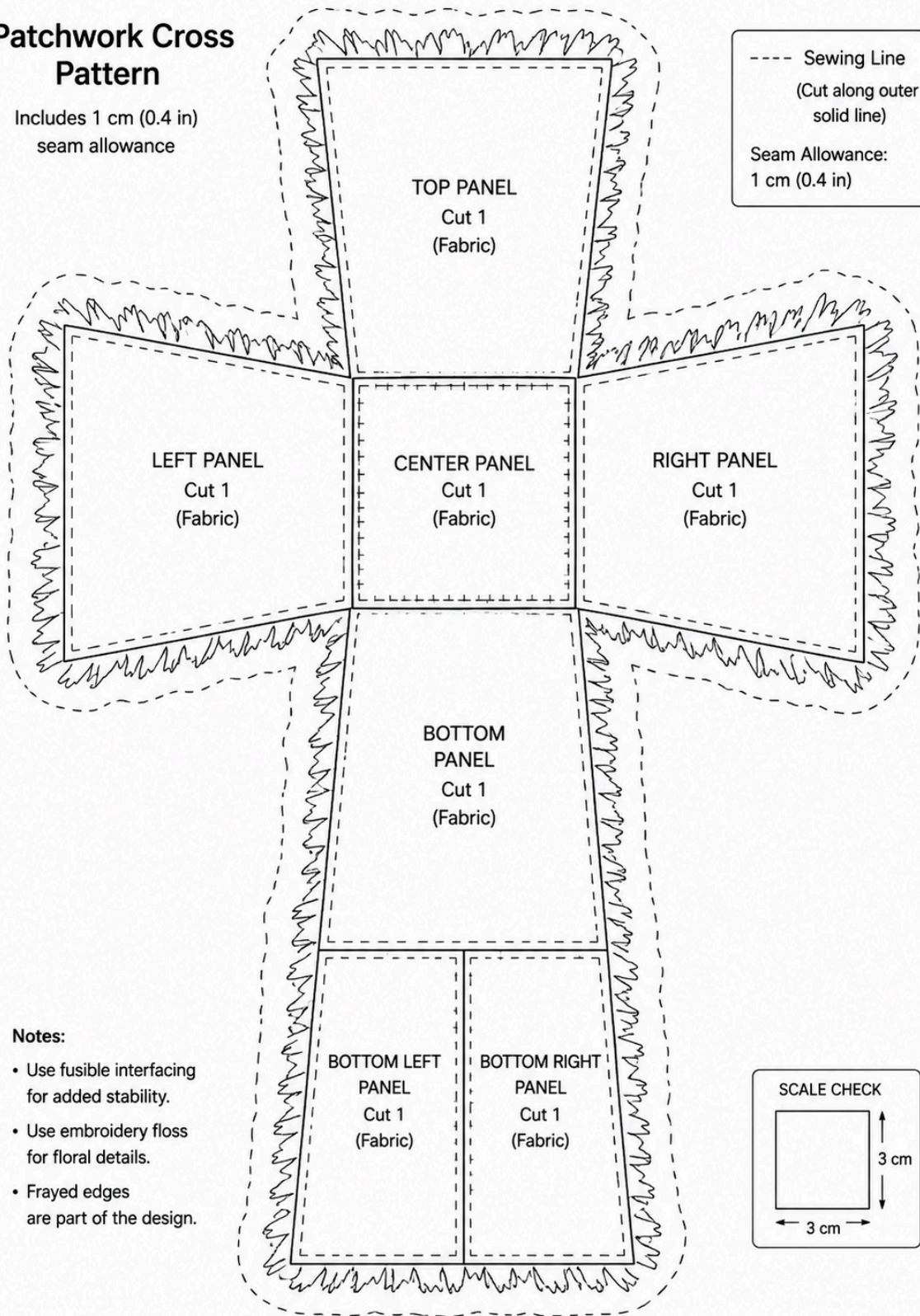
Cut Line
 Sewing Line
 Press
 Pin
 Right Side
 Wrong Side
 Batting
 Embroidery

Patchwork Cross Pattern

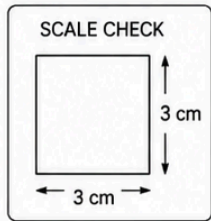
Includes 1 cm (0.4 in)
seam allowance

----- Sewing Line
(Cut along outer
solid line)

Seam Allowance:
1 cm (0.4 in)



- Notes:**
- Use fusible interfacing for added stability.
 - Use embroidery floss for floral details.
 - Frayed edges are part of the design.



Patchwork Floral Cross Sewing & Quilt Tutorial

The Patchwork Floral Cross is a handmade sewing and quilting project made with small cotton fabric rectangles, thin batting, hand embroidery, visible seams, and softly frayed edges. The finished piece measures approximately 25 cm wide x 35 cm high, which is about 9.8 inches wide x 13.8 inches high.

This tutorial follows the layout shown in the graphic and is written so a beginner or intermediate maker in the USA can complete the project from start to finish.

1. Finished Size

Your finished patchwork cross should measure:

25 cm wide x 35 cm high

Approximately 9.8 in wide x 13.8 in high

The shape is made from several small fabric patches arranged into a cross, with one embroidered linen patch placed in the center.

2. Materials

You will need:

100% cotton fabric in quilting weight

Linen fabric for the center patch

Embroidery floss in assorted colors

Embroidery needle

Sewing thread

Thin quilting batting

Fabric scissors

Pins or clips

Ruler

Sewing needle

Fray check, optional

Iron

Sewing machine, optional but helpful

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3. Cutting Guide

Cut the fabric pieces with a 1 cm seam allowance included.

Cut the following pieces:

A – Purple fabric: 7 x 12 cm

B – Teal blue fabric: 7 x 12 cm

C – Medium blue fabric: 7 x 12 cm

D – Light blue fabric: 7 x 12 cm

E – Dark blue fabric: 7 x 12 cm

F – Floral blue fabric: 7 x 12 cm

G – Floral blue fabric: 7 x 12 cm

H – Denim blue fabric: 7 x 12 cm

I – Gingham blue fabric: 7 x 16 cm

J – Center linen fabric: 8 x 6.5 cm

Thin batting: 25 x 35 cm

Use the diagram as your guide and label each piece with a small paper tag before sewing. This helps keep the assembly accurate.

4. Layout and Assembly Order

Arrange the pieces in the cross shape before sewing.

At the top, place A on the left and B on the right.

In the middle row, place E, D, J, and C from left to right.

Below that, place F under E, and I under D and J.

At the bottom, place H under F, and G under I.

Follow this sewing order:

- 1. Sew A and B together.**
- 2. Add D below A.**
- 3. Sew E to the left side of D.**
- 4. Sew C to the right side of J.**
- 5. Sew F below E.**
- 6. Sew I below D and J.**
- 7. Sew H below F.**
- 8. Sew G below I.**
- 9. Place J, the linen center patch, in the middle and sew around it.**
- 10. Press all seams neatly.**

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5. Prepare the Fabric Pieces

Cut all pieces carefully according to the cutting guide.

Use a ruler to make straight edges. Since the design has visible raw and frayed edges, the pieces do not need to look overly perfect, but the measurements should stay accurate.

Leave the 1 cm seam allowance around each piece.

Press every fabric piece with an iron before sewing. Flat fabric makes the patchwork easier to assemble.

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6. Sew the Patchwork Pieces

Start with the top section by sewing pieces A and B together.

Use a straight stitch with approximately 2.5 mm stitch length.

Continue joining the pieces according to the layout diagram.

Pin the pieces before sewing so the edges stay aligned.

After each seam, press it flat. You can press seams open or to one side.

7. Join the Rows Into the Cross Shape

Once the smaller patch sections are sewn, join them into the full cross shape.

Work slowly and keep checking the diagram.

The cross should have a balanced shape with the top, arms, center, and lower body aligned.

Do not trim the outer edges too much yet, because the frayed look will be created later.

8. Add the Batting

Place the finished quilt top on the thin batting.

Pin or baste the quilt top onto the batting.

Make sure the batting sits behind the entire cross shape.

Trim the batting close to the seams, but leave enough around the edges to support the fabric.

This will give the cross a soft quilted finish.

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9. Add the Center Linen Patch

Place piece J, the embroidered linen center patch, in the middle of the cross.

Sew around the linen patch carefully.

You can use a straight stitch by machine or hand stitch it for a rustic handmade look.

The center patch should sit neatly over the middle area and become the focal point of the project.

10. Hand Embroidery Guide

Use embroidery floss to decorate the patches with flowers, leaves, vines, and small details.

The graphic uses these embroidery stitches:

Back stitch for outlines and stems

Lazy daisy stitch for flower petals

French knot for flower centers and tiny dots

Satin stitch for filled petals

Stem stitch for curved vines and leaves

Straight stitch for simple flowers and small details

Use 2 to 3 strands of embroidery floss for best results.

Choose floral colors such as pink, yellow, lavender, green, white, and blue.

11. Embroider the Floral Details

Add flowers to several blue fabric patches.

Start with simple stems using stem stitch or back stitch.

Add petals with lazy daisy stitch or satin stitch.

Use French knots for flower centers.

Keep the embroidery delicate and scattered so the patchwork remains visible.

You can copy the floral placement from the graphic or create your own natural arrangement.

12. Create the Frayed Edges

After the sewing and embroidery are finished, gently pull a few threads from the outer fabric edges.

Use your fingers or the tip of a needle.

Do not pull too much at once.

The goal is to create a soft, rustic, frayed-edge look.

If any area frays too much, apply a small amount of fray check.

13. Final Quilting and Finishing

Check the entire cross for loose threads.

Trim the batting behind the cross close to the seams.

Press the finished piece carefully from the back.

Do not press directly over raised embroidery with too much pressure.

Add a few small hand stitches where needed to secure edges.

Your Patchwork Floral Cross is now complete.

14. Tips for Best Results

Use 100% cotton quilting fabric for a clean finish.

Press every seam as you sew.

Keep stitch lines even and simple.

Use contrast thread to make the embroidery stand out.

Choose fabrics in blue, teal, purple, denim, gingham, and linen for a look similar to the graphic.

This cross can be used as wall decor, a table topper, a handmade gift, or a seasonal decoration.

15. Optional Display Ideas

You can hang the finished cross on a wall using a small loop on the back.

You can also place it in a frame without glass for a dimensional textile art piece.

For a farmhouse look, display it with flowers, candles, or a small vase.

For gifting, wrap it with kraft paper and include a handwritten tag.

This project is especially beautiful for Easter, spring decor, handmade religious decor, or meaningful home accents.

16. Final Result

When finished, your project should look like a colorful patchwork floral cross with hand embroidery, quilted texture, visible seams, and soft frayed edges.

It should feel handmade, artistic, rustic, and full of detail. 🌸

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